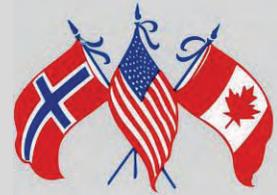


THE NAVIGATOR

A Publication of Roald Amundsen Lodge 6-48
Sons of Norway, Sacramento, California

April, 2008

Editor: Stephen Rosenthal
rosen@winfirst.com



GREETINGS FROM ROALD AMUNDSEN LODGE 6-48 PRESIDENT CAROL FRANCIS:



God påske or Happy Easter a little late! This is the time of year when a record number of Norwegians are in the mountains at cabins, getting in one last week of cross country skiing. We already have spring weather, with some rain in between. I picked up two kids recently at the San Francisco airport from Norway and Denmark, and

they might as well have been stepping into another world as we crossed the Golden Gate Bridge and walked in Muir Woods. It is always great to have contact with Norway!

Thank you to **Tove-Lise Miller** for the Pea Soup Dinner on February 22nd, to **Joe Hannon** and **Nancy Ottum** for the Torsk Dinner on March 8th, and also to their committees (see related article).

Both events went very well. It was neat to see all the people visiting and relaxing, and we had fun playing Norwegian bingo and learning some simple and spirited Norwegian dances. I would invite you to take a page from Norwegian culture, and "ta en kopp kaffe og skravle litt". Norwegians live longer and relax more than we do, and they regularly chat over coffee, solving the big and little issues in the world. Come join us and live healthier!

Thanks for all the recent offers of help, particularly in the cleanup department. It was worth the price of admission at the Torsk Dinner to see our editor with shirt-sleeves up, doing dishes with new member **David Bailey**. Tusen takk! We still need a Sports Director. Can you volunteer for our cleanup day on Saturday, April 5th, 9 am to 1 pm, at the lodge? We are organizing the books and cleaning out the storage areas, with lunch

provided for workers. I have been taking a page from the leadership style of Roald Amundsen in conducting the meetings from the main floor instead of up on the steps, and the other officers have now joined me. Please join us for these more relaxed lodge meetings!

On April 25th, our able treasurer **Ingrid Sceals** is making Lapskaus, or Norwegian stew, for dinner, followed by film "Sun Valley Serenade" with Norwegian skater Sonja Henie. We will provide the popcorn, so please reserve early (see flier). On May 3rd, **Nancy Ottum** is coordinating a bus trip Norway Day in San Francisco, call her at (916) 756-8479.

The \$30 trip is a great value, as it includes the bus trip, parking, and admission to Norway Day.

We will be celebrating "17th of May" with a picnic in Loomis Park and barnetog or children's parade (please see the flier). The

picnic facilities have easy freeway access from the Penryn I-80 exit, free parking, two large barbecues, two play areas for kids, baseball diamond, basketball court, and four horseshoe pits (anybody have some horseshoes?). Plan to stay and enjoy celebrating Norway's National Day in true Norwegian style. Before you say that Loomis is too far to drive from Sacramento, our members drive in to the lodge from Applegate, Shingle Springs, and Davis. We have grand kids coming from Reno, so bring your kids, grand kids, nieces and nephews, neighbors, and anyone who would enjoy the day!

Roald Amundsen Lodge will be 89 years old on May 11th! I think we need to start planning for a gala 90th birthday party for the lodge next year! We could track down old members, and seek new friends, and have a great party, WITH DANCING! We are having fun, so come join us and contribute to making this a great 89th year for Roald Amundsen Lodge!
Hilsen, Carol

EDITOR'S PLEDGE

Your editor has been accused of including material in past issues that may have been, shall we say, somewhat imaginative, rather than sticking to cold, hard, factual reports. Reactions have ranged from guarded comments to groans. Well, this is the April issue, which of course comes out around April 1st, April Fool's Day. A tall tale might be expected in this issue. However, given past reactions to our material, we will endeavor to include only properly researched, verified, and refereed material this month. Really and truly...You can count on it...For sure... We mean it... Our integrity is at stake...

TORSK AND MEATBALL DINNER IN REVIEW

Tables decorated with baskets, butterflies and Easter eggs set the stage for a great Torsk and Meatball Dinner, held this past March 8th. **Karen Nelson** decorated the tables after **Kristi & Jim Updegraff** and **LaRena & Joe Hannon** set them up. Meanwhile, **Mary and Greg Santa Ana** used their culinary talents to produce a delicious dinner. **Nancy Ottum and husband Bruce** helped with the appetizer hour. **Cindy Hayashi, Sharon Brooks, Ann Sandner and Carol Voxland** were lefse rollers. **Cindy** provided rosettes; **Nancy**, spritz cookies and Easter eggs with chocolate inside!

Pearl Lemkuil handled tickets with an assist from son, **Stanley**. Special thanks to them and to **Stephen Rosenthal, David Bailey, Sharon Brooks and LaRena Hannon** for returning the kitchen to its pristine order. Thanks also to all who helped clean up and put tables away.

President Carol Francis did a masterful job as MC and kept things moving smoothly. All who attended have much admiration and appreciation for the wonderful dancers who led us in a variety of dances, and everyone had a delightful time. *(By LaRena Hannon.)*



Siri and Max Fenson visiting from Gulldalen Lodge.



EAT WHALE AND SAVE THE PLANET, SAYS NORWEGIAN LOBBY

Eat a whale and save the planet, a Norwegian pro-whaling lobby said on March 3rd after releasing a study showing that harpooning the giant mammals is less damaging to the climate than farming livestock. Immediately the environmental group, Greenpeace, dismissed the survey, saying almost every kind of food was more climate-friendly than meat.



Rune Froevik, of the Norwegian pro-whaling lobby the High North Alliance, inspects a package of whale meat in an Oslo shop, March 3, 2008.

The survey, focused on whale boats' fuel use, showed that a kilo (2.2 lbs) of whale meat represented just 1.9 kilo (4.2 lbs) of greenhouse gases against 15.8 for beef, 6.4 for pork and 4.6 for chicken. "Basically it turns out that the best thing you can do for the planet is to eat whale meat compared to other types of

meat," said Rune Froevik of the High North Alliance, which represents the interests of coastal communities in the Arctic. "Greenhouse gas emissions caused by one meal of beef are the equivalent of eight meals of whale meat," the study said.

