

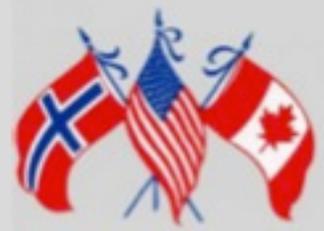
THE NAVIGATOR

A Publication of Roald Amundsen Lodge 6-48
Sons of Norway, Sacramento, California
March, 2010

Editor: Steve Loberg
steve.loberg@mac.com

www.sonsofnorwaysacramento.com

Published Thursday, February 25, 2010



FROM ROALD AMUNDSEN LODGE 6-48 PRESIDENT CAROL FRANCIS:

Er det vinter eller er det vår? The weather outside just can't decide, is it winter or is it spring? As I write this, it is 39 degrees centigrade, or 3.9 degrees celcius, and more like November in Norway than spring in California. Norway is on my mind, as I bought my ticket to Iceland and Norway yesterday, and am enjoying the Olympics. I admit to a little thrill seeing the Norwegian flag on TV, although I don't think the Norwegians are happy with the results. They have had moments of glory though.

Wow, I actually had fun while serving as president of the lodge! Don't get me wrong, I experience moments of joy and pride, along with fatigue and hard work, but fun is usually not on the horizon. Going to Camp Norge with six of our excellent young people, and four other very nice adults, for a snow weekend this month qualified as GREAT FUN! It was a relaxing weekend, complete with old-fashioned games of Clue and Uno, four or five feet of snow at Yuba Gap where we spent Saturday, and many laughs. We are already planning for next year, and hope that more people can go.



Our cultural programs have been excellent lately! Thanks to Penny Joseph Knudsen for rosemaling in January, and Beth Solheim for genealogy in February! We learned how to properly name a traditional Norwegian family, with Øystein Solheim getting the name of his great great paternal grandfather as the eleventh child. David Bailey is reviewing *Giants in the Earth: A Saga of the Prairie*, by Ole Edvart Rolvaag, about North and South Dakota at our lodge meeting on March 9th; maybe we can hear some other stories of ancestors on the prairies over coffee! And Carol Lee Solheim is doing her first presentation as librarian, on books by Rolvaag that you can check out.

Getting more cultural programs and getting our kids involved in lodge activities were the themes we discussed at leadership training. We are talking about forming a long-term cultural committee to generate creative ideas for teaching members and guests about Norway; would you like to serve the lodge in this way? I am only a phone call or email away if you can help, 916-390-0953 or csfnorge@jps.net.

I have been thinking about rainbows. When we lose members, I feel blessed if they had long and full lives like Lorraine Hordorff and Lucile Parton, who died in January. When I see their smiling pictures, I think of them at the other end of the rainbow. May we all remain as healthy and positive! My condolences to their families.

One last thing: will you Norwegians explain to me why our Lutefisk dinners sell out, and we have empty seats for delicious Icelandic cod (torsk) dinners? I dutifully take one bite of lutefisk a year, but you will definitely see me at the **Torsk and Meatball dinner on Saturday, March 13th**, actually eating the fish! Get your reservations in now! Håper vi sees snart, hope to see you soon! klem, hugs, Carol Francis

KALENDAR:

Tuesday, March 9th, 7 pm - Lodge meeting, Cultural Program by David Bailey on *Giants in the Earth: A Saga of the Prairie*, by Ole Edvart Rolvaag, about North and South Dakota. Refreshments: Raye Brown.

Saturday, March 13th, Torsk Dinner (Icelandic Cod), 5 pm social, 6 pm dinner, Orangevale Grange Hall (see flier). Cultural program on Medieval times in Norway, Sweden and Finland, from research by Carol Francis

Save the dates:

Tuesday, April 13th, 7 pm, Lodge meeting at San Juan Masonic Hall; Refreshments, Ron and Cecelia Byrd.

Friday, April 23rd, 6 pm, Soup Social at San Juan Masonic Hall, see flier in Navigator! Movie "Sweetland" about early immigrants, and popcorn to follow.

