

# THE NAVIGATOR

A Publication of Roald Amundsen Lodge 6-48  
Sons of Norway, Sacramento, California

January, 2008

Editor: Stephen Rosenthal  
rosen@winfirst.com



## **HAPPY NEW YEAR!**

**GET READY FOR A NEW ADMINISTRATION!  
PRES-ELECT CAROL FRANCIS CALLS FOR AN  
EARLY CAUCUS!**

**RETIRING PRES. JOE HANNON TO TURN OVER  
A SMOOTH-RUNNING ORGANIZATION!  
LODGE MEMBERS SANGUINE IN LIGHT OF  
PLANNED AMPLE SOCIAL CALENDAR!**

**CONTROVERSIAL EDITOR TRIES TO ALWAYS REPORT THE TRUTH AS HE SEES IT!**

**WHO IS THIS CURRENTLY FAMOUS (AT LEAST IN THE ENTERTAINMENT INDUSTRY) AMERICAN OF NORWEGIAN DESCENT? (See article inside.)**



### **CHRISTMAS DINNER AGAIN AN ENJOYABLE EVENT!**

The Christmas Celebration Dinner of Roald Amundsen Lodge on December 8<sup>th</sup> was a great success. If you missed it, we had wonderful food; each table was beautifully decorated by **Karen Nelson**, with wreaths surrounding a tall vase with a floating candle. Various woven hearts and ornaments made by **Ron and Cecelia Byrd** provided additional decoration. **Carol Lee Solheim** provided us with a lovely program and menu. **Raye Brown** cooked delicious pork roasts, potatoes and red cabbage. The produce manager at Safeway brought over her machete-knife and sliced up the cabbage for **Raye-a**



(Continued on page 3)

Inside...

**ROALD AMUNDSEN LODGE CONTINUES TO ROCK!**  
**SEE FLYERS OR OTHER INFORMATION ON FOLLOWING PAGES**

**FOR:**

- 2008 OFFICER INSTALLATION**
- ALL OFFICER MEETING**
- PEA SOUP DINNER**

**GREETINGS FROM OUTGOING ROALD AMUNDSEN LODGE 6-48 PRESIDENT JOE HANNON:**



Greetings:

Thanks to everyone for their support during my past two terms as President of the lodge. I hope we were able to move the lodge forward. We had some wonderful socials, co-sponsored a bus trip to Norway Day in San Francisco and streamlined our lodge meeting procedures, picked up new members, and recently got our website started. I hope

we can carry the success of these activities into the New Year and beyond. **Carol Francis** needs our support as she begins her term as President. I encourage all new officers and all new members to attend the Installation and Initiation on Sunday, January 13<sup>th</sup>, at Mills Station (see flyer for details). I apologize, as my previous article gave the wrong date for this event! **Carol** is also planning a Joint Orientation Meeting of all incoming and outgoing officers on Monday, January 21<sup>st</sup> at a time and location to be announced. I encourage all officers to attend. Mark your calendars for these events.

Our Christmas Dinner on December 8<sup>th</sup> was one of our most enjoyable events of 2007. Refer to **LaRena's** article elsewhere in this newsletter. Our first social of the New Year is the Pea Soup Dinner and Norge Bingo Night on Friday, February 22<sup>nd</sup>. It should be a lot of fun. The Torsk Dinner is also scheduled for Saturday, March 8<sup>th</sup>. I hope you support the lodge and **Carol Francis** by attending these events.

Fraternally yours, **Joe Hannon** (*Editor's Note: This is Joe's final message as president of the lodge. We all should thank him for a job well done over the last two years. His dedication to the position was always evident.*)

**SONS OF NORWAY 2008 ELECTED OFFICERS**

New officers were elected at the November meeting. Here is the latest list of officers:

