

THE NAVIGATOR

A Publication of Roald Amundsen Lodge 6-48

Sons of Norway, Sacramento, California

February, 2008

Editor: Stephen Rosenthal

rosen@winfirst.com



CAROL FRANCIS SWORN IN AS PRESIDENT AT JANUARY 13TH CEREMONY

District 6 Secretary and member of the lodge Carol Lee Solheim is the Installing Officer





New members Nancy Ottum and David Bailey being escorted by Marshalls Ann Sandner and Tove-Lise Miller. Librarian Pearl Lemkuil being escorted by the Marshalls. Vice President Raye Brown being escorted by the Marshalls. We will try and post additional photos on the web site.



NOTE!
BEGINNING WITH THE MARCH LODGE MEETING, THE MEETINGS WILL BEGIN AT 7:00 PM!

GREETINGS FROM NEW ROALD AMUNDSEN LODGE 6-48 PRESIDENT CAROL FRANCIS:

When I arrived in Norway as an AFS exchange student in 1966, I felt like I had come home, entering a land of forests, rocks, and mountains so like the Sierra Nevadas. My AFS family followed the rules about not talking English with me, and that was tough at first. However, I

grew fluent in Norwegian and passed the Norwegian exam after a year, ending up lonely for Norway after I came home.

I returned in 1975 and 1976, thinking to settle in Norway, but discovered I was too far from my family. **Jeanne Lemkuil** handed me a Ski For Light form at a 1980 Sierra Club event, and when I turned in my fundraising to **Del and Pearl Lemkuil**, they welcomed me warmly and invited me to join Sons of Norway. I wrote my application in Norwegian, which few lodge members could read.

Being installed as President on January 13th caught me off guard in the emotions I felt. As I stood there with tears in my eyes receiving the King Harald medal, I thought of the many people in the lodge when I came in, some of them now gone. It is a true honor to lead Roald Amundsen Lodge, and I feel both excited and a bit scared. I have been a member for 27 years, and am now retired, so I have the time to devote to the lodge. But I need your help, as I don't have a hardworking spouse to back me up, and I also have a very damaged back. So I am asking for your support and assistance.

As I prepared for my installation, I thought of some qualities I think of as Norwegian:

Grundig: This means thorough and well-organized, qualities I usually possess, but which are easier to attain with people helping out and backing each other up.

Samarbeid: This means working together, cooperation, in planning and organizing events. It takes many people to have a successful lodge, and good cooperation and coordination.

Eventyrlyst: This means adventurous, for seeing new places, trying new technology. I think of the Viking ships and the Kon Tiki raft, and the daring spirit that led Norwegians to faraway lands. I definitely share this spirit, and need your backup when I am in Rome for the lodge meeting in June.

Lojal: This means loyal. It takes a while to get Norwegian friends, but you have them for life. I feel this way about my current friends in Roald Amundsen Lodge, and the new friends we can attract.

Norwegian flag: Norwegians don't go around pounding their chests that they are Norwegians. However, they do travel with the Norwegian flag on backpacks and suitcases, and are immediately attracted to each other. If we attract Norwegians born in Norway, will they hang out with us?

When Norwegians want to study their language from a hundred and fifty years ago, they can find it in the midwestern plains of the United States. Our two cultures were probably not as different when Sons of Norway was formed on January 16, 1895, but there are large cultural differences now. I am thinking of three goals to help bridge this gap, and retain members, new and old:

1) More children involved: The national day 17th of May is the day for the barnetog, or children's parade, and this would be a natural event for us to pursue. I also would like to resurrect the children's Christmas party, held after Christmas, which we held for years at the old lodge.

2) Library: We have many books in storage, gathering dust and not getting read. **Pearl Lemkuil** has volunteered to be librarian, **Cindy Hayashi** has volunteered to organize the books, and **Greg Santa Ana** has volunteered to build us book cases, hopefully with glass doors to keep the dust and mice out.

