

THE NAVIGATOR

A Publication of Roald Amundsen Lodge 6-48
Sons of Norway, Sacramento, California
May, 2009

Editor: Stephen Rosenthal
rosen@winfirst.com



Published Friday, May 1st, 2009.

NORWEGIAN TANKER RELEASED BY SOMALI PIRATES

Ransom paid: \$2.4 million.

American journalist infiltrates pirate activities.

Back on March 26, the Norwegian-owned, 23,000-ton chemical tanker "Bow Asir", registered in the Bahamas, was captured by pirates off the coast of East Africa, as reported by the Norwegian Shipowners' Association. The Norwegian captain was able to report the attack to the operators, Salhus Shipping in Bergen, before all communication with the vessel was cut. He said 16-18 men armed with machine guns had boarded the ship.

The ship was sailing along what is known as the "safe route" well outside the waters where pirates normally operate. The ship was taken to a harbor near the town of Eyl, on the Somali coast, and the pirates immediately demanded a ransom for the release of the vessel and crew.

The Norwegians plan to dispatch a frigate later this summer to join the

EU Naval Force which is patrolling off the Somali coast, but obviously this was going to be too late to help the "Bow Asir."



The "Bow Asir"

quarters for Somalia's ocean-going robbers. Here, captured ships are anchored near the fast boats used by their captors. Piracy has become the mainstay of the local economy. An entire industry has grown up around refitting the vessels used by the gangs.

The proceeds from hostage-taking and the sale of valuable cargoes have not been frittered away. Instead, the pirates have carefully reinvested their profits in faster boats with long range radios and satellite navigation systems.



Pirates attacking. Note sophisticated attack craft.

This has allowed them to extend their area of operations deep into the Indian Ocean. Once, they were only a coastal threat and large vessels could avoid them simply by remaining out to sea. The capture of another ship, the Sirius

The port of Eyl is the main head-

(Continued on page 2)

(Continued from page 1) **PIRATES**

Star, some 450 miles east of Mombasa, shows that Somalia's pirates have dramatically improved their capabilities and extended their reach.

All this creates jobs in Eyl, especially for people who refit and maintain fast boats. When hostages are brought to the port, they must be fed during their long period in captivity. Some restaurants in Eyl have reportedly been established especially for this purpose. Meanwhile, new villas are springing up along the coast and the town's streets are filled with expensive cars. Eyl is patrolled by numerous militiamen who ensure that any mission to rescue the hostages held in the town would be very risky.



New development along Eyl beachfront, paid for with pirate booty.

Nevertheless, an American correspondent, **Dick Tracysen**, was able to infiltrate the pirates' den. He hired a private contractor to drop him at sea near Eyl, along with snorkeling equipment, a satellite phone, a small cache of dynamite, and other paraphernalia, including a lot of cash denominated in Euros. Under cover of darkness, he swam to the beach near Eyl and casually walked into town. Since not everyone in the town is dark-complexioned (there are European—especially French—arms traders and other soldiers of fortune there making deals with the pirates, supplying the local businesses, etc.) he did not attract too much attention. However, he almost gave himself away when he asked someone where he could find a Starbucks or a MacDonalds.

The Navigator was able to receive Tracysen's daily reports by satellite phone, and this article is based on those reports. The second night, he shinnied up the Bow Asir's bow line to talk with the crew about a possible escape. The plan was to create a diversionary explosion by dynamiting the pirates' weapons magazine, thereby creating a huge secondary explosion, and then weighing anchor and sailing out of the harbor during the confusion. In fact, Tracysen had been able to plant his dynamite at the magazine the first night he was there.

But alas, Salhus Shipping had already turned chicken and had agreed to the \$2.4 million ransom, and the ship was preparing to leave port. It was rumored they had no confidence in Tracysen's abilities to free the ship. We could hear through the satellite phone that Tracysen was angry about this turn of events, as he felt that all the risks he had taken were going for naught.

The ship's captors had noticed Tracysen on board, but apparently assumed that he was just another crewman that they had not seen previously. Not to leave empty-handed, Tracysen talked the pirates into a game of bridge, and he handily won a goodly sum from the flush-with-cash pirates. He felt so good about it that he assured the Navigator's editor that he would not have to file an expense report for this trip.

Tracysen gave one of the pirates his satellite phone, which he had rigged to send an ignition signal to the planted dynamite when the seventh call from the phone was made. The pirate was most appreciative, and told Tracysen that he really thought **Mr. Obama** was a good guy, too.