- |                     |                                |
|---------------------|--------------------------------|
| President           | Carol Francis                  |
| Vice President      | Raye Brown                     |
| Secretary           | LaRena Hannon                  |
| Recording Secretary | Tove-Lise Miller               |
| Treasurer           | Ingrid Sceals                  |
| Membership          | Carol Lee Solheim              |
| Counselor           | Joe Hannon                     |
| Co-Social Director  | Mary Santa Ana                 |
| Co-Social Director  | Open                           |
| Marshall            | Open                           |
| Ass't Marshall      | Blossom Baker                  |
| Youth Director      | Sharon Mahnken                 |
| Greeters            | Norman & Helen Evensen         |
| Librarian           | Pearl Lemkuil                  |
| Historian           | Dave Sliper                    |
| Musician            | Arlene Berg                    |
| Ass't. Musicians    | Bob Dahl<br>Jeanette Braafladt |
| Sports Director     | Open                           |
| Cultural Director   | Jim Smith                      |
| Editor              | Stephen Rosenthal              |
| Publisher           | Bob Dahl                       |
| Publicity Director  | Nancy Ottum                    |
| Foundation Director | Joe Green                      |
| Auditors            | Ron Jespersion<br>Ray Hinkley  |
| Trustee 3-years     | Ann Sandner                    |
| Trustee 2-years     | Øystein Solheim                |
| Trustee 1-year      | Erwin Bjerke                   |

(Continued from page 1)

whole roaster full!

Special thanks to the kitchen crew who prepared, cooked and cleaned up: **Joan Armstrong Allen, Ruby Freeman (LaRena's Mom), Raye Brown, and Joe and LaRena Hannon.**

The Lefse Rollers, Rice Cream and Cookie Distributors seemed to have as much fun as Santa's Elves! **Sharon Brooks, Carol Voxland and Kristi Updegraff** were the happy threesome. The Lefse was made by **Lorraine Larson** of Santa Rosa and **David Sliper** was in the Petaluma area, so he picked it up from **Lorraine** and brought it to us special delivery – Thanks **David**. You can order Lefse from **Lorraine** and she will mail it to you. Contact **LaRena Hannon** for information.

Several special hardworking couples came to help set up tables and chairs; **Ron and Cecelia Byrd** and **Kristi and Jim Updegraff** deserve a big thank you. Cookie bakers were **Maggie Karlstad, Cindy Hayaishi, LaRena Hannon** and **Nancy Ottum**. **Tove Lise Miller** made the tasty Fish Aspic and **Raye Brown** the Beet Jello Salad. **Carol Francis** handled MC duties and drawing for prizes. Prizes were contributed by **Gudrun Thurston, Irene Karlstad, Bill Nilsen, and Karen Nelson**. **Pearl Lemkuil** handled ticket sales and son **Stanley** helped with clean up. Thanks so much to everyone.

As you can see, it takes participation by many to make dinners and special events successful. Please be willing to help in whatever way you can, so that “many hands make light work”! - **LaRena Hannon**



*Lilia Karlstad wins painting created by Bill Nilsen.*

## WHO IS THE AMERICAN BEAUTY OF NORWEGIAN DESCENT PICTURED ON PAGE 1?

**Renee Zellweger** exploded with her steamy love scenes and moving portrayal with Tom Cruise in Jerry Maguire and has quickly assumed a position atop the Hollywood actress pole.

Renee was born in Katy, Texas. She was raised by her mother, Kjellfried Irene ( née Andreassen), a Norwegian-born woman of Sami origin who was a nurse and midwife, and who had moved to the United States in order to work as a governess for a Norwegian family in Texas. Zellweger's father, Emil Erich Zellweger, is a Swiss-born mechanical and electrical engineer who worked in the oil refining business.

She got interested in acting in high school while working on the drama club. She also took an acting class at the University of Texas, where she began looking towards acting as a career. After graduation, all she wanted was to continue acting, but Hollywood is a tough town to break into.



Renee decided to stay in Texas, and auditioned for roles around Houston. She did manage to grab a few noteworthy roles, mostly in cult flicks like Reality Bites and Empire Records (with Liv Tyler). She took a role in laughable sequel to The Texas Chainsaw Massacre, where she met Matthew McConaughey, another Hollywood up-and-comer. He was working on a project at the time that Zellweger took an interest in and auditioned for. She got the role in the film that would come to be called Love and a .45, and earn her enough critical praise that she decided to take the plunge and move to Los Angeles. She wasn't thrilled with the city, but was excited about the prospect of acting.