3) Modernizing the lodge meetings: Norwegians are now a very informal and relaxed people, who avoid ritual and regimentation. When they visit our lodge meeting, do we inspire them to return? That applies to new members born here as well. We are working to make the lodge meetings more inviting and interest-

VIKING ARTIFACTS FOUND AT SUTTER'S FORT!

**Does discovery suggest an early navigating of the Northwest Passage?
New find may keep the state park off of Arnold's hit list.**

A local Sacramento docent, while digging a ditch for a new 49er's-era latrine intended to be an additional Sutter's Fort exhibit, has instead uncovered an archeologist's treasure trove of what appear to be Viking artifacts from the 10th century.

"I am amazed beyond belief," uttered University of California History Professor **Jasper H. Loring** (affectionately known to his students as "Loring the Boring," or for short, "Boring Loring"). "How did these primitive marauders, traversing the seas in their relatively small long-boats, find their way to the west coast of California and to Sacramento?" pondered the learned professor.



Professor Loring: "I am amazed beyond belief..."

How indeed? But the evidence seems irrefutable. Various articles of pottery and jewelry have been found, many with written inscriptions that Scandinavian experts confirm is Old Norse text. For instance, one pewter mug has been found with an inscription that the linguists say translates approximately as "Bottoms up." It is thought that this was a phrase that reminded the Vikings how to store the mug in the cupboard. Another found artifact was an almost whole earthen bowl inscribed: Vikings 4261 kills, Saxons 211 kills, Baltic Bowl, 985." So far, the experts are baffled as to what this means.

The dig site guard, as many found. One

"We should have let those (Vikings) stay. They were a thousand times easier to deal with than that Swiss SOB Sutter..."

inscription: **Eirik the Red**, Class of 982." In a radical reconstruction of history, experts are now thinking that the Vikings learned where to find and extract gold from the Sierra foothills long before the era of the 49ers. No doubt they were assisted by the local Indians, who used gold to buy European clothes and trinkets from the Vikings, who in turn had stockpiled them during their raids on the European continent.

has been put under 24-hour gold articles have been gold ring bears the curious

Apparently it was a peaceful coexistence, as no Indian bones have been found at the excavation site. *(This seems to explain why, many years later – about 1900 – a local Indian chief was heard to mutter: "Our ancestors should have let those first guys stay – they were a thousand times better to deal with than that Swiss SOB Sutter and his bandits. And we told that stubborn #@#& [pejorative American Indian term that defies translation] that the previous group got flooded out at that site, but he wouldn't listen, and built his fort in*

(Continued on page 5)



Sutter's Fort with new sign calling attention to new Vikings exhibit.

President Carol's Message*(Continued from page 3)*

ing. Thanks to **Nancy Ottum**, we are entering the 21st century with our new web site, visit us at **sonsofnorwaysacramento.com**. This is a good start.

I hope to visit with you in person at the Pea Soup dinner on Friday, February 22nd, and at our Torsk and Meatball dinner on March 8th. We can always use good setup and cleanup help (particularly in the kitchen afterwards), so contact our Social Director, **Mary Santa Ana** (916) 487-1601, and dinner chairs **Joe Hannon** (916) 451-3853 and **Nancy Ottum** (916) 756-8479.

My parents never planned to raise a Norwegian, but they were proud of the Norwegian they raised. I hope to pass on my knowledge of Norway to the lodge. Thank you for your trust in me.

Tusen takk! Carol Francis

*(Continued from page 4)***Vikings at Sutter's Fort...**

Did Vikes find Northwest Passage with ships such as these?

the flood plain anyhow. That's almost as crazy as locating hogans in North Natomas, which I'll bet those idiots will do some day."

Geologists and meteorologists called in to opine about the find have reached the joint conclusion that there must have been significant global climate change (warming) during the 10th century, and the related melting of the polar ice cap allowed the Vikings to find a Northwest Passage. In

fact, perhaps such change occurs every five centuries, or so. The Nobel Peace Prize Committee, somewhat embarrassed by these new theories, reportedly is beginning to wonder whether they have been listening to the right experts, and are giving some thought to asking for the return of the latest peace prize. Its recipient, **Mr. Gore**, was inconveniently not locatable.