Once the "Bow Asir" was over the horizon and well away from Eyl (April 10th), a terrific explosion was heard, but there have been no reports on what might have happened in the little town.

Mr. Tracysen is now on to his next assignment.



Photo of Eyl explosion taken by an aircraft that happened to be flying by.

FROM ROALD AMUNDSEN LODGE 6-48 PRESIDENT CAROL FRANCIS:

Celebrate syttende mai at the lodge's picnic and barnetog!

Hurra for syttende mai! Hurrah for the 17th of May! Norwegians celebrate the 17th of May as their grunnlovsdagen, or Constitution Day, in honor of their constitution signed on May 17, 1814, in Eidsvoll, Norway. This constitution was inspired by the United States Declaration of Independence, and U.S. and French constitutions. The Storting, or Parliament, held the first 17th of May celebrations in 1836, and the first children's parade was held in 1870. After a forced union with Sweden, Norway could finally stand proudly among the independent nations of the world on June 7, 1905. At the next 17th of May in 1906, King Haakon VII, Queen Maud, and Crown Prince Olav started the tradition of standing on the balcony of the Slotet (Royal Palace), and waving to the children marching by.

Tove-Lise Miller will do a cultural program for us on "syttende mai" at our next lodge meeting on Tuesday, May 12th, at 7 pm, at the San Juan Masonic Center. We will celebrate in Norwegian style in an event to be held outside on Sunday, May 17th, at 1:00 pm at the Loomis Park off Highway 80 at the Penryn exit (see flier). Join us for a picnic, with the barnetog or Children's Parade at 2:00 pm - celebrate the 17th of May with Norwegians!

Our 80th Anniversary Luncheon on Sunday, March 29th, was a great success, with 151 members and friends enjoying the day. I know you saw pictures in the last Navigator, but I had dutifully turned in my President's Message before the event. I wanted to thank **Cindy Paulson Hayashi** for all of her work with the caterer, on the reservations, and decorations, and **Carol Lee Solheim** for handling the membership awards, plus the many people who helped that day. We will mail the remaining awards to members who could not attend. My talk about Roald Amundsen, for whom our lodge is named, is printed in this issue.

We are implementing many ideas for im-

proving our lodge, including new types of cultural programs and a functioning library. On Tuesday, April 14th, we enjoyed cooking demonstrations after a very short lodge meeting. **Cindy Paulson Hayashi** showed us how to make mormonsen kake, or Norwegian almond cake, and **Carol Lee Solheim** and **Flor-ence Smith** made krumkaker, stuffed with strawberry cream, all of which we happily devoured.

We finished sorting our library books on Monday, April 20th, thanks to **Carol Lee and Øystein Solheim, Joe Hannon, Elaine Myer, Beth Solheim and myself**. We have the makings of a functional library in the shed; now we need a used library cart to bring out our beautiful books to help you learn about your Norwegian heritage. We will be selling surplus books at the Scandinavian Festival on October 3rd, and the Vikingfest on November 21st.

On Friday, April 24th, we had a very nice but small soup dinner and movie. It was a nice break from one or two members cooking all day and extensive cleanup afterwards. Lodge events do not

just happen; it is nice to see new faces helping out, but we could use even more new worker bees for the lodge in the near future. Please volunteer your time when you can!

In my remarks about Roald Amundsen at our anniversary dinner, I encouraged our lodge to commemorate an upcoming 100 year anniversary in 2011. On December 14, 1911, Roald Amundsen and four of his men arrived at the South Pole, ahead of the English expedition of Sir Robert Scott by over a month. By starting early, maybe we can lead a bigger celebration of this event. Let me know if you would like to work on this project. hilsen, **Carol**



Carol Lee Solheim checking her recipe.

APRIL 14TH MEETING FEATURES COOKING DEMOS... (See President Carol's Column)

Cindy Hayashi explaining her almond cake to Ron Byrd and Kristy Updegraff. Florence Smith and Beth Solheim serving the finished product. Your editor, as usual, biting off more than he can chew.



THE RECIPES...

MOR MONSEN KAKER (Bars)
(Norwegian Almond Cake)



Cindy Paulson Hayashi
(1966)

Pan: 12x18 jelly roll pan
Oven: 375°
Bake: 20-25 min. until a light golden
Serves: 56 (1"x2")

-
- Cream together:** 1 lb. butter, softened at room temp. (= 2 c.)
2 c. sugar
- Add:** 6 eggs -- one at a time, blending after each
- Stir in:** peel of 1 lemon, zested
3 t. almond extract
- Mix and Add:** 3 c. flour
1 t. baking power
- Sprinkle surface:** 1/3 c. blanched almonds, sliced or slivered
1/3 c. dried currants
3 t. granulated or pearl sugar, optional
- Butter the pan:** spray with Pam
-

Cream butter or margarine with sugar together with electric mixer set at medium speed, til light and fluffy.