The Norwegian-based Alliance said it was the first to measure the "carbon footprint" of whaling. Fish and seafood was comparable to whale meat the acquisitions thereof creating relatively low emissions. Norway and Japan, the two main whaling nations, are seeking new arguments to promote whale meat after years of condemnation from anti-whaling nations for breaking with a 1986 moratorium on all hunts meant to save many whale species from extinction. Oslo says, for instance, that the small minke whales it hunts are plentiful in the North Atlantic and that a 2008 Norwegian quota of 1,052 animals will not harm stocks. The meat is eaten mostly as steaks or in stews.

Greenpeace said the threat of extinction was more

(Continued on page 4)

BLUBBERGEN LODGE TO HOST HUGE WHALE STEAK FRY IN SUPPORT OF NORWEGIAN WHALING POSITION

Lodge expects to offer 24-oz. whale steak and huge baked potato swimming in melted blubber for less than five bucks – even less for children. Greenpeace expected to attack from the sea.

An obscure northern California Sons of Norway Lodge located in the Humboldt – Del Norte area, upset with the way the international press portrays Norwegian whaling ventures, plans a huge whale steak fry as a gesture of support for Norway's program (See article in left column). Blubbergen Lodge, currently a renegade lodge because of non-payment of fees, will hold the steak fry sometime around the 4th of July (exact date is being withheld for now in an effort to ward off advance Greenpeace disruption preparation) at a Pacific Coast beach location near the lodge's headquarters.



T-shirts to be available with this picture. Logo: "I got my fill at Blubbergen."

Delighted by this show of support, Norway plans to supply a tender, live whale calf to the lodge, which the male members plan to butcher directly at the beach venue so that the entrails can be easily disposed of by tossing them into the sea. Children will not be invited to this portion of the event for fear that they will name the creature Dumbo, or Shammu, or some other such endearing moniker before the men of the tribe, I mean, lodge, really get enthusiastic with their axes and chain saws.

"Also, we plan to cut down one of our old growth redwoods to supply the massive amount of chips we will need for the charcoal fire," reported lodge president **Ole Moley**. "Then, we will stoke the fire in a series of 52-gallon oil drums (don't ya love the symbolism?!) welded together, pouring blubber on the fire to get it going real good." Asked about the thick black smoke this will likely cause, Mr. Moley waved the problem off, saying "The off-shore breeze will carry it over to China, or somewhere. And, if we're lucky, maybe that same breeze will blow some of that sweet smelling smoke out of the forest that we get up here from time to time."

(Continued on page 4)

(Continued from page 3) **(Norwegians Saving the Planet)**

important. "The survival of a species is more important than lower greenhouse gas emissions from eating it," said Truls Gulowsen of Greenpeace. "Almost every food is more climate friendly than meat. Most fish and seafood has similarly low emissions."

The Alliance survey, covering eight of Norway's 30 whaling vessels, said they emitted 885 tons of carbon dioxide in 2007 by burning diesel fuel and landed 461 tons of whale meat. That meant an average of 1.9 kilos of emissions per kilo of meat. By contrast, raising cows in developed nations requires use of tractors, ploughs and fertilizers to produce feed. The animals themselves generate methane, a powerful greenhouse gas, as anyone who lives in Davis knows, in their digestive tracts.

The Alliance said that the "carbon footprint" was measured up to the first sale -- for whales the landing point and for livestock the farm gate. Neither included processing or transport costs to shops.

The International Whaling Commission (IWC) is holding special meetings in London to review deadlock between pro- and anti-whaling nations. Froevik said the IWC had turned into a group devoted to banning whaling rather than allowing hunts under strict controls. "We compare it to a soccer club where the only rule is that soccer is forbidden," he said. *(Based on Reuters report by Alister Doyle on the internet, as accessed through Yahoo.com.)*

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Carol S. Francis
Independent Agent

7601 Sunrise Blvd., No. 11A
Citrus Heights, CA 95610
Email: actiontravel@surewest.net
Home: csfnorge@jps.net

Bus. (916) 723-3355
Fax (916) 723-0314
Home (530) 878-3824
Cell (916) 390-0953

(Continued from page 3) **(Blubbergen Lodge Steak Fry)**

The meal will include the steak, a baked potato swimming in blubber, and corn on the cob dipped in melted blubber. Overall, the repast will be guaranteed to exceed 5,000 calories per serving. "Our lodge is not about some puny torsk or lutefisk dinner," said Moley. We go for only the truly giant denizens of the sea."

Asked about Greenpeace possibly disrupting the peace, **Andrew Hammerheadsen**, the lodge's Sergeant-at-Arms, informed us, "We plan to invite a few Hell's Angels. That should take care of those tree huggers."



Hammerheadsen

In an effort to demonstrate the lodge's attempt at full use of the whale, in support of Norway's contention that whale harvesting will save the planet, the ambergris will be recovered and sold as perfume. Also, the lodge's women's auxiliary, known as the "Wives of the Sons," will be selling small vials of the whale's fins and tail as an aphrodisiac. The banner sign to be displayed over their stand will read, "Better than the little blue pill." *(Authorship of this report will be admitted to upon request.)*

RAYE BROWN, LODGE VP, HAS INFO ON MOST S/N CULTURAL SKILLS PROGRAMS

Raye is our local contact for these programs. She has the descriptions for the cultural skills programs for Norwegian cooking, genealogy and family history, Norwegian literature, Norwegian and North American Stamps, Norwegian/North American folk arts, hand-knitting, Norwegian language and culture, Hardanger embroidery, figure carving (Norwegian motif), weaving, ornamental woodcarving (Norwegian relief style), chip carving, Norwegian folk dancing, and music and musicians of Norway. Persons interested in any of the topics may call her and she will make copies of the materials. Her e-mail is coutiepie@yahoo.com, and her phone number is 916-791-1908.



HUMANITARIAN EMERGENCIES, AND NORWAY'S JAN EGELAND



As some readers of **The Navigator** may recall, the activities of **Jan Egeland** have been reported on here several times in past issues. On this past March 3rd, Mr. Egeland spoke at the World Affairs Council in San Francisco to discuss his new book, *A Billion Lives* (Simon & Shuster, \$27 retail, although available for less on internet; also a kindle edition

available on-line), in which he offers a "very personal and up-front account about his travels to the most desperate and violent places in the world to negotiate relief efforts and cease fires, as well as to deal with the perpetrators and their victims."