Governor Scharzenegger, upon hearing of the find, seemed inclined to taking Sutter's Fort off of his park closure list. "Here is an example of another outstanding European group finding its way to Caleefornia, just like I did.

(continued from lower left column)

They should be recognized for their unbelievable achievement, just like I have been."

In any event, as the historic reach of the Vikings around the world becomes more known every day, it may be well for Sons of Norway lodges to look for evidence of past Viking activity right in their own back yards. The editor is volunteering his vegetable garden as a spring Viking-dig project for 6-48.

**SONS OF NORWAY 2008
ELECTED OFFICERS**

New officers installed at the annual installation and initiation ceremony on January 13th.

President	Carol Francis
Vice President	Raye Brown
Secretary	LaRena Hannon
Recording Secretary	Tove-Lise Miller
Treasurer	Ingrid Sceals
Membership	Carol Lee Solheim
Counselor	Joe Hannon
Co-Social Director	Mary Santa Ana
Co-Social Director	Open
Marshall	Open
Ass't Marshall	Blossom Baker
Youth Director	Sharon Mahnken
Greeters	Norman & Helen Evensen
Librarian	Pearl Lemkuil
Historian	Dave Sliper
Musician	Arlene Berg
Ass't. Musicians	Bob Dahl Jeanette Braafladt
Sports Director	Open
Cultural Director	Jim Smith
Editor	Stephen Rosenthal
Publisher	Bob Dahl
Publicity Director	Nancy Ottum
Foundation Director	Joe Green
Auditors	Ron Jespersion Ray Hinkley
Trustee 3-years	Ann Sandner
Trustee 2-years	Øystein Solheim
Trustee 1-year	Erwin Bjerke

SCHOLARSHIP INFORMATION FROM THE FOUNDATION – WONDERFUL SCHOLARSHIP OPPORTUNITIES AVAILABLE!



Happy New Year to all of you from the Sons of Norway Foundation! The Sons of Norway Foundation scholarship and grant season has begun for 2008. **So, attention**

members, children and grandchildren of current Sons of Norway members: The deadline for scholarship applications is March 1, 2008.

The Foundation offers post-high school educational scholarships. We have several to choose from. To view them all go to www.sonsofnorway.com, click on Foundation, and then, click on scholarships. Each scholarship had different criteria and application forms. Some are for studying Norwegian heritage, some are for study in Norway, some are for any college education and one is for women in science. Please advise your college age students to take advantage of these opportunities.

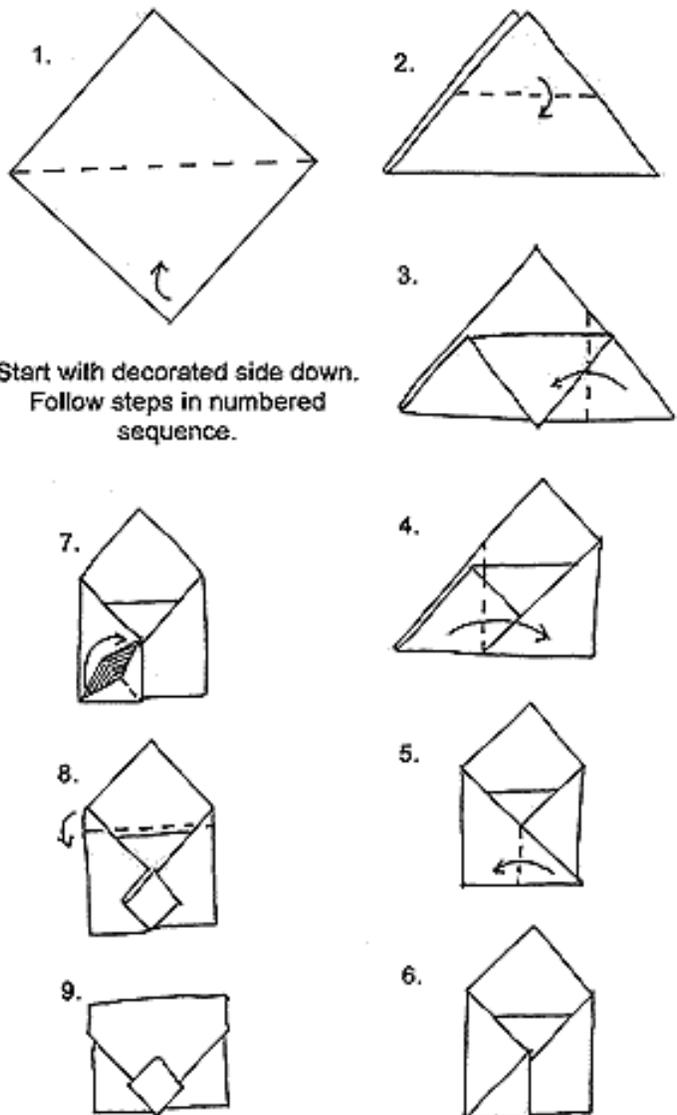
We look forward to serving our current Sons of Norway members through these wonderful grants and scholarships. We awarded over \$109,000 in scholarships and grants in 2007 alone! Fraternally, Cindy Olson, Director, Sons of Norway Foundation, colson@sofn.com. *(Message slightly edited by the Navigator editor. Also please note that this summer's language camp at Camp Norge is scheduled for July 13-26. See the Troll Fjell web site at www.trollfjell.us.*