Add eggs, one at a time, and blend thoroughly after addition. Then add in the flour and almond extract. Hold baking pan over sink or counter and spray with Pam (so you don't get the floor slippery!) Spread batter evenly onto the pan, sprinkle the surface with the almonds and currants. Press the garnish lightly into the batter so it does not fall off when cake is done.

Bake until cake is light golden and baked through, but not dry (as soon as no batter sticks to a toothpick).

Remove from oven and let cake cool in the pan, completely. Then cut into small triangles or squares with a table knife.

These cakes, frequently served at Norwegian events and Christmases, can be made 2 weeks before the feat, but they must then be wrapped in aluminum foil or placed in an airtight tin and stored in a cool place.

CAROL LEE'S KRUM KAGE

4 eggs, 1 C. sugar, 1C. butter, 1 C. flour, 2 Tablespoon corn starch, 1 Teaspoon cardimon

Beat eggs

Add sugar slowly

Add melted butter and flour and corn starch and cardimon

Mix very well; Cook in krum kage form.



Aislinn Phillips helping to sprinkle on the really good stuff.

THE FIRST NORWEGIANS IN AMERICA

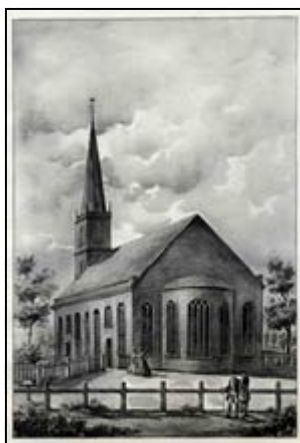
Some Norwegians living in the US in the 17th century...

The emigration of Norwegians to America began in 1825 with the arrival of the sloop *Restaurationen* from Stavanger bearing 52 passengers and crew seeking a new life in the New World. However, they were not the first Norwegians to settle on these shores. Two hundred years earlier a few individuals and families from Norway were living in the Dutch settlement called New Amsterdam, later to become New York City as we know it today.

Although earlier European navigators had explored the area for more than a century, it was the voyages of Henry Hudson in 1609 and the commercial interests of the Dutch East India Company that led to the founding of New Amsterdam in 1625. The legendary purchase of Manhattan Island from the Indians for approximately twenty-four dollars also occurred during this period, thus establishing legal possession of the land by the Dutch.

Colonization of New Amsterdam began in the spring of 1630 with the arrival of a Dutch ship and the disembarking of a party of fifty or more settlers, including eight or nine Norwegians. At the time both Norway and the Netherlands were maritime nations with their vessels and commercial interests ranging widely through the Western world and beyond. Thus a number of Norwegian mariners and their families were living in the Netherlands and several responded to offers from the Dutch India company to work as farmers or tradesmen in the new colony.

Legal documents, including marriage records, deeds conveying land or other property, and court proceedings provide considerable information regarding these early settlers. Further, a number of detailed genealogical records of specific individuals make it possible to move through successive generations over more than two hundred years. In one instance a Norwegian couple, Roelof Jansen and his wife Anneke Jans, left their home in the Norwegian city of Marstrand, and emigrated to the Netherlands and from there went to America in 1630. They settled first on a farm near Albany and later moved to New Amsterdam where they were



Trinity Church as it appeared in 1846.

given sixty acres along what is today the East River in lower Manhattan. After the English displaced the Dutch by military conquest, the property was confiscated by the royal family and later, in 1705, transferred to Trinity Church. Subsequent generations, claiming to be the legitimate heirs to the property have repeatedly challenged the va-

lidity of that transfer without success.

It is estimated that over the years and extending well into the first quarter of the twentieth century nearly twenty law suits have been brought against Trinity Church in an effort to recover the property. It has also been the object of various schemes perpetrated by swindlers seeking to attract investors with hopes of sharing in the inheritance. As one writer describes it, Anneke and her husband Roelof Jansen could never have dreamed that what once had been their plot of land would become perhaps the most expensive piece of real estate on the entire continent and also, “a *cause célèbre* in the annals of American jurisprudence.”