Winter Olympics 2010 Top 11 Medal Count

Country	Gold	Silver	Bronze	Total
United States	9	15	13	37
Germany	10	13	7	30
Canada	14	7	5	26
Norway	9	8	6	23
Austria	4	6	6	16
Russian Federation	3	5	7	15
Korea	6	6	2	14
China	5	2	4	11
Sweden	5	2	4	11
France	2	3	6	11
Switzerland	6	0	3	9

Designed by NORBx

**Camp Norge Scholarships for
Language Camp 2010
From Roald Amundsen Lodge**

July 11-24
Ages 8-13
Camp Norge Recreation Center
Alta, CA

Camp Applications are due no later than May 1, 2010

Applications available at
www.campnorge.com

Limited Number of Scholarships available
Scholarships pay half of camp cost
Camp costs \$750 per child

In order to receive the scholarship, each applicant needs to give a report, after camp, to the lodge.

Reports may be in the form of a report mailed to the lodge if an applicant is unable to attend the **September 14th** lodge meeting.

Reports can be pictorial, video, or written.
Scholarship requests need to be in a letter or email.
Emails are to be sent to joeandheidigreen@gmail.com
Scholarship letters can be mailed to:
Joe Green
3313 Brookwood Rd.
Sacramento, CA 95821

**Scholarship application letters must be received
by the May 11th Lodge Meeting**

FROM THE LODGE TREASURER....

We have put an expense reimbursement form on the web site that I hope persons seeking reimbursement will download and use. Of course, within reason, I will accept any similar 8 1/2 x 11 format with receipts attached, but I am trying to avoid having to keep track of small slips of paper reimbursement requests. Your cooperation regarding this matter will be much appreciated.

ROALD



AMUNDSEN LODGE

SONS OF



NORWAY

Free Torsk & Meatball Dinner to anyone who signs up for new membership! (Annual dues is \$52.50 for first member, \$45.50 for spouse)

SAT., MARCH 13, 2010

Social Hour 5:00pm Dinner 6:00pm



ORANGEVALE GRANGE HALL 'NEW LOCAL'

5807 WALNUT AVE. in ORANGEVALE

(going east on Madison, it's the first left after Pershing/light)

call Carol Francis' cell if you get lost (916)390-0953

TORSK &

(Icelandic Cod)

MEATBALL DINNER

Cultural program Door prizes.



after dinner.

Torsk Dinner Reservation Form:

PRE-PAID RESERVATIONS ONLY

NO TICKET SALES AT DOOR.

ADULT S/N MEMBERS \$17.00 NON-MEMBERS \$20.00

CHILDREN 10 & UNDER \$6.00

~ ~ ~

NOTE: DEADLINE TO MAIL IS MAR. 3rd

Make check payable to "SONS OF NORWAY"

MAIL TO: CINDY HAYASHI, P.O. BOX 814, CARMICHAEL, CA 95609

(Questions? 916.488.9901 email: cindycyc@surewest.net)

www.sonsofnorwaysacramento.com

clip & mail

Please reserve the following tickets: "Torsk & Meatball Dinner" Tickets will be held at the door for you.

Member name(s) _____

Non-member/Guest names(s) _____

Phone number & e-mail _____

of Members _____ @ \$17.00 each Total \$ _____

of Non-members _____ @ \$20.00 each Total _____

Child tickets _____ @ \$6.00 each Total _____

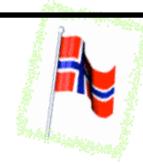
Grand Total: \$ _____

(DETACH AND MAIL TO ABOVE ADDRESS BY MAR. 3rd, 2010)

The 2010 Winter Olympic Medalists for Norway (continued from page 7):

Bronze Medallists

 <p>Alpine Skiing - Men's Giant Slalom  SVINDAL Aksel Lund</p> <p>View Event Information</p>	 <p>Ski Jumping - Team  HILDE Tom EVENSEN Johan Remen JACOBSEN Anders BARDAL Anders</p> <p>View Event Information</p>
 <p>Freestyle Skiing - Men's Ski Cross  GROENVOLD Audun</p> <p>View Event Information</p>	 <p>Speed Skating - Men's 1500 m  BOKKO Havard</p> <p>View Event Information</p>
 <p>Cross-Country Skiing - Men's Individual Sprint Classic  NORTHUG Petter</p> <p>View Event Information</p>	 <p>Cross-Country Skiing - Ladies' 10 km Free  BJOERGEN Marit</p> <p>View Event Information</p>