LODGE DIRECTORY UPDATE DISTRIBUTED WITH THIS ISSUE OF NAVIGATOR – DIRECTIONS FOR ASSEMBLY

As you have already found, the update is attached within this issue of **The Navigator**.

Here are your directions for completing its assembly, and there is a visual explanation of how to do it below: 1) Carefully remove it from the rest of **The Navigator**. Don't cut yourself on the staples. 2) Before folding, staple with 2 or 3 staples (your choice, depending upon how thorough a person you are) along its center line. 3) Fold along the centerline, with the title page facing out. 4) You should now have a correctly and precisely folded update. 5) If you don't, take it apart and try again. 6) *If you still didn't get it right, admit defeat and just throw the whole thing in the trash can – we will probably put it up on the website, anyway.*



Start with decorated side down. Follow steps in numbered sequence.

Oops! Wrong diagram. Oh well...

**CAROL FRANCIS ASSUMES LODGE
PRESIDENCY ON JANUARY 13TH IN
BEAUTIFUL INSTALLATION
EVENT**

**Raye Brown is new vice president.
Joe and LaRena Hannon thanked for
their contributions.**

At a beautiful Sunday afternoon event in Rancho Cordova, with many of the attendees wearing bunads, Norwegian sweaters, or other Norwegian clothing, **Carol Francis** took the oath of office as the new president of the Roald Amundsen Lodge 6-48. In her acceptance talk, Carol mentioned the honor she felt in being elected president, and she thanked outgoing President **Joe Hannon**, so ably supported by his wife, **LaRena**, for all they had accomplished for the lodge.

Two new lodge members, **Nancy Ottum and David Bailey**, were inducted by use of the typical member encirclement process. New and returning officers were sworn in by presiding officer, **Carol Lee Solheim**, District 6 Secretary (The 2008 officer list is published in this issue of the Navigator, and is available on the lodge website.). And, of course, a wonderful potluck meal was enjoyed by all.