Marriage between the Dutch and Norwegians in New Amsterdam was not uncommon. Perhaps the most celebrated was when Dutch landowner Jan Van der Bilt married Anneken Hendricks from Bergen, thus marking the beginning of one of the oldest and wealthiest families in America. From this same line came the Remsen and Rosenkrantz families, resulting from inter-marriages which can ultimately be traced back to Norway.

Another of the early Norwegian settlers in New Amsterdam, who arrived in 1633, was Hans Hansen Bergen, also known as Hans Hansen Noorman, signifying his Norwegian origin. It is often suggested that what is today the largest and most populous county in New Jer-

(Continued on page 7)

(Continued from page 6) **FIRST NORWEGIANS**

sey, and once a part of New Amsterdam, derives its name from that early settler or the Norwegian city, but that is merely conjecture.

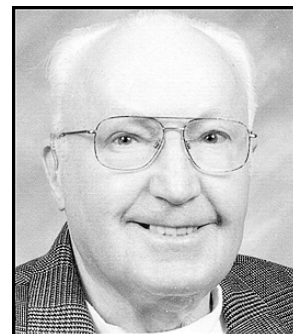
The Andriessen family, originally from Fredrikstad, is especially well documented. Arriving in New Amsterdam in 1637, Albert Andriessen became a tobacco planter and later operated two sawmills, and was involved in numerous legal disputes resulting from his business dealings and relationships. Overall some fifty or sixty Norwegians are thought to have settled in America during the seventeenth and eighteenth centuries, prior to the beginning of the emigration movement in 1825. In some cases they came as families under contract with merchants or landowners. In others they arrived as sailors or tradesmen aboard Dutch or English ships, and chose to remain.

Virtually all settled in New Amsterdam, under the Dutch, or in Boston, under the English. In any case their numbers were small, but over time their influence great. Who was the first to arrive and when may never be known. The earliest firm date seems to be 1631, when an English sea captain brought Hugh Gunnison to Boston. Gunnison later became a judge in the Massachusetts courts, and his ancestors spread from New England to the West where in Colorado a city, a river and a national monument all bear the Gunnison name.

And so it was years later, when the flood of Norwegian immigrants arrived on the eastern shores and soon made their way to the plains of the Midwest and across the mountains and desert to Washington in the north and California in the south – “from sea to shining sea.” (*Editor’s Note: Article by Dr. Richard C. Gilman, Pasadena, California, and printed herein with his permission.*)

LONG TIME LODGE MEMBER
GLENN PETERSON PASSES

Glenn R. Peterson, 84, passed away on April 4th, just six days after attending the chapter’s 80th birthday luncheon, at which he was awarded his 60 years of membership pin. Glenn was originally from Escanaba, Michigan but lived in Sacramento for many years. He was a Navy veteran, worked for the Southern Pacific Railroad, and also the California Department of Water Resources. Following his retirement at age 55, he did some contract work at McClellan Air Force Base.



Glenn R. Peterson

At age 65, Glenn took up ballroom dancing, which became a passion. In exchange for lessons, Glenn was the office administrator for the dance studio. He came to consider the dance community as extended family. He was an avid, award-winning dancer until he reached age 82.

Glenn was also a longtime member of the lodge, and proud of his Norwegian and Finnish heritage.

He is survived by his two daughters, the Reverend Dianne P. Andrews, Pastor of Grace Episcopal Church, Hulmeville, Penn, and Barbara Bigelow (Craig) of Pacific Grove; by his son, Roger Peterson of Sacramento, and numerous grandchildren and two great-grandchildren. Services were held on Saturday, April 25th, at St. Paul's Lutheran Church, 2958 59th St., Sacramento, 95817. Memorial contributions may be offered to the church. Members of Roald Amundsen Lodge convey their condolences to Glenn's survivors.



Here is a picture, somewhat better than the one in the April issue, of Glenn (third from right) receiving his 60-year pin. Also receiving the 60-year pins are Spencer and Patricia Gedestad, Roberth Karlstad (partially hidden and unfortunately not named in photo last month), and Helen Rezba.

REINDEER FLU SPREADING THROUGHOUT SCANDINAVIA

Doctors recommend a C₂H₅OH treatment, and letting disease run its course; pandemic not likely.

This peculiar influenza, which is believed to have jumped from reindeer to humans while reindeer were jumping, was first observed among the Sami in far northern Norway, but has now spread to the Norwegian population as a whole. The symptoms are quite peculiar, and are only observable in the spring. Among young men, there emerges an uncanny desire to butt heads with other young men. Among young women, there



Reindeer bucks butt heads while female stands by.

emerges a desire to witness the head-butting, and to date the man who is least damaged by an episode of it.