Called "the world's conscience" and one of the 100 most influential people of our time by *Time* magazine, Jan Egeland has been the public face of the United Nations and has traveled extensively, drawing attention to humanitarian emergencies. As Undersecretary-General for Humanitarian Affairs and Emergency Relief Coordinator, he was in charge of the Office for the Coordination of Humanitarian Affairs (OCHA) from June 2003 to December 2006. Since September 2007, Egeland has been the Director of the Norwegian Institute of International Affairs (Norsk Utenrikspolitisk Institutt).

Mr. Egeland has gained 25 years of active experience in humanitarian, human rights and peace work through the United Nations, the Norwegian Government, the Red Cross and Red Crescent Movement and other non-governmental and academic institutions. Prior to becoming the Under-Secretary-General of OCHA, he served as the Secretary General of the Norwegian Red Cross. From 1999 to 2002, he was the Secretary-General's Special Adviser on Colombia.



In Darfur

Earlier in his career, he served as State Secretary in the Norwegian Ministry of Foreign Affairs (1990–1997). In that capacity, he initiated the two Norwegian Emergency Preparedness Systems, which have provided more than 2,000 experts and humanitarian workers to international organizations. He has also been Director for the International Department of the Norwegian Red Cross, Head of Development Studies at the Henry Dunant Institute, Geneva and radio and television international news reporter, Norwegian Broadcasting Corporation.

Mr. Egeland holds a Magister Artium in Political Science, University of Oslo. He has been a Fulbright Scholar at the University of California, Berkeley and a fellow at the International Peace Research Institute, Oslo, and the Truman Institute for the Advancement for Peace, Jerusalem. Mr. Egeland has been Chair of Amnesty International, Norway, and Vice-Chair of the International Executive Committee of Amnesty International.

Mr. Egeland has been an active participant in a number of peace processes. He co-initiated and co-organized the Norwegian channel between Israel and the Palestine Liberation Organization (PLO) in 1992, which led to the Oslo Accord (Declaration of Principles) of September 1993. He directed the Norwegian facilitation of the United Nations-led peace talks leading up to ceasefire agreement between Government of Guatemala and the Unidad Revolucionaria Nacional Guatemalteca (URNG) guerrillas signed in Oslo in 1996. He also led the host delegation when the Ottawa treaty to ban landmines was successfully negotiated and adopted in Oslo in 1997.

Mr. Egeland, while controversial, is nevertheless truly one of Norway's most influential citizens on the world stage today. You may be able to download his talk at <http://www.itsyourworld.org/>, although your editor experienced technical difficulties the last time he tried. *(Editor's note: much of this information is from the It's Your World web site.)*

NORWEGIANS IN HOLLYWOOD – II

In our previous article on Norwegians in Hollywood we traced briefly the careers of four actresses, all born in Norway, who at various times were part of the Hollywood scene from the mid-1920's until the 1970's. During that time they appeared in more than fifty feature films, and one of them was cast in several popular and long-running television series, beginning around 1958. With one possible exception, **Sonja Henie**, none achieved "super stardom" as we know it today, and all left Hollywood toward the end of their careers, two retiring to England and two returning to their native Norway. Ironically, there were no prominent Norwegian actors in Hollywood during this period.

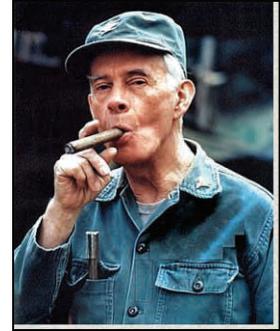
On the other hand, and moving to more recent times, there are at least half a dozen prominent actors and as many actresses in both film and television whose parents or grandparents immigrated to the United States from Norway. However, their Norwegian heritage is seldom if ever noted except by those with a special interest in such matters. Indeed, that heritage will probably come as a surprise to most.

Among the actors of Norwegian heritage, none has appeared in more films and on television than **Harry Morgan**, whose paternal grandfather emigrated to the United States from Trondheim and settled in Detroit, where Morgan (family name Bratsburg) was born in 1915. In an acting career which spanned more than sixty years and reached into the 21st century, he played prominent roles in twelve television series and more than one hundred films. Morgan gained early fame as sidekick Officer Bill Gannon to Jack Webb's Sergeant Friday to in the popular "Dragnet" shows, and is probably best known for his role as Colonel Sherman Potter in the long running "M*A*S*H" series, for which he received an Emmy award in 1980.

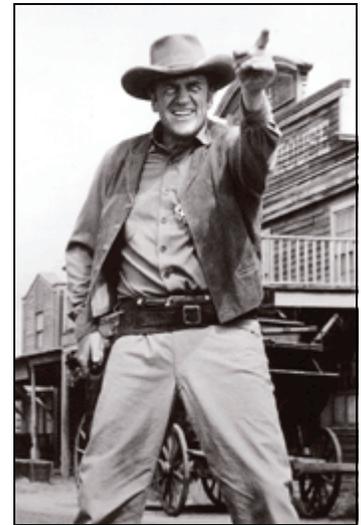
The Aurness brothers, James and Peter, were born of Norwegian parentage in Minneapolis, and went on to film and television stardom as **James Arness** and **Peter Graves**. James, the older of the two, played Marshal Matt Dillon on "Gunsmoke" beginning as a weekly TV series in 1955 and extending into the 1990's with four made-for-TV movies. He appeared in other film and television productions in various roles, but is best known and remembered for his work in movie and TV westerns. Brother Peter (Graves) created an altogether different character in "Mission Impossible," which was presented as a television series from 1967 to 1973 and again some fifteen years later in a two-year run. During his career Graves appeared in various roles in seventy films and on TV.

A third Minnesotan, born in Owatonna, was actor **E.G. Marshall**, who began his film career in 1947 and achieved stardom ten years later in the film "12 Angry Men." He continued playing various movie roles until a year before his death in 1998. However, Marshall is perhaps best known as the host of the nightly drama series "The CBS Radio Mystery Theater" from 1974 to

(Continued on page 7)



Henry Morgan in MASH.
Where have all the good TV programs gone?



Peter Graves and brother James Arness.



E.G. Marshall

(Continued from page 6)

Hollywood...

1982, or when cast as a defense attorney in "The Defenders" series (1961-1965) or as a neurosurgeon in "The Bold Ones: The New Doctors" (1969-1973). Marshall's Norwegian family name was Grunz, which at some point early in his career he changed to Marshall. What the E.G. stands for has never been revealed. Some maintain it was for Edda Gunnar, to reflect his Norwegian heritage, but whenever asked, Marshall would always reply, "Everybody's Guess."