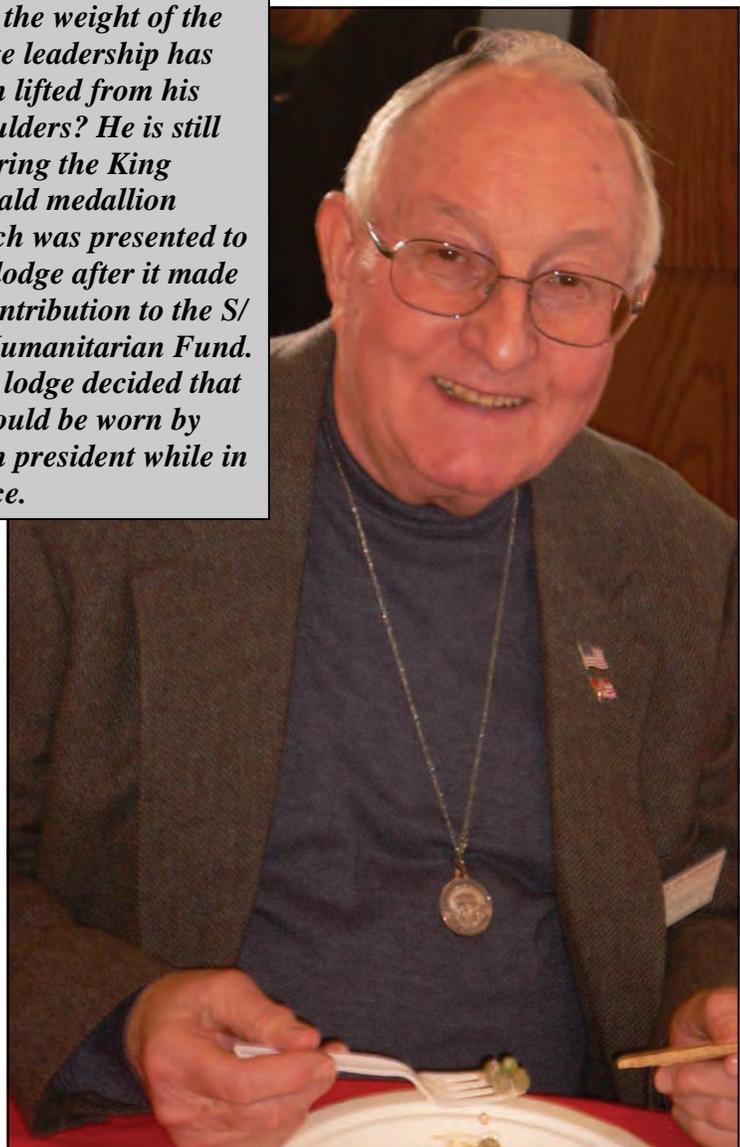
New President Carol voiced her goals as president, which include getting more children involved, better celebrating the 17th of May holiday, a return to the Christmas parties of old, reorganization of the library, and "modernizing" the lodge. With regard to this last item, she sees more use of the internet, and looks for ideas emanating from the an all-officer planning meeting she scheduled, and which was held recently.

Carol thanked her mother for her support, and she presented a beautiful scrapbook, with rosemaling decoration, to outgoing president Joe Hannon. Lastly, she characterized herself as a "well-organized flake," who will have to depend on the help of all members, which she is confident will be forthcoming.



Carol Francis and her mother, Helen Francis.

Can you guess why this man, Joe Hannon is smiling so? Could it be that the weight of the lodge leadership has been lifted from his shoulders? He is still wearing the King Harald medallion which was presented to the lodge after it made a contribution to the S/N Humanitarian Fund. The lodge decided that it would be worn by each president while in office.



NOMINEES WANTED FOR RECREATION CENTER BOARD

There will be several terms expiring on the Board of Directors of the Recreation Center in June, 2008. If you are interested in serving District 6 by serving on the Recreation Center Board of Directors, please let the nominating committee know of your interest.



The terms are for four years, and the board meets three times a year at Camp Norge, at Alta, California. There is no reimbursement for travel, but there is much appreciation by the members of District 6. Please send your name to Penny Joseph Knudsen, Chairman of the Nominating Committee at pennjknudsen@sbcglobal.net or 3774 Park Drive, El Dorado Hills, CA 95762. The Nominating Committee will make its report and election will be on Friday, June 27, 2008, at 9:00 a.m. at the District 6 convention.

SIDEBARS FROM THE EDITOR...