The illness can be treated by the patients indulging in heavy consumption of strong ale, which seems to finally create an atmosphere of good cheer among all of those afflicted.

Health officials suspect that the disease has spread to Sweden, but the general behavior of Swedes is so peculiar that it is difficult to discern whether or not the disease has made significant inroads there.

WHAT IT WAS LIKE THEN...

Solheim Lodge 6-69, Lodi, recently celebrated its 54th anniversary. Here is a rather nice remembrance tribute that your editor has copied out of their newsletter, the **Delta Viking**:

Fifty-four years ago, **Jan Kjera** recalls, she and a girlfriend had gone to the movies. While they were gone, a man who was from the Sons of Norway International office in Minneapolis came knocking on their door. He said he had looked in the phone book for names that looked Norwegian hoping to interest some in starting a new lodge in Stockton. His instincts were right on, choosing **Sherman and Jan Kjera's** door! Sherman signed up on the spot without even consulting Jan! There were close to 20 couples who became charter members on April 2, 1955 of which **Susie Brudvig, Jan Kjera, Gladys Skadden and Jack and Peggy Tonjum** are still members today! Meetings were first held in the Moose Hall [in] downtown Stockton and later [they] met at the Native Sons building also downtown. They danced to 50s tunes into the wee hours every month! What great times they had! The rest can't thank you enough for the love of heritage that brought you together and have kept traditions going for 54 years!

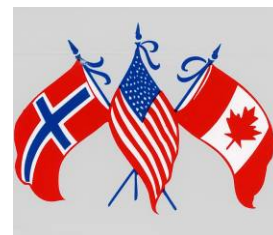
Quite likely that some our members know some of their members. Imagine, going door to door looking for Norwegians in this day and age!

INITIATIONS AT MAY 12TH LODGE MEETING!



Please take notice! Anyone not previously initiated into the lodge is invited to participate in an initiation ceremony to be held at the **Tuesday, May 12th meeting, starting at 7:00pm.** If anyone has questions

or needs further information, please contact Florence Smith, 916-783-8830, or darian98@surewest.net. We hope to see you there!



MEMORIAL DAY IN THE UNITED STATES—JUST ANOTHER LONG WEEKEND?

Memorial Day is a United States federal holiday observed on the last Monday of May (on May 25th this year). Formerly known as **Decoration Day**, it commemorates U.S. men and women who died while in military service to their country. First enacted to honor Union soldiers of the American Civil War (it is celebrated near the day of reunification after the civil war), it was expanded after World War I to include American casualties of any war or military action.

According to Professor David Blight of the Yale University History Department, the first *memorial day* was observed in 1865 by liberated slaves at the historic race track in Charleston. The site was a former Confederate prison camp as well as a mass grave for Union soldiers who died in captivity. The freed slaves re-interred the dead Union soldiers from the mass grave to individual graves, fenced in the graveyard and built an entry arch declaring it a Union graveyard. This was a daring action for them to take in the South shortly after the North's victory. On May 30, 1868, the freed slaves returned to the graveyard with flowers they had picked from the countryside and decorated the individual gravesites, thereby creating the first Decoration Day. A parade by thousands of freed blacks and Union soldiers from the area was followed

by patriotic singing and a picnic.

General Orders No. 11, Grand Army of the Republic Headquarters, By Command of John A. Logan, Commander in Chief, May 5, 1868:

The 30th day of May, 1868, is designated for the purpose of strewing with flowers, or otherwise decorating the graves of comrades who died in defense of their country during the late rebellion, and whose bodies now lie in almost every city, village and hamlet churchyard in the land. In this observance no form or ceremony is prescribed, but Posts and comrades will, in their own way arrange such fitting services and testimonials of respect as circumstances may permit.

We are organized, Comrades, as our regulations tell us, for the purpose among other things, "of preserving and strengthening those kind and fraternal feelings which have bound together the soldiers, sailors and marines, who united to suppress the late rebellion." What can aid more to assure this result than by cherishing tenderly the memory of our heroic dead? We should guard their graves with sacred vigilance. All that the consecrated wealth and taste of the nation can add to their adornment and security, is but a fitting tribute to the memory of her slain defenders. Let pleasant paths invite the coming and going of reverent visitors and fond mourners. Let no neglect, no ravages of time, testify to the present or to the coming generations that we have forgotten as a people the cost of a free and undivided republic.

If other eyes grow dull and other hinds slack, and other hearts cold in the solemn trust, ours shall keep it well as long as the light and warmth of life remain in us.