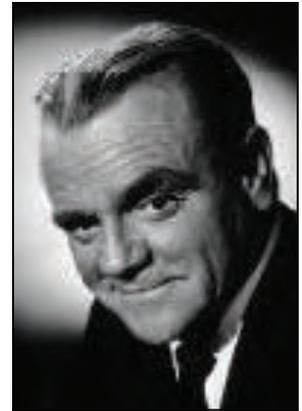
Perhaps the best-known Norwegian-American in film was **James Cagney** whose roles ranged from tough-guy gangster in "Public Enemy" in 1931 to a song-and dance man in "Yankee Doodle Dandy," for which he won an Oscar in 1942. Other honors included a Lifetime Achievement Award from the American Film Institute, Kennedy Center Honors, and the Presidential Medal of Freedom, presented to him by President Reagan. Cagney's family line stems from his maternal grandfather, a Norwegian sea captain.

Another prominent actor, whose mother also was the daughter of a Norwegian sea captain was **Robert Mitchum**. His early life was played out on the wild side, as a vagrant and brawler, foreshadowing some of the roles he would play in his distinguished film career, with appearances in more than one hundred films, beginning in the early 1940's and continuing into the Eighties. Memorable performances as a war hero, cowboy, romantic lead, and outlaw reflected his personal as well as professional life -- very laid back or in contemporary jargon, "cool." Mitchum died at his home in Santa Barbara in 1999.

While there may be other Hollywood actors whose family roots originated in Norway, none has achieved the stature and recognition of these six, whose careers all go back more than fifty years. And yet, all can be seen on television today in programs featuring film classics and in re-runs of popular TV series.

Finally, working regularly in Hollywood today only one actor has been identified as having Norwegian roots. Like others portrayed above, he too is a native of Minnesota, home to thousands of immigrants from Norway beginning more than one hundred fifty years ago. **Kevin Sorbo** was born in Mound and attended Moorehead State University, where he began acting in plays and TV commercials. One of his first professional roles as an actor was in a brief TV commercial for a well-known whiskey where his speaking part was limited to but four words: "This ain't Jim Beam." His big break in Hollywood came in 1993 when he landed the title role of Hercules in five two-hour films followed by a weekly TV series, which ran for four years and brought him international fame. That resulted in further roles in science fiction and other genres. He is currently active as a film director and producer, and as many as three of his films are scheduled for release this year.

Limitations of space preclude the possibility of continuing here with similar and all too brief accounts of several actresses of Norwegian heritage who have had prominent roles in film and in television. That will await a future issue in continuation of this glimpse of "Norwegians in Hollywood."



Cagney and Mitchum

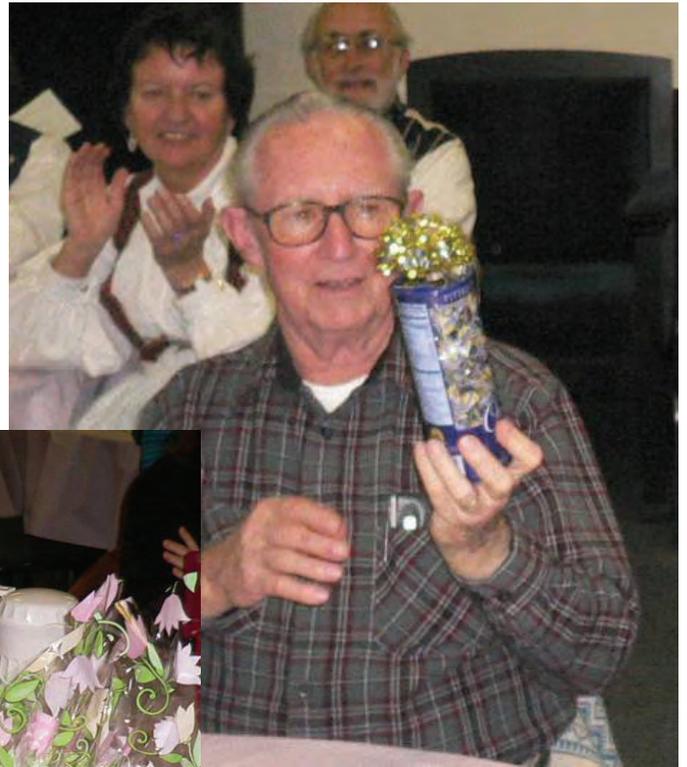


Kevin Sorbo

This article was written by Dr. Richard C. Gilman of Pasadena, California, and was reprinted with his permission.



More photos from the Torsk Dinner, clockwise from above: LaRena Hannon holding her bunny by its ears (Does anyone remember LBJ and his spaniels?); Dancers Gerry and Donna Hermann; Vernon Armstrong winning a door prize of unknown value; and Kristin Updegraf with the grand door prize.



SIDEBARS FROM THE EDITOR...



Remember...lodge meetings now begin at 7:00pm...

"Don't miss **Ingrid Sceal's Lapskaus Dinner** on April 25th followed by popcorn and a movie, *Sun Valley Serenade*, starting Olympic gold medalist **Sonja Henie** of Norway and **John Payne**, made in 1941. Come watch this great movie, also featuring **Glenn Miller and the Modernaires**, with original songs such as *The Chatanooga Choo Choo* and *Moonlight Serenade*, and dancing featuring **Dorothy Dandridge**. A can't miss event! Refer to flyer elsewhere in this newsletter."



Solheim Lodge, in Lodi, is having its **55th anniversary dinner** on April 12th. Don Summerfeld will be playing for dancing. The only contact information we have for that lodge is: **Vikki Mullenbach**, Editor of the Delta Viking, at vmullenbach@comcast.net.

WE APOLOGIZE! for the printing quality of the March black and white issue. We know it was marginal, but we had to go with it due to time constraints. Don't forget a full color, e-mail-distributed edition is available – signal the editor by e-mail that you want e-mail distribution.



At a recent District 6 Board Meeting, **Diane Molter** (Zone 8 Director) announced that a couple of Colorado folks would sew a District Fane (Banner) if they were given a design. Therefore, Diane and **Arlene Christofferson** (Zone 7 Director) asked that a flyer be designed to be placed in lodge newsletters throughout the District. You will find the flyer elsewhere in **The Navigator**. The award to the winner of this design contest is a full page picture on the District 6 page in The Viking plus a King Harald V Medallion. There is the early deadline because they want the District to have its Fane

at the International Convention in San Diego in August. So, do you have the "fanetest" idea for a banner?