ROALD
AMUNDSEN LODGE
SONS OF NORWAY

www.sonsofnorwaysacramento.com



SOUP SOCIAL

FRI., APRIL 23, 2010 -- 6:00 pm

SAN JUAN MASONIC HALL

5944 SAN JUAN AVE., CITRUS HEIGHTS, CA



'Bring' your favorite soup...to share
Enough to serve 6-10 people (in crock pot or kettle).

The lodge will provide salad, bread, beverage, and dessert.

Popcorn and movie will follow !

Film is "Sweetland"

Free to all members

Attendance will be limited to 60



~ ~ ~
Email or call for reservations by April 18 -- CINDY HAYASHI
916.488.9901 email: cindycyc@surewest.net

The newly reinstated Roald Amundsen Lodge enjoyed a snow weekend at Camp Norge at Alta from February 5th-7th. Six of our youth in attendance participated, including Stephanie and Allie Kiger, Jack and Alex Wyatt, Anders Thue, and . Activities included sledding in the meadow at Camp Norge, more snow and indoor sports at the snow park at Yuba Gap, many games of Clue, Uno, and dominos, eating, and laughing a lot. Junior Lodge is open to youth ages eight through eighteen, although prior attendees of language heritage camp may join us through college. For more information, contact Jessica Brown, jessicabrown14@yahoo.com. We are already planning the next trip.



Youth Director Jessica Brown and her daughter Aislinn Phillips



Alex Wyatt very seriously starts his run



Jack Wyatt takes on Curt Thue and Anders Thue at Füssball



Anders Thue, Alex Wyatt, and Curt Thue play a spirited game of Uno



Proving his Norwegian blood, Anders Thue did fall asleep in the snow



Breakfast of champions, clockwise from left front Allie Kiger, Alex Wyatt, Curt Thue, Kevin Kiger, Linda-Thon Kiger,

Jessica Brown, Stephanie Kiger, Aislinn Phillips, Anders Thue, Jack Wyatt

The 2010 Winter Olympic Medalists for Norway (Bronze Medalists on Page 4):

Gold Medalists



Cross-Country Skiing - Men's 50 km, Mass Start Classic
 NORTHUG Petter

[View Event Information](#)



Biathlon - Men's 4x7.5 km Relay
 BOE Tarjei
 BJOERNDALEN Ole Einar
 SVENDSEN Emil Hegle
 HANEVOLD Halvard

[View Event Information](#)



Cross-Country Skiing - Ladies' 4x5 km Relay Classic/Free
 BJOERGEN Marit
 SKOFTERUD Vibeke W
 STEIRA Kristin Stoermer
 JOHAUG Therese

[View Event Information](#)



Cross-Country Skiing - Men's Team Sprint Free
 PETERSEN Gystein
 NORTHUG Petter

[View Event Information](#)



Alpine Skiing - Men's Super-G
 SVINDAL Aksel Lund

[View Event Information](#)



Cross-Country Skiing - Ladies' 15 km Pursuit (7.5 Classic+7.5 Free)
 BJOERGEN Marit

[View Event Information](#)



Biathlon - Men's 20 km Individual
 SVENDSEN Emil Hegle

[View Event Information](#)



Biathlon - Women's 15 km Individual
 BERGER Tora

[View Event Information](#)



Cross-Country Skiing - Ladies' Individual Sprint Classic
 BJOERGEN Marit

[View Event Information](#)

Silver Medalists



Curling - Men
 Norway

[View Event Information](#)



Cross-Country Skiing - Ladies' 30 km, Mass Start Classic
 BJOERGEN Marit

[View Event Information](#)



Cross-Country Skiing - Men's 4x10 km Relay Classic/Free
 JOHNSRUD SUNDBY Martin
 NORTHUG Petter
 HJELMESET Odd-Bjoern
 BERGER Lars