Let us, then, at the time appointed, gather around their sacred remains, and garland the passionless mounds above them with choicest flowers of springtime; let us raise above them the dear old flag they saved; let us in this solemn presence renew our pledge to aid and assist those whom they have left among us a sacred charge upon the Nation's gratitude—the soldier's and sailor's widow and orphan... (Let us hope that the U.S. Congress continues to pay heed to this last line as this latest wave of widows, widowers, and orphans is created. – Ed.)

Closely following the end of the Civil War, many communities set aside a day to mark the end of the war or as a memorial to those who had died. Some of the places creat-

ing an early memorial day include Sharpsburg, Maryland, located near Antietam Battlefield; Charleston, South Carolina; Boalsburg, Pennsylvania; Richmond, Virginia; Carbondale, Illinois; Columbus, Mississippi; many communities in Vermont; and some two dozen other cities and towns. These observances coalesced around Decoration Day, honoring the Union dead, and the several Confederate Memorial Days.

The official "birthplace" of Memorial Day is Waterloo, New York. The village was credited with being the place of origin because it observed the day on May 5, 1866, and each year thereafter. The friendship between General John Murray, a distinguished citizen of Waterloo, and General John A. Logan, who helped bring attention to the event nationwide, likely was a factor in the holiday's growth.

Logan had been the principal speaker in a citywide memorial observation on April 29, 1866, at a cemetery in Carbondale, Illinois, an event that likely gave him the idea to make it a national holiday. On May 5, 1868, in his capacity as

commander-in-chief of the Grand Army of the Republic, a veterans' organization, Logan issued a proclamation that "Decoration Day" be

(Continued from page 9) **MEMORIAL DAY**

observed nationwide (see insert). It was observed for the first time on May 30 of the same year; the date was chosen because it was *not* the anniversary of a battle. The tombs of fallen Union soldiers were decorated in remembrance.

The alternative name of "Memorial Day" was first used in 1882. It did not become more common until after World War II, and was not declared the official name by Federal law until 1967. On June 28, 1968, the United States Congress



Arlington Cemetery on Memorial Day

passed the Uniform Holidays Bill, which moved three holidays from their traditional dates to a specified Monday in order to create a convenient three-day weekend. The holidays included Washington's Birthday, now celebrated as Presidents' Day; Veterans Day, and Memorial Day. The change moved Memorial Day from its traditional May 30 date to the last Monday in May. The law took effect at the federal level in 1971.

REFRESHMENTS AT LODGE MEETINGS

May 12	Steve Rosenthal
June 9	Need volunteer
August 11	Steve and Yvette Loberg
September 8	Carol Francis and Gwen Lokke
October 13	LaRena and Joe Hannon
November 10	Cecelia Byrd
December 8	Need volunteer

Today many observe this holiday by visiting cemeteries and memorials. A national moment of remembrance

Camp Norge Scholarships for Language Camp 2009 From Roald Amundsen Lodge

July 12-25
Ages 8-13
Camp Norge Recreation Center
Alta, CA

Camp apps. were due no later than May 1, 2009

Applications available at www.campnorge.com

Limited Number of Scholarships available
Scholarships pay half of camp cost
Camp costs \$750 per child

In order to receive the scholarship, each applicant needs to give a report, after camp, to the lodge. Reports may be in the form of a report mailed to the lodge. if an applicant is unable to attend the **September 8th** lodge social. Reports can be pictorial, video, or written.

Scholarship requests need to be in a letter or email. Emails are to be sent to joeandheidigreen@gmail.com
Scholarship letters can be mailed to:

Joe Green
3313 Brookwood Rd.
Sacramento, CA 95821

Scholarship application letters must be received by the May 12th lodge meeting

takes place at 3 p.m. Eastern Time. Another tradition is to fly the flag of the United States at half-staff from dawn until noon local time. Volunteers often place American flags on each gravesite at National Cemeteries. Many Americans also use Memorial Day to honor other family members who have died. Members of the Veterans of Foreign Wars take donations for poppies in the days leading up to Memorial Day; the poppy's significance to Me-

memorial Day is the result of the John McCrae poem "In Flanders Fields."

In addition to remembrance, Memorial Day is also used as a time for picnics, barbecues, family gatherings, and sporting events. One of the longest-standing traditions is the running of the Indianapolis 500, which has been held in conjunction with Memorial Day since 1911. *(Your editor has borrowed heavily from Wikipedia and other internet sources.)*

ROALD AMUNDSEN LODGE, SONS OF NORWAY



“17th OF MAY”



CELEBRATION

BARNETOG (Children’s Parade) and Potluck Picnic

When: SUN., MAY 17, 2009 1:00 pm

Where: **LOOMIS PARK SOUTH**, 6909 King Road, Loomis, CA
Directions: Take Hwy 80 East to Penryn exit, right on Penryn Rd, right on King Rd. about ¼ mile, left on Ong Rd – look to covered picnic area to right.