New Investment Product. Len Carlson of International reports that the Sons of Norway has a new single premium deferred annuity product to offer. The product enjoys a shorter surrender charge period, higher interest rates and the potential for higher first year interest bonus. Call your Financial Benefits Counselor (**Carl Ingvaldstad**) for details.

Henrik Ibsen Lodge was 100 years old in February. This is the first lodge in District Six to reach that milestone.

District Six is hosting the International Convention this year, in **San Diego**. The members of Valhall

Lodge have been preparing for four years. The convention hotel is near a San Diego Trolley stop, and the trolley can take you to Old Town, the Gas Lamp District, downtown, or even to Tijuana (bring your passport). The convention dates are August 27-30, 2008.

The Sons of Norway Language & Heritage Camp 2008 camp dates are July 13 to 26, 2008. The camp cost is \$600 per child. Criteria for attending include: ages 8 to 13 at time camp begins and a child, grandchild or great grandchild of a Sons of Norway District 6 member in good standing. An application for each child must be mailed to the registrar with a \$300 deposit any time prior to May 1, 2007. It is the intent of the Camp Director to accept all who apply if adequate staff is available. You can receive an application by downloading it from <http://www.trollfjell.us/>.



The annual **Scandinavian Festival** will be held **September 13th, 2008** at Divine Savior Catholic Church, 9079 Greenback Lane, Orangevale.

Roald Amundsen **board meetings** are being held on the last Monday of each month, beginning at 7:00 pm. The schedule: 03/31/08 at **Ingrid Sceals'** home

(Continued from page 9) *Sidebars...*

(maybe past by the time you read this), and 04/28/08 at **Solheims'** home.

Pamela Groth of the Freya Lodge in Santa Rosa would like to extend an invitation to all members and lodges in the area to attend an April 19th cultural event of significance, and with a special guest, **Hans Skalagard** (see flyer). The lodge will serve a smørbrød lunch beginning at noon, and the presentation will follow.

The 6th District is offering **scholarships to a two-week Concordia Language Camp** Summer Session at The Norwegian Village or "Skogfjorden" in the amount of **\$1495** each, for two campers over the age of 13 who have attended Camp Norge Language/Heritage Camp. An applicant must be a Heritage or Unge Venner member of a 6th District lodge. An application form can be found elsewhere in this issue.

Submissions to The Navigator. The May issue will go to press sometime in late April—submissions for it should be received by April 20 ±. Electronic material is much preferred over hard-copy. Also, unless it is something that absolutely must be rendered as exactly presented, Word files are preferred over .pdf files (so that the material can be re-arranged more easily). Plan your submissions accordingly. Thanks – *the Editor*.

FOLK ART COMPETITION AT THE DISTRICT 6 CONVENTION

Your editor has received a multi-page packet of information about this folk art competition. The packet, which contains rules and entry forms, is too voluminous to reproduce in **The Navigator**, but it can be transmitted via mail or email to anyone requesting it. **LaRena Hannon**, lodge secretary, is the local contact for retransmitting this information. Her email address and phone number can be found on the address page of this issue.

There are twelve entry categories, including rose-making, weaving, hardanger embroidery, needlework, knitting, crocheting / tatting, figure carving,

GULLDALEN LODGE, GRASS VALLEY, TRIPS AVAILABLE TO OTHERS

Social Director and travel consultant **Brenda Shilling** is arranging several trips for Gulldalen Lodge members, and other regional Sons of Norway members who may have interest. The two trips are:

Solvang. They have chartered a bus for a Solvang tour which will depart from and return to Grass Valley. Secure parking at members' homes can be provided during the tour. This tour is priced at cost plus a modest donation to their lodge. June 23-27, five days/4 nights, including coach, the 4 nights at 3-star+ hotels, 4 breakfasts, 2 lunches, 2 dinners, at \$590 per person double occupancy. Also included are the Winchester Mystery House tour with lunch, National Steinbeck Center entrance, Bonfante Gardens entrance, Solvang Theaterfest Presentation of Godspell, and free time in Salinas, Solvang and Gilroy Outlets. A \$50 non-refundable deposit is due with reservation (refunded if you find replacement), with final payment due May 15. Personal checks only.

San Antonio. Collette Vacations San Antonio Holiday, December 4-8 at \$1,419 per person double occupancy including air from Sacramento. \$799 if you arrange own air and transfers. Highlights: The Alamo, Aztec Theatre, Fredericksburg, Bandera Dude Ranch, Tex-Mex Cooking Class and Meal. Also a visit Fredericksburg, a German settlement, to enjoy the sights and sounds of the holidays and shop the unique shoppes of Texas Hill Country. Cruise the Paseo del Rio and enjoy the holiday lights and luminaries. All this from the comfort of a hotel on the famous River Walk. Deposit due with reservation.



For more information and/or reservations please contact Brenda Shilling at 530/432-5362 or tnbshilling@jps.net.

chip carving, bentwood, and certain "other" categories, including photography. Entry levels range from children to professional. Hand delivered items must be presented to the display room by 10 am, Wednesday, June 25th. The person in charge is LaVoy Bergendahl, 510.703.2597, or lbergendahl@co.alameda.ca.us.

COLLEGE SCHOLARSHIPS FROM 6TH DISTRICT



The 6th District will award three \$1,000.00 scholarships to members in good standing, their children or grandchildren who are Unge Venner members in any lodge in the 6th District. They must attend an accredited college or university in the

USA as a fulltime undergraduate in their sophomore, junior or senior year and have a grade point average of



2.5 or better on a scale wherein A=4, B=3, C=2, D=1 and F=0. These scholarships can also be awarded to those students in their sophomore, junior or senior year



of any accredited four-year program at a community college in the USA.

When an applicant is deemed worthy of a scholarship (recommended by the 6th District Scholarship Committee and approved by the 6th District Board) the funds will be paid directly to the student.

Applications must be submitted to the scholarship committee by April 30, 2008.



Those interested in applying may get the application from mem-



DISTRICT 6 FANE (BANNER)

DESIGN CONTEST

Your design entry due by: May 15, 2008

Design MUST include: Sons of Norway District 6

The winning FANE will be made in fabric 3ft.x 6 or 8 ft..