Another role in The Whole Wide World followed and it was this film that lead to her big break. Cameron Crowe, a notoriously picky but brilliant director, was busy casting his next film, Jerry Maguire, a Tom Cruise vehicle that looked to be a sure success. Crowe was currently considering Patricia Arquette, Cameron Diaz, Bridget Fonda, Winona Ryder, Mira Sorvino, and Marisa Tomei, when he heard of Zellweger's performance in The Whole Wide World. He auditioned Zellweger and was sure he'd found the one. Renee was quickly cast and the path was set.

It was Renee's path after the huge success though, that has probably left her at the top of the acting field still today. Contrary to a Sandra Bullock, Renee followed huge success with a few small independent films. After garnishing further critical praise in these films, she felt confident enough to enter again the world of big-budget Hollywood films. She starred opposite Meryl Streep in the tear-jerker One True Thing. She also took a role in Me, Myself, and Irene, the Jim Carrey film that looked to be a sure success.

But she got more than a juicy role in Irene, she also got her new man. Jim Carrey (formerly married to Lauren Holly) was smitten with the beautiful starlet and courted her into his arms. The two denied their relationship ("just friends") for a long time, but finally gave in and admitted their love.

Renee is currently living in L.A. with her dog, Woof. Despite her current success, people still confuse Renee with the singer Jewel Kilcher. *(Editor's note: the above is mostly from a biography on the internet written by Jeremy Falcone.)*

**NORWEGIAN-AMERICAN RESEARCH TEAM NEARS THE SOUTH POLE**

A 12 researcher team from Norway and the USA are now past the halfway mark of their journey. They had their planned "Christmas break" and traditional Norwegian holiday fare of rice porridge and roast pork (*ribbe*) -on Christmas Day rather than on Christmas Eve - before continuing to move south at a rate of seven kilometers per hour (4.3 mph).

At the be- trip several were not up their heavy climbs and New parts flown in and has taken work. The re- reach the cessibility"



*The team poses for their holiday greeting.*

ginning of the of their vehicles to the strain of loads, steep extreme cold. have been the entire team part in repair

searchers should "Pole of Inac- in a few days,

On Dec. 23 the team and their four tracked vehicles, pulling two sleds each full of fuel, equipment, living and working quarters, reached the Plateau Station, a former US research point used until 1969. Only parts of the roof and a few antennae were visible as the building as been overtaken by ice and snow. "We entered through a roof hatch. It was exciting to see a complete station that has been untouched for 38 years," Winther said.

"We are a few days behind schedule, but have prioritized carrying out all research at the places we have been to up until now. We will rather reduce the research program nearer the South Pole, which is in line with our planning," Winther said. "After all, it is now that we are in the most inaccessible areas, so it is important to do the job here according to plan." The trip aims to gain additional knowledge about the key but little understood role the Antarctic ice plays in the climate and global warming equation. *(A more complete article can be found in Aftenposten online. – the editor.)*



*Incoming President Carol Francis, presiding at the Christmas Dinner.*

**SONS OF NORWAY TERMINATES RELATIONSHIP WITH NORWILL**



Effective immediately Sons of Norway has terminated any and all partnerships with **Norwill Scandinavian Gourmet Foods Inc.** Over a period of time we have received complaints of extremely poor service

and lack of follow-through from Norwill. This inability to serve members at the level we expect is unacceptable. Numerous attempts have been made by Fraternal staff members to rectify this matter with Norwill; unfortunately all attempts have gone unanswered and without remedy.

Moving forward please be aware that Sons of Norway will no longer promote or endorse Norwill Scandinavian Gourmet Foods Inc. Thank you for your patience and understanding during this period of transition. We are currently seeking a suitable replacement member-benefit and will let you know when one has been found. In the meantime please share this information with the members in your district, zone and lodge. If you have any questions about this situation, do not hesitate to contact me. Fraternaly, **Eivind J. Heiberg**, Fraternal Director, 612-821-4606, [ehuiberg@sofn.com](mailto:ehuiberg@sofn.com).

**SIDEBARS FROM THE EDITOR...**

Your editor is going to stumble and mumble on for another year... **Incoming President Carol** threatened to promote him rather than just fire him, and so he had no choice...

**MEA CULPA!** In the December issue I reported that **President Joe's** column was his last as president. Of course, he is still president until the installation event later this month, and hence he has a column in this issue as well. Sorry, Joe, and many kudos for a job well done! **Both Joe and LaRena** have been especially hard workers in their officer positions, and should be profusely thanked for their efforts.