WEAR: Red-white-and-blue! and also bring Norwegian flags, if you have them (national costumes would be too warm to wear).

FEATURING: Barnetog (Children’s parade) at 2:00pm, potluck picnic, horseshoe, a chance to relax and visit. The park also has basketball, baseball, and play area facilities.

BRING: Potluck dish to share with others along with serving utensils (salads, beans, chips, dessert, etc.). Bring whatever you want to grill and to drink. Bring Norwegian relatives and friends. There are picnic tables in the pavilion but you might want to bring your folding camp chair for more comfort. Camera.

NOTE: Lodge will provide barbecue grill & briquettes, plates, cups, napkins, and plastic cutlery.

CONTACT: Call Ann Sandner at 916-366-8071 for questions or email asandner@aol.com.

C.H.



Memorial Day Weekend May 23, 24, 25, 2009 Camp Norge, Alta, California



The Recreation Center Board welcomes you to Camp Norge for a three-day camping experience at your own recreation center on Memorial Day Weekend. If you do not have a tent or RV, call the Manager (530) 389-2508 for a room.

We have planned the following activities for your weekend:

Saturday

- Breakfast
- Lunch
- Craft Fair in the Meadow
- Explore area on your own or just relax
- Dinner
- Bingo

Sunday

- Breakfast
- Lunch
- Horseshoes & other games
- Raffle drawing
- Dinner

Monday

- Breakfast

PRE-REGISTRATION OF YOUR MEALS IS NECESSARY TO ALLOW US TO PURCHASE THE CORRECT AMOUNT OF FOOD.

Registration Deadline: May 15, 2009. (Make check payable to Camp Norge)

Mail this form and check to Dale Baker, 9352 Castlemont Circle, Orangevale, CA 95662

MEMORIAL DAY WEEKEND

Name: _____ Lodge _____

Address _____ City _____ State _____ Zip _____

Telephone _____

Meals you wish to purchase:

Saturday Breakfast – Adults _____ x \$5.00 = \$ _____ Children _____ x \$2.50 = \$ _____

Saturday Lunch Adults _____ x \$5.00 = \$ _____ Children _____ x \$2.50 = \$ _____

Saturday Dinner Adults _____ x \$10.00 = \$ _____ Children _____ x \$5.00 = \$ _____

Sunday Breakfast Adults _____ x \$5.00 = \$ _____ Children _____ x \$2.50 = \$ _____

Sunday Lunch Adults _____ x \$5.00 = \$ _____ Children _____ x \$2.50 = \$ _____

Sunday dinner is potluck. Please bring a dish to share and your own place settings

Monday Breakfast Adults _____ x \$5.00 = \$ _____ Children _____ x \$2.50 = \$ _____

If you wish to register for all the meals, you get a discount. Send a check for \$33 for each adult and \$16.50 for each child 12 years and under.

SIDEBARS FROM THE EDITOR...

Garrison Keillor of Lake Wobegone fame is coming to the Memorial Auditorium on Tuesday, September 22. Tickets cost from \$35 to \$70 – Google Tickets-now.com.

The **Gulldalen Lodge** honored us by sending twelve members to our 80th Anniversary Luncheon! They were **Mary Lou Dick, Max and Siri Fenson, Judy Jennison and Andrew Tidwell, Astrid Knutsen, Jim and Irene Lucas, Nels and Sylvia Nelson, Else Sanzone and Betty Williamson.** Thanks for the tribute, Gulldalen!

Chico's **Viking Lodge** also sent twelve members, but we do not have their individual names at hand. Thank-you, Viking! And thanks again to all the lodges that honored us with their presence!

The lodge's **BBQ dinner** in August will be a catered event...

The date December 14th of this year will mark the 100 year anniversary of **Roald Amundsen's** arrival at the South Pole. It has always been rumored that, as he was planting the Norwegian flag into the ice, he turned to the guy next to him and said, "You know, someday they will name a Sons of Norway lodge after me!"

If you are receiving email notification that the current issue of **The Navigator** is available on the website, then we obviously have your email address. If not, we either have a bad email address for you, or none at all. If you submit

your correct address to us (rosen@winfirst.com), then you will receive such notification in the future. For those of you that receive the printed version, if you have occasional access to the internet, you can go to the website and see the color version of the newsletter..