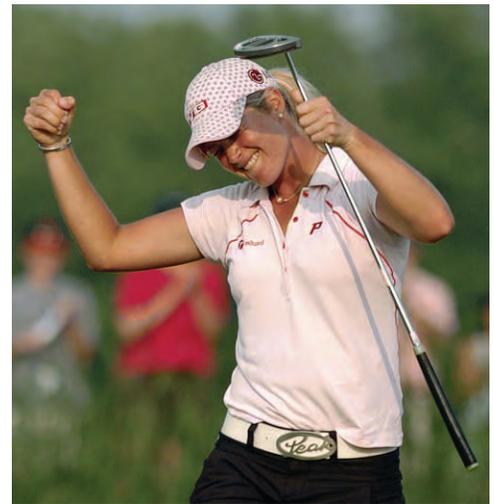


Rosemalers! Due to complications with a recent repair of her computer, **Penny Knudsen** has lost many of her **Rosemalers' e-mail addresses**. If you are interested in receiving a notice and registration form via e-mail for the Rosemaling seminars at Camp Norge, please send your e-mail address to her at pennyjknudsen@sbcglobal.net so she can rebuild her address book. Penny thanks you.

For those of you who might be traveling to Norway, you might not like to see how the dollar has slid in value relative to the kroner:



You should know who the pictured Norwegian is...**Suzann Pettersen** is ranked as the number two woman's golfer in the world these days...



If you do not drive at night and want to come to the monthly lodge meetings, let an officer know. They may be able to set you up with a ride with someone living nearby...

Submissions to The Navigator. The March issue will go to press sometime in late February—submissions for it should be received by February 20 ±. Electronic material is much preferred over hardcopy. Plan your submissions accordingly. Thanks – *the Editor*.

PLEASE PATRONIZE OUR ADVERTISERS

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Norwegian Pea Soup Dinner

Friday February 22, 2008

Dinner served at 6:30 PM

Roald Amundsen Lodge 6-48

Sons of Norway

San Juan Masonic Center
5944 San Juan Avenue
Citrus Heights

Ticket sales limited to 65.

Price for members \$6.00, non members \$8.00,
children 10 years and under \$ 3.00.

For reservations please call Tove-Lise at 916-364-8704 or
E-mail: ToveLise@AOL.com.

Please make your reservation by
February 16, 2008.





ROALD AMUNDSEN LODGE
SONS OF NORWAY



TORSK DINNER

DATE: SATURDAY, March 8, 2008
TIME: 5:00 P.M. SOCIAL HOUR, 6:00 PM DINNER
PLACE: SAN JUAN MASONIC HALL
5944 SAN JUAN AVE.
CITRUS HEIGHTS, CA

Scandinavian dancers and audience participation after dinner

NOTE: DEADLINE TO MAIL IS MARCH 1st
PRE-PAID RESERVATIONS ONLY
ADULT S/N MEMBERS \$17.50 - ADULT NON-MEMBERS \$20.00
CHILDREN 10 & UNDER \$5.00
Door prizes – Please put your name on the back of ticket
Ticket Sales Limited to 100

~ ~ ~
CHECK PAYABLE TO "SONS OF NORWAY"

MAIL TO: PEARL LEMKUIL
3808 FRENCH AVE.
SACRAMENTO, CA 95821
916.483.4496

NO TICKET SALES AT DOOR

Please (Send Me) or (Hold at Door) the following tickets for the March 8, 2008 Dinner.
(Please include stamped self addressed envelope if you wish tickets mailed.)

Member name(s) _____
Non-member/Guest names(s) _____
Address & Phone number _____
Adult Members _____ @ \$17.50 each Total \$ _____
Adult Non-members _____ @ \$20.00 each Total _____
Child tickets _____ @ \$ 5.00 each Total _____
Grand Total: _____ \$ _____

(DETACH AND MAIL TO ABOVE ADDRESS BY MARCH 1st, 2008)

REFRESHMENT VOLUNTEERS NEEDED



Social Chairperson Mary Santa Ana is looking for additional volunteers to provide refreshments at the upcoming meetings. Here is who has volun-

teered so far:

February - the Solheims

March - Raye Brown and Cecelia Byrd

April - Nancy Ottum

May - Karin Peterson

June, August - open

September - Ingrid Sceals and the Smiths

October, November and December – open

Please contact her at 916.487.1601 or msantaan@cde.ca.gov to volunteer.