**OOPS!**

The **District 6 Convention** will be in San Ramón, June 26-28.

Given the current events in **Pakistan**, it is of interest to observe that 27,000 Pakistanis reside in Norway, and thus is one of Norway's largest ethnic minorities and largest immigrant group, ahead of Swedes.

**Kristian Nergaard** from the Scandinavian School of San Francisco (SSSF) teaches **Norwegian language courses** to students at Stanford University.

There are currently seven undergraduate students being taught Norwegian by Mr. Nergaard two days a week. The language courses are part of the Stanford Language Center, Department of Special Languages.



Kristian Nergaard is a native of Oslo who has lived in the San Francisco Bay Area since 1975. He is currently an ESL teacher (ESL= English as a Second Language) with a Masters Degree in Education from the University of San Francisco. Kristian also holds a California Teaching Credential for teaching ESL in public schools, and he has

**PLEASE NOTE!****ALL OFFICER MEETING ON THE 21<sup>ST</sup>!**

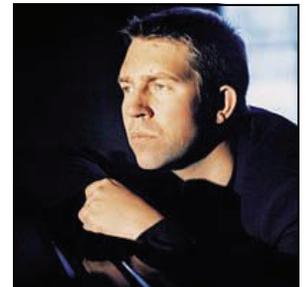
**To all old and new officers:** Please plan to attend the Board meeting on **January 21st at 6 pm at the home of Ray and Tove-Lise Miller, 2656 Barbera Way, Rancho Cordova, phone 916-364-8704.** **Carol Francis is providing two types of enchilada casserole and salad for dinner.**



This will be followed by a combined board meeting to pass on information, and brainstorm ideas for the upcoming year. We will also be looking at the budget, convention delegates and how to increase attendance at business meetings, among other topics. Your attendance is very important; hope to see you there. Please RSVP to Carol Francis (916) 390-0953 so she can plan the food. *(From Carol Francis.)*

been teaching Norwegian language at SSSF since the spring of 2005.

**Leif Ove Andsnes**, Norwegian pianist, will perform at the Davies Symphony Hall, San Francisco, on the evenings of May 8, 9, and 10, and on Sunday afternoon, May 11, 2008. Ticket prices range from \$25 and up. The Davies Symphony Hall is located at 201 Van Ness Ave., San Francisco, CA 94102. Mr. Andsnes will be performing Brahms Concertos; the director will be Michael Tilson Thomas. Check the San Francisco Symphony website: [www.sfsymphony.org](http://www.sfsymphony.org).



The world renowned **St. Olaf College Choir** will perform at the Fremont Presbyterian Church on Monday evening, February 4, 2008. Ticket information available at this website: [http://www.stolaf.edu/music/stolaf\\_choir/](http://www.stolaf.edu/music/stolaf_choir/)

*(Continued on page 7)*

**Sidebars, continued...**

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[calendar.html](#) or [www.stolaftickets.com](#). Or, call 507.786.3131

**Navigator Distribution:** If you wish to receive it electronically, contact the editor. If you no longer wish to receive it in the mail, contact Carol Lee Solheim at [solheim2636@earthlink.net](mailto:solheim2636@earthlink.net).

**Submissions to The Navigator.** The February issue will go to press sometime in late January—submissions for it should be received by January 20 ±. Electronic material is much preferred over hardcopy. Plan your submissions accordingly. Thanks – *the Editor.*



*St. Olaf Choir*

**HAPPENINGS AT OTHER LODGES:**

*You are invited!*

Freyja Lodge's 56<sup>th</sup> Anniversary Luncheon  
 Norway Hall  
 617 W Ninth Street, Santa Rosa  
 Sunday January, 20 2008  
 Social Hour 1:00 PM, Lunch Served at 2:00 PM.  
 \$50.00 per person\*

Menu Includes Your Choice Of  
 Lemon Herb Chicken Or  
 Seasoned Tri-Tip Angus Or  
 Creamy Pesto Pasta with Sun Dried Tomatoes Or  
 Salmon with Browned Butter Sauce

*And*

Mixed Green Salad and Fresh Vegetables  
 Baked Potato  
 Rolls and Butter  
 Coffee or Tea