CALENDAR OF EVENTS – 2009
(Current as of 5/1/09 but always subject to change) **Roald Amundsen Lodge 6-48, San Juan Masonic Center, 5944 San**

JANUARY	FEBR	APRIL	MAY	JUNE
13th – Lodge Meeting, Initiation of New Members 7:00 p.m. 18 th – Installation of Officers – Mills Station – 1:30 p.m., Sunday	10 th – Lodge Meeting 7:00 p.m. 21st—Torsk Dinner 28 th —Member C shop, Mills Station (Saturday)	14 th – Lodge Meeting, 7:00 p.m. 24 th - Lodge Social Friday	2 nd -Norway Day bus trip 12 th – Lodge Meeting, 7:00 p.m. 17 th – 17 th of May Social, 1:00pm – Park in Loomis (Sunday) 23 rd -Memorial Day Weekend, Camp Norge	9 th – Lodge Meeting, 7:00 p.m.
JULY	AUGUST	SEPTEMBER		
NO LODGE MEETING. NAVIGATOR NOT PUBLISHED. 13 th – Lodge Board Meeting – Carols Francis' house	11 th – Lodge Meeting, 7:00 p.m. 16 th - Multi Lodge Picnic, Sunday Camp Norge 21 st – BBQ Dinner, Friday -6:30 p.m.	8 th – Lodge Meeting, 7:00 p.m.		
OCTOBER	NOVEMBER	DECEMBER		
3 rd – Scandi Festival, Saturday 10 th – Lutefisk Dinner, 5:00 p.m. Saturday 13 th – Lodge Meeting, 7:00 p.m.	10 th – Lodge Meeting, 7:00 p.m. 21 st – Vikingfest, 10:00 a.m. – 3:00 p.m., Saturday	8 th – Lodge Meeting, 7:00 p.m. 12 th – Lodge Social, 5:30 p.m. Saturday 27 th – Children's Party – Mills Station, Sunday		

'TIL DOVRE FALLS
a play about the 1814 drafting of the Norway Constitution
...written by Jim Lucas
...performed by Gulldalen Teater Gruppe



Monday, May 11, 7PM
at Gold Country Community Center (Fairgrounds, Gate 2)

Waffles, Lingonberries and Cream
\$3.00

RSVP by May 5
to Judy Jennison (432-8270) or Karen Olsen-Salisbury (273-7514).
If you RSVP **ON TIME**, your name will be entered into a (free) raffle drawing, giving you a chance to win a prize.

Roald Amundsen 6-48
 Sons of Norway
 P.O. Box 3734
 Citrus Heights CA 95611-3734

Non-Profit Organization
 U.S. Postage Paid
 Sacramento CA
 Permit #124

Roald Amundsen Lodge Website: www.sonsofnorwaysacramento.com. Check it out!

PLEASE SUPPORT OUR
 ADVERTISERS

President
Carol Francis
csfnorge@jps.net

Secretary
Florence Smith
darian98@surewest.net

Treasurer
Ingrid Sceals
redsceals@yahoo.com

Editor
Stephen Rosenthal
rosen@winfirst.com

Publisher
Robert Dahl
rt Dahl@sbcglobal.net



Carol S. Francis
Independent Agent

7601 Sunrise Blvd., No. 11A
 Citrus Heights, CA 95610
 Email: actiontravel@surewest.net
 Home: csfnorge@jps.net

Bus. (916) 723-3355
 Fax (916) 723-0314
 Home (530) 878-3824
 Cell (916) 390-0953

Monthly lodge meetings are usually held 2nd Tuesday at the Masonic Center, 5944 San Juan Avenue, Citrus Heights (just south of Greenback Lane). Start time is 7:00 pm. A cultural program is usually presented.

KALENDEREN

<u>Viking Sisters</u>	May 2	Norway Days Bus Trip
President	May 10	Mothers' Day (don't forget)
Ann Sandner	May 12	Lodge Meeting (initiations)
asandner@aol.com	May 16	Armed Forces Day (fly flag)
	May 17	17th of May Barnetog (Norge flag)
	May 25	Memorial Day (fly flag)
	Aug 21	Catered BBQ dinner

Viking Sisters:

Call Viking Sisters President for Viking Sisters meeting information. Meetings now held at Denny's, at the southeast corner of Watt Avenue and Auburn Boulevard, just south of Business Route 80 freeway. Generally, they meet the second Saturday of every month at 9:00am.