GRAND PRIZE King Harald Medallion

The design may include:

1. district map
2. state icons
3. regional icons
4. traditional Norwegian designs
5. individual artwork

Design may be emailed or mailed on 8.5 x 11 sheet of paper

Submit designs to:

District 6 FANE Committee
Diane Molter
8670 North Edison
Denver, CO 80229
lakeviewiking81@live.com

District 6 FANE Committee
Arlene Christopherson
14215 W. Wagonwheel Dr.
Sun City West, AZ 85375
arcris@worldnet.att.net



bers of the 6th District Scholarship Committee: Vern P. Martin, Chair, District 6 Scholarship Committee, 16985 Kawai Court, Fountain Valley, CA 92708, e-mail: vpmartin@dslextreme.com, (714) 839-2502.



Dave Bailey reacting to the quality of help he was getting from the editor when cleaning the scullery at Torsk Dinner.



**Camp Norge
Language Camp 2008**

July 8-21

Ages 8-13

Camp Norge Recreation Center
Alta, CA

Scholarships from Roald Amundsen Lodge available
Scholarships pay half of camp cost
Camp costs \$600 per child
Applications due no later than May 1, 2008
Applications for camp available at
www.campnorge.com

In order to receive the scholarship, each applicant needs to give a report, after camp, to the lodge.
Reports may be in the form of a report mailed to the lodge if an applicant is unable to attend the September lodge social.
Reports can be pictorial, video, or written.

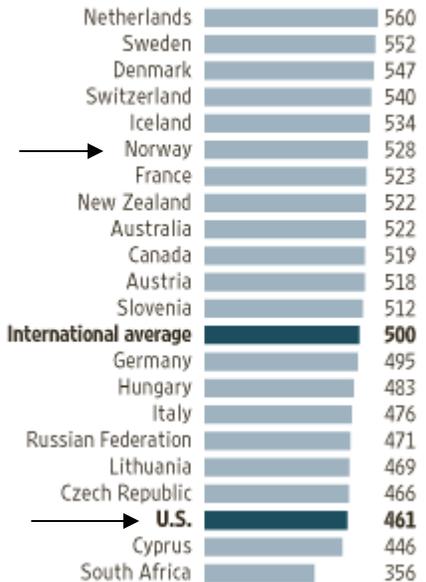
Scholarship letters, telling of wish to attend camp, need to be mailed to:

Joe Green
3313 Brookwood Rd.
Sacramento, CA 95821

Scholarship applications must be received by the May 13th Lodge Meeting

Hard Numbers

Average general knowledge of math among 12th graders in 1998 as scored by the International Math & Science Study²



²Most recent study available
Source: National Center for Education Statistics



17207 Squirrel Hill Road
Hidden Valley Lake, CA 95467-8813

Carl P. Ingvaldstad
Financial Benefits Counselor
CA License #OF86701

Phone: (707) 987-2404
Cell: (707) 580-8053
Toll Free: (866) 834-1932
E-mail: cingvaldst@aol.com

www.sonsofnorway.com

NEW SINGLE PREMIUM DEFERRED ANNUITY FROM SONS OF NORWAY

Are banks paying over 5% on their CD's?? Sons of Norway's **NEW** Nordic Annuity has a first year rate of return from 5.25% to 6.55%* !! Ask your Financial Benefits Counselor for details. This Single Premium product also enjoys a shorter surrender charge period. (Interest rates and bonuses are effective 3/1/2008 and are subject to change) *Rates above reflect first year bonuses from 1.25% to 2.00%.

<u>Initial Deposit</u>	<u>First Year Rate of Return</u>
\$10,000 - \$24,999	*5.25%
\$25,000 - \$49,999	*5.45%
\$50,000 - \$99,999	*5.70%
\$100,000 - \$249,999	*6.05%
\$250,000 and over	*6.55%



ROALD AMUNDSEN LODGE 6-48

SONS OF NORWAY

LAPSKAUS (BEEF STEW) DINNER AND A MOVIE

DATE: FRIDAY, APRIL 25, 2008

TIME: 5:30 PM APPETIZERS, DINNER 6:30 PM

PLACE: SAN JUAN MASONIC CENTER

5944 SAN JUAN AVENUE CITRUS HEIGHTS, CA

TICKET SALES LIMITED TO 50

ALL MEMBERS AND NON-MEMBERS, DONATION \$7.00

CHILDREN 10 & UNDER \$3.00

CALL FLORENCE SMITH 916-783-8830 FOR RESERVATIONS & TICKETS,
SEND CHECKS TO 606 JOANNE LANE, ROSEVILLE, CA 95678-4321 BE-
FORE APRIL 18TH.



POPCORN & MOVIE: SUN VALLEY SERENADE W/ SONJA HENIE AND JOHN PAYNE,
1941

BUS TRIP TO NORWAY DAY FESTIVAL SATURDAY MAY 3, 2008



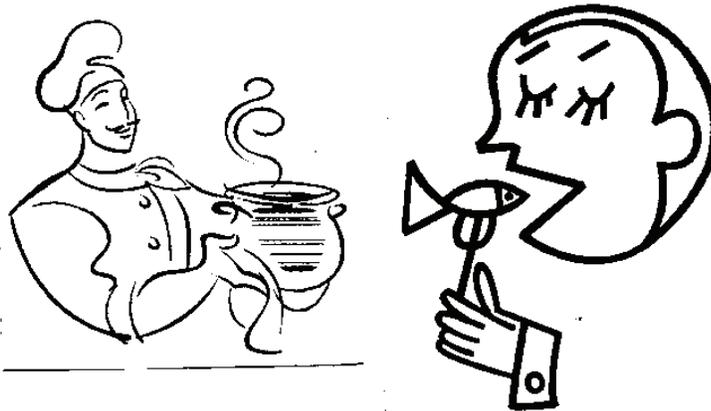
CO-SPONSORED BY ROALD AMUNDSEN
LODGE 6-48 SONS OF NORWAY AND
GORDON HANSON AND THE
SOJOURNERS

Where: Herbst Pavilion at Fort Mason, Marine area in San Francisco

Price: \$30/person (Includes group entry fee into Festival)

Make checks payable to: "Sojourners" and send checks by April 21 to Nancy Ottum, 1147 Villa Verde Lane, Davis, CA 95618

Pickup Location: Country Club Lanes, 2600 Watt Avenue, Sacramento, Loading "AMADOR STAGE LINES BUS" 8:00 to 8:30 AM, Leaves at 8:30 AM, Bus Returns at 5:30 PM



The Festival features Norwegian cuisine cooking and testing, crafts, fashions, sports, music, dance, genealogy and cultural booths

Don't forget the Cutoff date of April 21



ROALD AMUNDSEN LODGE, SONS OF NORWAY

“17th OF MAY”*CELEBRATION*

BARNETOG (Children's Parade) and Potluck Picnic

When: SAT., MAY 17, 2008 10:00am

Where: LOOMIS PARK SOUTH, 6909 King Road, Loomis, CA
Directions: Take Hwy 80 East to Penryn exit, right on Penryn Rd, right on King Rd. about ¼ mile, left on Ong Rd – look to covered picnic area to right.