*Paid reservations with your entrée selection are required by January 6, 2008*

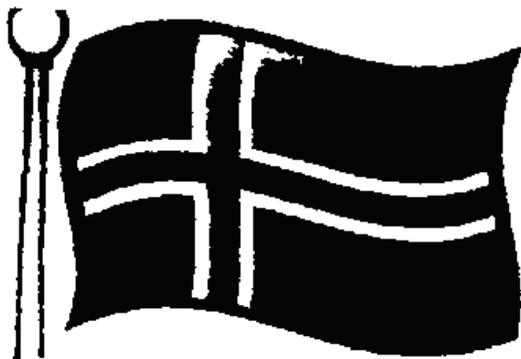
*Payable to Sons of Norway  
 Mailed to Pamela Groth  
 1644 Sarkesian Drive, Petaluma, CA 94954  
 Please Call Pamela for details at 775-8120  
 \*tax included.*

**Plan ahead!**

Last year we inaugurated the "fun" season with our "new" Krabbefest!  
 Our Crab Ladies, Barbara and Sharon wants to do it again.  
 Block the date, February 16th, on your calendar and write the following:  
 "Enjoy Olav 82 Krabbefest"  
 Before that happens; however, we will install our 2008 officers together with  
 Freya Lodge of Santa Rosa.  
 Come and join us in giving the new officers the encouragement they need  
 to make 2008 a great year for both lodges.



**Norsk Krabbefest  
 February 16th  
 6:30 pm**



**ROALD AMUNDSEN LODGE 6-48  
SONS OF NORWAY  
INSTALLATION OF OFFICERS  
AND  
INITIATION OF NEW MEMBERS**

**DATE: Sunday, January 13, 2008**

**TIME: 1:30 PM**

**PLACE: Mills Station Community Hall**

**2900 Mather Field Road, Rancho Cordova, Second Floor  
(There is an elevator). The building is located at the Light Rail  
Station on the corner of Mather Field Road and Folsom Boulevard**

**Pot Luck Luncheon free to all members and guests**

**A through G Bring Salads**

**H through R Bring Main Dishes**

**S through Z Bring Desserts**

**Coffee, Punch, Plates and Utensils will be furnished**

**ALL INCOMING OFFICERS AND NEW MEMBERS  
ARE ENCOURAGED TO ATTEND**

**For questions and reservations contact LaRena Hannon at 916-451-3853**

# Norwegian Pea Soup Dinner

Friday February 22, 2008

Dinner served at 6:30 PM

Roald Amundsen Lodge 6-48

Sons of Norway

San Juan Masonic Center  
5944 San Juan Avenue  
Citrus Heights

Ticket sales limited to 65.

Price for members \$6.00, non members \$8.00,  
children 10 years and under \$ 3.00.

For reservations please call Tove-Lise at 916-364-8704 or  
E-mail: [ToveLise@AOL.com](mailto:ToveLise@AOL.com).

Please make your reservation by  
February 16, 2008.





ROALD AMUNDSEN LODGE  
SONS OF NORWAY



# TORSK DINNER

**DATE: SATURDAY, March 8, 2008**

**TIME: 5:00 P.M.**

**PLACE: SAN JUAN MASONIC HALL**

5944 SAN JUAN AVE.  
CITRUS HEIGHTS, CA

*Scandinavian dancers and audience participation after dinner*

**NOTE: DEADLINE TO MAIL IS MARCH 1st**

**PRE-PAID RESERVATIONS ONLY**

**ADULT S/N MEMBERS \$17.50 - ADULT NON-MEMBERS \$20.00**

**CHILDREN 10 & UNDER \$5.00**

Door prizes – Please put your name on the back of ticket

**Ticket Sales Limited to 100**

~ ~ ~

**CHECK PAYABLE TO "SONS OF NORWAY"**

**MAIL TO: PEARL LEMKUIL**

**3808 FRENCH AVE.**

**SACRAMENTO, CA 95821**

916.483.4496

**NO TICKET SALES AT DOOR**

**Please (Send Me) or (Hold at Door) the following tickets for the March 8, 2008 Dinner.**

(Please include stamped self addressed envelope if you wish tickets mailed.)