[View Event Information](#)



Alpine Skiing - Men's Giant Slalom
 JANSRUD Kjetil

[View Event Information](#)



Freestyle Skiing - Ladies' Ski Cross
 BERNTSEN Hedda

[View Event Information](#)



Biathlon - Men's 20 km Individual
 BJOERNDALEN Ole Einar

[View Event Information](#)



Alpine Skiing - Men's Downhill
 SVINDAL Aksel Lund

[View Event Information](#)



Biathlon - Men's 10 km Sprint
 SVENDSEN Emil Hegle

[View Event Information](#)

FIFTY FIRST ROSEMALING SEMINAR AT CAMP NORGE

APRIL 24/25, 2010

It is time to make your reservations for the adult (18 years and over) spring Rosemaling Seminar at Camp Norge. We will have three classes. The teachers are Julie Anne Droivold, Kay White, and Cheryl Seath.

We will be painting on a beautiful 12 inch scalloped, beaded square plate. Julie Anne is teaching a Hallingdal design on a red/orange background with sponging on the rim edge. This should be a fun pattern to paint. Kay is teaching an Os style on a blue background.. Cheryl Seath will be teaching the beginner's class using an Os style on a red background with design inspiration from the Os chair featured in the Vesterheim publication Vol. 1, No. 1, 2003. Look on the Camp Norge Website for pictures of all three projects: www.Campnorge.com shortly after February 10th.

Please make your room reservation with me. I develop the list of who is in which room. You will pay for your room when you arrive at Camp. It is not included in your class fee. Bring your current membership card. Members pay \$15 per night; guests pay \$20 for dorms, plus 8% Placer County Occupancy Tax. Only members are allowed to stay in the main house and the cozy cabins. For people who want to room together, I need to receive the list of names with the first reservation. RV's are encouraged as we have a limited number of beds. Members pay \$20 per night for up to four people per RV. Guests pay \$25 per night for RV's. We have electrical and water, but no sewer hookups. Tents are \$15 for up to four people for members, \$18 for non members. Pets are \$2 per night. Pets are not allowed in any of the buildings, pool area or sleeping rooms at any time.

Please include your full phone number, address and lodge name and number when registering. If you have e-mail, please include your e-mail address. It is so much faster and cheaper if I need to talk to you. As soon as the supply lists are available from the teachers, I will send them as I receive your registration form and check. ABSOLUTELY NO E-MAIL RESERVATION REQUESTS. I need the check and registration form together. Be sure to send a self addressed stamped envelope for your supply list and class confirmation information if you do not have e-mail. I will not be sending you a supply list unless you send me a self-addressed, stamped envelope or your e-mail address with your registration form. I use Microsoft Word running on an XP program and all attachments will be attached from that program.

The cost of the seminar will be \$80 for registration which includes the class and wood piece all base coated and ready to go, hall rent and clean up, and the meals. There will be \$25 cancellation fee for any cancellations, but absolutely no cancellations after April 7th. Registration fees (less cancellation fee) can be refunded if you have to cancel up to April 7th if there is someone on the waiting list who wants your space. It is difficult for people on the waiting list to take your place if they do not have at least three weeks to make their plans. Melanie Souza will again do our cooking. The cost for food for the weekend is included in the \$80 registration fee. The food includes breakfast, lunch and dinner on Saturday and breakfast and lunch on Sunday. You were so very generous and cooperative with the cookies last time. I do so appreciate that. We will ask just one class to bring cookies, and will rotate those classes each time. The information will be in your supply list letter.

My e-mail address is pennyjknudsen@sbcglobal.net. My phone number is (916) 941-6433. Please complete the following registration form, make your check payable to Penny (not Camp Norge) and return as soon as possible with your stamped, self-addressed envelope for supply list if you do not wish to receive it by e-mail, to:

Penny Joseph Knudsen, 3774 Park Drive, El Dorado Hills, California 95762

APRIL 24/25, 2010 ROSEMALING SEMINAR REGISTRATION FORM

Name _____ Phone (____) _____ I need a room reservation: Yes _____ No _____
Address _____ e-mail address _____ I want to room with: _____
City _____ Zip _____ Name of Lodge _____
Class I want is: Julie Anne _____ Cheryl _____ Kay _____ I am bringing my RV _____
I am enclosing \$80 for registration fee for food and class. I am bringing my tent _____
My spouse and/or family will be eating with us and I enclose \$30 for each _____

Sons of Norway member passes away.