WEAR: Norwegian bunads or national costumes, or red-white-and-blue, and of course, Norwegian flags if you have them. Bring playclothes for kids to change into.

FEATURING: Barnetog (Children's parade), potluck picnic, kids' games, horseshoe tournament, a chance to relax and visit. The park also has basketball, baseball, and play area facilities.

BRING: Potluck dish to share with others along with serving utensils (salads, beans, chips, dessert, etc.). Bring whatever you want to grill and to drink. Bring Norwegian relatives and friends. There are picnic tables in the pavilion but you might want to bring your folding camp chair for more comfort. Camera.

NOTE: Lodge will provide barbecue grill & briquettes, plates, cups, napkins, and plastic cutlery.

CONTACT: Call Carol Francis 916-390-0953 for questions or email csfnorge@jps.net

Sons of Norway

Date: 19 April 2008

Time: 12:00 pm

Norway Hall

Contact Pamela Groth: 707-778-8120

Freya Lodge proudly presents

Hans Skjalagard



World renowned maritime painter and Sons of Norway member, Hans Skjalagard, will be our featured guest on April 19. A 30 minute PBS video of his life will be shown, followed by a discussion with Mr. Skjalagard. He has lived an extraordinary life and is a very interesting man with many stories to tell. Traditional open faced sandwiches will be served prior to the film; cost for lunch will be \$6; there is no charge for the presentation. Seating is limited so please contact Pamela Groth at clothcrafter@sbcglobal.net or 707-778-8120 to RSVP by April 12. For more information on this and other events, please visit our web site at www.freyalodge.org/events.

- culture
- community
- camaraderie



Sons of Norway

Norway Hall
617 W. Ninth Street
Santa Rosa, CA 95401
www.freyalodge.org

Phone: 707-778-8120

E-mail: clothcrafter@sbcglobal.net

FORTY SEVENTH
ROSEMALING SEMINAR AT CAMP NORGE
APRIL 26/27, 2008

It is time to make your reservations for the spring Rosemaling Seminar at Camp Norge. Again, we will have three classes. The teachers are Julie Anne Droivold, Sandra Cole and Kay White. We will be using the firehouse for classes.

We will be painting on a 12 inch round rimmed plate. Julie Anne is teaching a Valdres style with flowers ribbons and bows and border is a rope made of "s" strokes. The background is black. Kay is teaching a Rogaland style on red background with round bonnet flowers, tulips, and small pretty flowers. The rim is medium blue with a simple saying surrounded by a yellow, a dark blue rim. Sandra Cole is teaching the beginner's class using a Rogaland style on a brown and blue background. Look on the Camp Norge Website in a week or so for pictures of all three projects: www.Campnorge.com.

Please make your room reservation with me. I keep the list of who is in which room. You will pay the Hostess for your room when you arrive at Camp. It is not included in your class fee. Bring your current membership card. Members pay \$15 per night; guests pay \$20 for dorms. Only members are allowed to stay in the main house and the cozy cabins. For people who want to room together, I need to receive the list of names with the first reservation. RV's are encouraged as we have a limited number of beds. Members pay \$20 per night for up to four people per RV. Guests pay \$25 per night for RV's. We have electrical and water, but no sewer hookups. Tents are \$15 for up to four people for members, \$18 for non. Pets are \$2 per night. Pets are not allowed in any of the buildings, pool area or sleeping rooms at any time.

Please include your full phone number, address and lodge name and number when registering. If you have e-mail, please enclose your e-mail address. It is so much faster and cheaper if I need to talk to you. As soon as the supply lists are available from the teachers, I will send them as I receive your registration form and check. **ABSOLUTELY NO E-MAIL RESERVATION REQUESTS.** I need the check and registration form. Be sure to send a self addressed stamped envelope for your supply list and class confirmation information if you do not have e-mail. I will not be sending you a supply list unless you send me a self-addressed, stamped envelope or your e-mail address with your registration form. I use Microsoft Word running on an XP program and all attachments will be attached from that program.

The cost of the seminar will be \$78 for registration which includes the class and wood piece all base coated and ready to go, the fire hall clean up and the meals. There will be \$25 cancellation fee, but absolutely no cancellations after April 2. Registration fees (less cancellation fee) can be refunded if you have to cancel up to April 1 if there is someone on the waiting list who wants your space. It is difficult for people on the waiting list to take your place if they do not have at least a three weeks to make their plans. Debbie Dawson will again do our cooking. The cost for food for the weekend is included in the \$78 registration fee. The food includes breakfast, lunch and dinner on Saturday and breakfast and lunch on Sunday. You were so very generous and cooperative with the cookies last time. I do so appreciate that. We will ask just one class to bring cookies, and will rotate those classes each time. The information will be in your supply list letter.