Member name(s) \_\_\_\_\_

Non-member/Guest names(s) \_\_\_\_\_

Address & Phone number \_\_\_\_\_

# Adult Members \_\_\_\_\_ @ \$17.50 each Total \$ \_\_\_\_\_

# Adult Non-members \_\_\_\_\_ @ \$20.00 each Total \_\_\_\_\_

# Child tickets \_\_\_\_\_ @ \$ 5.00 each Total \_\_\_\_\_

Grand Total: \$ \_\_\_\_\_

**(DETACH AND MAIL TO ABOVE ADDRESS BY MARCH 1st, 2008)**

**CALENDAR OF EVENTS – 2008**

**Roald Amundsen Lodge 6-48**

San Juan Masonic Center

5944 San Juan Ave., Citrus Heights, CA

JANUARY	FEBRUARY	MARCH
<p>8<sup>TH</sup> – Lodge Meeting, 7:30 p.m.</p> <p>13<sup>th</sup> – Installation of Officers &amp; Initiation of New members – Mills Station – 1:30 p.m.</p>	<p>12<sup>th</sup> – Lodge Meeting, 7:30 p.m.</p> <p>22<sup>nd</sup> – Lodge Social Friday</p>	<p>11<sup>th</sup> – Lodge Meeting, 7:30 p.m.</p> <p>8<sup>th</sup>- Torsk Dinner, 5:00 p.m.</p>
APRIL	MAY	JUNE
<p>8<sup>th</sup> – Lodge Meeting, 7:30 p.m.</p> <p>25<sup>th</sup> - Lodge Social Friday</p>	<p>13<sup>th</sup> – Lodge Meeting, 7:30 p.m.</p> <p>18<sup>th</sup> – 17<sup>th</sup> of May Social, 1:30 p.m. – Mills Station</p>	<p>10<sup>th</sup> – Lodge Meeting, 7:30 p.m.</p> <p>District 6 Convention 26 – 27 - 28</p>
JULY	AUGUST	SEPTEMBER
<p>NO LODGE MEETING</p> <p>8<sup>th</sup> – Lodge Board Meeting</p>	<p>12<sup>th</sup> – Lodge Meeting, 7:30 p.m. - Multi Lodge Picnic 22<sup>nd</sup> – Steak Dinner, Friday -6:30 p.m.</p>	<p>9<sup>th</sup> – Lodge Meeting, 7:30 p.m.</p> <p><sup>th</sup> – Scandi Festival</p>
OCTOBER	NOVEMBER	DECEMBER
<p>14<sup>th</sup> – Lodge Meeting, 7:30 p.m.</p> <p>18<sup>th</sup> - Lutefisk Dinner, 5:00 p.m.</p>	<p>11<sup>th</sup> – Lodge Meeting, 7:30 p.m.</p> <p>15<sup>th</sup> – Vikingfest, 10:00 a.m. – 3:00 p.m.</p>	<p>9<sup>th</sup> – Lodge Meeting, 7:30 p.m.</p> <p>13<sup>th</sup> – Lodge Social, 5:30 p.m.</p>

CALENDAR IS SUBJECT TO CHANGE; REFER TO THE LODGE NEWSLETTER

Roald Amundsen 6-48  
Sons of Norway  
P.O. Box 3734  
Citrus Heights CA 95611-3734

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Permit #124



**HAPPY NEW YEAR!**

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**Secretary**  
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**Viking Sisters**  
**President**  
Ann Sandner  
916.366.8071

**KALENDAREN**

Jan 8	Lodge Meeting
Jan 13	Officer Installation
Jan 21	All-Officer Meeting
Feb 12	Lodge Meeting
Feb 22	Pea Soup Dinner

Call Viking Sisters President for Viking Sisters meeting information. Meetings now held at Denny's, at the southeast corner of Watt Avenue and Auburn Boulevard, just south of Business Route 80 freeway. Generally, they meet the second Saturday of every month at 9:00am.

Monthly lodge meetings are usually held at the Masonic Center, 5944 San Juan Avenue, Citrus Heights (just south of Greenback Lane). Start time is 7:30 pm. A cultural program is usually presented.

**DIRECTORY UPDATE WILL BE DISTRIBUTED WITH THE FEBRUARY NAVIGATOR.**