Lucile Parton

Born in 1918 in Primrose, Nebraska, the eldest of seven, and passed away on Jan. 10, 2010, at the age of 91. She is survived by daughters, **Helen Zinn** of Sacramento and **Patricia Schilder** of Orangevale, **Barbara Lyle** of Portland, OR; grandchildren, Andrea Konstad, Debrea Napior, Thomas Lyle, Brian Schilder, Susan Thomas, Nancy Schilder; and seven great-grandchildren. Lucile married Louis Parton in 1937. In 1945, they moved from Nebraska to Oregon. In 1964, they moved to Tunisia, North Africa to work with the U.S. A.I.D. for five years. They then settled in Bakersfield. They retired in Orangevale to be closer to their daughters and grandchildren. She taught school from 1937-1974 in Nebraska, Oregon, Tunisia, and Bakersfield. She and Louis spent their retirement years visiting friends and relatives, and traveling the world. Lucile was an active member in: Amaranth, CCC Club, Eastern Star, Fair Oaks Presbyterian Church, Ladies Thursday Club, Masonic Club, **Orangevale Grange**, and **Sons of Norway**. She was a passionate quilter, giving beautiful quilts to her family and community.



President Carol Francis congratulates long-time members Patricia Schilder and Helen Zinn on their mother Lucile Parton's forty years of membership in Sons of Norway.

Lodge Members' Travels

This month's featured travel destination is Ireland.

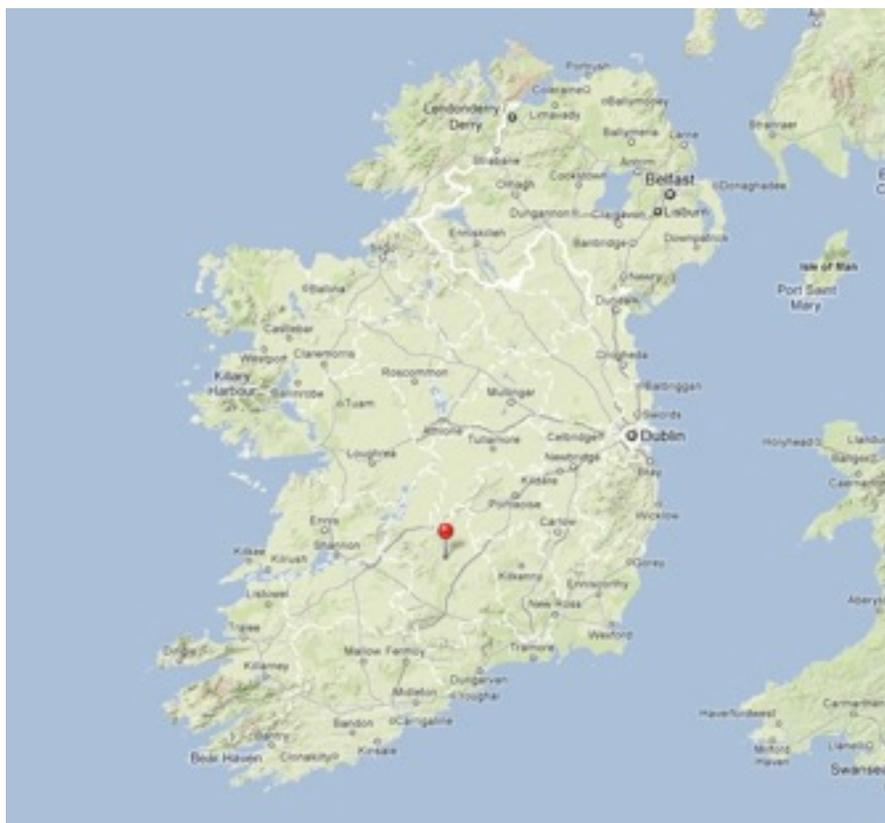
One of the first places that the Vikings sailed to during the age of the Vikings, was Ireland. In fact, there are several coastal cities in Ireland that were founded by them. "Vikings started settlements in [Waterford](#), [Wexford](#), [Limerick](#), [Cork](#), [Arklow](#), and [Dublin](#)."