My e-mail address is pennyjknudsen@sbcglobal.net. My phone number is (916) 941-6433. Please complete the following registration form, make your check payable to Penny (not Camp Norge) and return as soon as possible with your stamped, self-addressed envelope for supply list if you do not wish to receive it by e-mail, to:

Penny Joseph Knudsen, 3774 Park Drive, El Dorado Hills, California 95762

APRIL 26/27, 2008 ROSEMALING SEMINAR REGISTRATION FORM

Name _____ Phone (____) _____ I need a room reservation: Yes____ No _____
Address _____ e-mail address _____ I want to room with: _____
City _____ Zip _____ Name of Lodge _____
Class I want is: Julie Anne _____ Sandra _____ Kay _____ I am bringing my RV _____
I am enclosing \$78 for registration fee for food and class. I am bringing my tent _____
My spouse and/or family will be eating with us and I enclose \$30 for each _____

SONS OF NORWAY 6th DISTRICT
APPLICATION FOR SCHOLARSHIP
TO AN ACCREDITED COLLEGE OR UNIVERSITY IN THE USA
APPLICATION MUST BE SUBMITTED BY APRIL 30, 2008

NAME IN FULL _____

BIRTHDATE _____ BIRTHPLACE _____

CURRENT ADDRESS _____

HOME ADDRESS _____

MARITAL STATUS: SINGLE (____) MARRIED (____) NUMBER OF CHILDREN (____)

WHAT IS YOUR MAJOR FIELD OF STUDY? _____

NAME & ADDRESS OF THE COLLEGE OR UNIVERSITY YOU ARE CURRENTLY ATTENDING OR EXPECT TO ATTEND _____

ENTER EITHER YOUR SONS OF NORWAY UNGE VENNER MEMBERSHIP NUMBER OR MEMBERSHIP NUMBER #, PLUS LODGE NAME & #

ELIGIBILITY REQUIREMENTS:

THE APPLICANT MUST:

- Be an Unge Venner member or member in good standing of a lodge in the 6th District.
- Have a grade point standing of 2.5 or better, based on a letter grade scale of -A=4, B=3, C=2, D=1 & F=0.
- Be attending an accredited four year college or university in your sophomore, junior or senior year or enrolled in an accredited four year program at a junior or community college & be in your sophomore year.
- Submit this completed application along with the items listed below to the chairperson of the 6th District Scholarship Committee.
- Submit 2 letters of recommendation. One from a faculty member of the institution you're attending & the other from a member of your lodge in District 6.

INFORMATION REQUIREMENTS:

An official transcript from a community college and/or college or university of work completed to date. This means a transcript sent from the college or university you are attending in a separate sealed envelope.

- A verified statement of extra-curricular activities in which you actively participated.
- An essay of not more that 250 words, giving reasons for wanting to receive a 6th District Scholarship.
- List the activities you have been involved in as a member of the Sons of Norway.

There is a maximum age limit of 23 years of age for anyone applying for this scholarship.

THIS SCHOLARSHIP WILL PROVIDE A SUM OF \$1,000.00. THE SCHOLARSHIP GRANT WILL BE PAID DIRECTLY TO THE APPLICANT UPON VERIFICATION OF ACCEPTANCE INTO AN ACCREDITED FOUR YEAR COLLEGE OR UNIVERSITY OR ENROLLED IN AN ACCREDITED FOUR-YEAR PROGRAM AT A COMMUNITY COLLEGE.

MAIL TO:

Vern P. Martin, 6th District Scholarship Chairperson
16985 Kawai Court
Fountain Valley, CA 92708

SONS OF NORWAY 6th DISTRICT SCHOLARSHIP APPLICATION

CONCORDIA LANGUAGE CAMP SUMMER SESSION 2008

Applicant must be over 13, (too old to attend the Sixth District Language & Heritage camp), be a **Heritage or Unge Venner Member of Sons of Norway District 6**. Applicant must be a lineal descendant of a member of District Six in good standing. Past campers at District Six Language/Heritage Camp will be given priority over applicants who were not past campers.

Applicant must apply directly to and meet all requirements of Concordia Language Camp:

The numbers & dates for the sessions are as follows: NB42 is June 30-July 12, 2008 for ages 12-17 or
NB82 is July 28-August 9, 2008 for ages 12 to 17.

The value of this scholarship is the current tuition for a 2-week session this summer.

CONCORDIA LANGUAGE VILLAGES "Skogfjorden". Scholarship is intended for Norwegian Language only. Positions are filled on a first come first served basis.

Concordia College
901 8th St.
Moorhead, MN 56562
(800) 222-4750 or (218) 299-4544
E-mail clv@cord.edu www.ConcordiaLanguageVillages.org

NAME _____

AGE _____ BIRTHDATE _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

TELEPHONE _____ E-MAIL _____

SONS OF NORWAY HERITAGE MEMBERSHIP NUMBER # _____

YEAR(S) ATTENDING DISTRICT 6 LANGUAGE CAMP _____

NAME OF PARENT, GRANDPARENT OR GREAT GRANDPARENT WHO IS THE SPONSORING LODGE MEMBER: _____

Relationship: _____ Parent _____ Grandparent _____ Great Grandparent

NAME OF LODGE _____

MEMBERSHIP # _____

Please attach some information about yourself (school, hobbies, and interests), what did you like about District 6 Language Camp & why you want to attend Concordia.

Mail completed Scholarship Application by **May 5, 2008** to: **Vern Martin, 16985 Kawai Court, Fountain Valley, CA 92708-2612. For information, call (714) 839-2502 or e-mail vpmar-tin@dslextreme.com.**

Roald Amundsen 6-48
 Sons of Norway
 P.O. Box 3734
 Citrus Heights CA 95611-3734

Non-Profit Organization
 U.S. Postage Paid
 Sacramento CA
 Permit #124

Website: www.sonsofnorwaysacramento.com

<p>President Carol Francis <u>csfnorge@jps.net</u></p> <p>Vice President Raye Brown 916.791.1908</p> <p>Secretary LaRena Hannon <u>lhannon@lanset.com</u></p> <p>Treasurer Ingrid Sceals <u>redsceals@yahoo.com</u></p> <p>Editor Stephen Rosenthal <u>rosen@winfirst.com</u></p> <p>Publisher Robert Dahl <u>rtdahl@sbcglobal.net</u></p>	<p><u>Viking Sisters</u> President Ann Sandner 916.366.8071</p>	<p><u>KALENDEREN</u></p> <p>April 5 Work party to clean up storage bldg. April 8 Lodge Meeting April 25 Lapskaus Dinner with movie May 2-3 Norway Days, San Francisco May 3 Bus Trip to Norway Days May 13 Lodge Meeting May 17 Syttende Mai: Barnetog, Loomis Park South</p> <p>Call Viking Sisters President for Viking Sisters meeting information. Meetings now held at Denny's, at the southeast corner of Watt Avenue and Auburn Boulevard, just south of Business Route 80 freeway. Generally, they meet the second Saturday of every month at 9:00am.</p> <p>Monthly lodge meetings are usually held at the Masonic Center, 5944 San Juan Avenue, Citrus Heights (just south of Greenback Lane). Start time is 7:00 pm. A cultural program is usually presented.</p>
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