SWEDISH CLASSES AND NORDIC LITERATURE CLASSES OFFERED



Swedish Classes are offered most Saturday mornings from 10 to 12 hours. The class is about Swedish, but we often reference Norwegian, Danish and Icelandic.

Speakers of these languages really add to the class due to similarity of the different Scandinavian languages. Nordic Literature Club meets on the second Saturday of the month from 14 to 16 hours.

Call Eric Swanson at 916.351.5691 for details and to be put on the email and call lists to be notified of classes. Email: swannest@hotmail.com. All of the classes meet at Eric's home: 126 John Henry Circle / Folsom CA 95630 - 8126 USA



CALENDAR OF EVENTS – 2008

JANUARY	FEBRUARY	MARCH
8 TH – Lodge Meeting, 7:30 p.m.	12 th – Lodge Meeting, 7:30 p.m.	11 th – Lodge Meeting' 7:30 p.m.
13 th – Installation of Officers & Initiation of New members – Mills Station – 1:30 p.m.	22 nd – Lodge Social Friday	8 th - Torsk Dinner, 5:00 p.m.
APRIL	MAY	JUNE
8 th – Lodge Meeting, 7:30 p.m.	13 th – Lodge Meeting, 7:30 p.m.	10 th – Lodge Meeting, 7:30 p.m.
25th - Lodge Social Friday	18th – 17 th of May Social, 1:30 p.m. – Mills Station	District 6 Convention 26 – 27 - 28
JULY	AUGUST	SEPTEMBER
NO LODGE MEETING	12 th – Lodge Meeting, 7:30 p.m. TBA - Multi Lodge Picnic	9 th – Lodge Meeting, 7:30 p.m.
8 th – Lodge Board Meeting	22 nd – Steak Dinner, Friday -6:30 p.m.	TBA – Scandi Festival
OCTOBER	NOVEMBER	DECEMBER
14 th – Lodge Meeting, 7:30 p.m.	11th – Lodge Meeting, 7:30 p.m.	9 th – Lodge Meeting, 7:30 p.m.
18 th - Lutefisk Dinner, 5:00 p.m.	15 th – Vikingfest, 10:00 a.m. – 3:00 p.m.	13 th – Lodge Social, 5:30 p.m.

CHANGES WILL BE POSTED IN THE NAVIGATOR

PEA SOUP COMMITTEE NEEDS VOLUNTEERS!

The Pea Soup dinner committee is asking for volunteers to help set up and clean up both before and after the meal. The dinner is set for 6:30 pm on February 22nd at the Lodge and we plan on starting the set up at 3:00 pm. The more volunteers we have the faster the set up and clean up will be. Please take this opportunity to get acquainted with your fellow lodge



members by calling either **Mary Santa Ana at 916-487-1601** or **Carol Francis at 916-390-0953** to volunteer.

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Sons of Norway
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Sacramento CA
Permit #124

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Viking Sisters
President
Ann Sandner
916.366.8071

KALENDAREN

Feb 12 Lodge Meeting
Feb 22 Pea Soup Dinner
March 8 Torsk Dinner
March 11 Lodge Meeting
April 5 Work party to clean up storage bldg.
April 8 Lodge Meeting
April 17 Syttennde de Mai day being planned
May 2-3 Norway Day, San Francisco

Call Viking Sisters President for Viking Sisters meeting information. Meetings now held at Denny's, at the southeast corner of Watt Avenue and Auburn Boulevard, just south of Business Route 80 freeway. Generally, they meet the second Saturday of every month at 9:00am.

Monthly lodge meetings are usually held at the Masonic Center, 5944 San Juan Avenue, Citrus Heights (just south of Greenback Lane). Start time is 7:30 pm in February, 7:00 pm thereafter. A cultural program is usually presented.