(See Wikipedia at: http://en.wikipedia.org/wiki/Ireland_800-1169).

To see your travel destination featured here, please submit one or two photos with captions to steve.loberg@mac.com for consideration.



Yvette and Steve Loberg in Tipperary, Ireland, in July, 2007



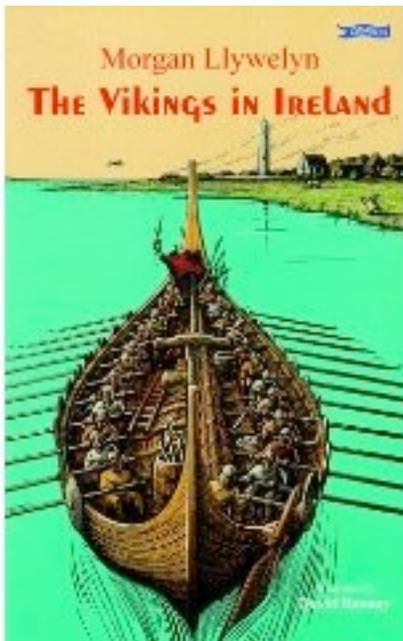
Steve Loberg at Bunratty Castle, Ireland, July, 2007

Tidbits:

History, Culture, Trivia, Humor, etc..

Suggested Reading:

The Vikings in Ireland
By Morgan Llywelyn



From Tom Bergstrom
Port Townsend, Washington

My favorite moment in the Winter Olympics in Lillehammer several years ago occurred when someone was interviewing Kjell Aamodt who ultimately won the slalom: "Kjell, this is the greatest collection of skiers on the most difficult course ever designed. What's it going to take to medal today?" Aamodt said: "Vell, I tink you have to finish first, second, or third."

Irish and Norwegians

We celebrate March 17th in commemoration of St. Patrick's great and noble deed in driving the Norwegians out of Ireland.

It seems that centuries ago many Norwegians came to Ireland to escape the bitterness of the Norwegian winter. Ireland was having a famine at the time and food was scarce.

The Norwegians were eating almost all of the fish caught in the ocean, leaving the Irish with nothing but potatoes.

St. Patrick, taking matters into his own hands, like most Irishman, decided all the Norwegians had to go. Secretly he organized the IRATION (Irish Republican Army To rid Ireland Of Norwegians). Irish members of the IRATION sabotaged all the power plants in hopes the fish in Norwegian refrigerators would spoil, forcing the Norwegians to a cooler climate where their fish would keep. The fish spoiled all right, but the Norwegians, as everyone knows to this day, thrive on spoiled fish. Faced with failure, the Irishmen sneaked into the Norwegian fish storage caves in the dead of the night and sprinkled the rotten fish with lye, hoping to poison the Norwegian intruders, but as everybody knows, this is how lutefisk was introduced to the Norwegians, and how they thrived on the lye soaked smelly fish.

Matters became even worse for the Irish when the Norwegians started taking over the Irish potato crop to make lefse. Poor St. Patrick was at his wits end. Finally, on March 17, he blew his top and told the Norwegians to "go to hell" -- and it worked, because all the Norwegians left Ireland and went to Minnesota.

Roald Amundsen 6-48
Sons of Norway
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Citrus Heights, CA 95611-3734

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Rosette Making Class

Learn to make rosettes:

This will be a hands-on class for anyone who is seriously interested in learning the techniques of rosette-making; and they must commit to making rosettes for the Scandinavian and Viking Festivals next fall.

Students are asked to bring a \$10 supplies fee to class to cover costs and will be taking cookies home; the balance will be donated to Youth Programs. **Contact Cindy Hayashi at 488-9901** to coordinate class date.



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