

THE NAVIGATOR

A Publication of Roald Amundsen Lodge 6-48
Sons of Norway, Sacramento, California
June & July, 2010

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FROM ROALD AMUNDSEN LODGE 6-48 PRESIDENT CAROL FRANCIS:

Hilsen fra Island og Norge! Greetings from Iceland and Norway! I am scheduled to leave for Minneapolis from Reno on Saturday, May 22nd, but have no idea whether I will actually make it to Iceland on Sunday the 23rd. The Keflavik airport is closed due to volcanic ash as I write this missive early on the Norwegian National Day (May 17th); however, since airlines lose about \$200 million a day due to closures, I am hoping to make the trip on time. Once in Iceland, I will study medieval Icelandic and Greenlandic history at the medieval library in Reykholt set up with help from the Norwegian government. I visited the library in 2006, and am corresponding with a Norwegian librarian. Knowing me, I may also sneak a peak at the Eyjafjallajökull volcano on the other side of Iceland.

We had a very successful **17th of May celebration** yesterday at the Orangevale Grange Hall, a day earlier and slightly warmer than in Norway. I had the help of several guardian angels this year: tusen takk, a thousand thanks, to **Dick and Gloria Jacobsen, Carol Lee Solheim, Florence Smith and Gwen Lokke** for all of their assistance (Dick doesn't like to barbecue but he did a great job!) We had a count of **45 guests**, the largest so far for this celebration, including **twelve young people** ranging from age three to teenage years.

We are in a current growth cycle with new members, new officers, new locations and new ideas for learning about our Norwegian heritage. As such, the edges get a bit rough from time to time. However, we now have a website (thanks to **Nancy Ottum**) which attracted at least eleven extra guests to our celebration on Saturday; we have a Norwegian library of books available to check out, with monthly presentations from **Carol Lee Solheim** wearing one of her many hats; and we are attracting younger members, including families, so this is progress.

At our May meeting, we initiated three new members:

Corrinne Laing, Janet Moe, and Ann Bandy - velkommen!

All three of them have

already attended the Rosemaling Weekend at Camp Norge for a great start as members! We have lost many long-time members this year, including Myrtle Davis, a wonderfully talented lady who stayed active into her nineties. We also lose a family if the younger generation has not joined the lodge. Could you give a gift membership to an adult child or grandchild to get them started in lodge membership?



Once again we have eight scholarship winners for "Language Heritage Camp" at Camp Norge in July. They will be reporting back to the lodge on **Tuesday, September 14th, at 7 pm**, to tell us what they learned at language camp, show us their crafts, and sing the songs they have learned. **The kids are our future, so please save the date and give them your support!**

Please bring your family and friends to our **Barbecue Dinner at 6:30 pm on August 13th!** This features old fashioned barbecue from *OUTBACK STEAKHOUSE*, and is a very good event to invite guests and prospective members to attend; this is a paid reservation only event so please use the flier. Our lodge is hosting the **Zone One All-Lodge picnic at Camp Norge on Sunday, August 22nd, at 1:00 pm** (see details in flier). This is a great day trip from Sacramento to beat the heat - hope you can come! Ha det så lenge! See you later, klem (hugs), Carol

KALENDAR:

Tuesday, June 8, 7 pm, Lodge meeting at San Juan Masonic Hall, Cultural Program on the Viking World by Joe and LaRena Hannon. Featured library books: Loraine Snelling and her books on Norwegian immigrants. Refreshments, Ann Sandner, Sharon Brooks, Pat Harriman.

Wednesday night, June 23rd, to Saturday night, June 26th, District 6 Convention, Double Tree Hotel, 1150 Ninth Street, Modesto, California, USA, 95354, 1-209-526-6000. Visitors welcome, come down for a day!

Board meeting, Monday, July 12th, 6 pm, home of Carol Francis in Applegate. 916-390-0953. Potluck supper at 6 pm, Carol doing salmon and chicken, board meeting at 7 pm. Planning for next year.

Tuesday, August 10, 7 pm, Lodge meeting at San Juan Masonic Hall, Cultural Program TBA. Refreshments, Janet Moe (more helpers welcome!)

Friday, August 13, 6:30 pm. Barbeque dinner at Orangevale Grange. Advanced reservations only (see flier). This is a good event for guests and prospective members!

Sunday, August 22, 1 pm. Zone One All-Lodge picnic at Camp Norge, hosted by Roald Amundsen Lodge (see flier). This is a great day trip to beat the heat!

Friday, September 3rd to Monday, September 6th, Kretsstevne (Northern California camping weekend), Camp Norge at Alta. Flier in next Navigator, save the dates!

Tuesday, September 14, 7 pm, Lodge meeting at San Juan Masonic Hall, Cultural Program: reports from our Language Heritage Camp Scholarship winners. Refreshments, Steve and Yvette Loberg



More photos from Norway Day 2010
(Photos by Cindy Hayashi)



LaRena Hannon modeling her traditional Norwegian dress



Barnetog photos
Orangevale Grange Hall
May 16th, 2010



Mikayla Sandner

Emily Sandner

Maggie Calvere

Oskar Mortensen

Megan Sandner



Mikayla Sandner

Emily Sandner

Maggie Calvere

Oskar Mortensen

Megan Sandner



Our chef for the day, Dick Jacobson barbecuing on a minuscule grill, it worked, just slowly.



Keith Sandner with daughter Emily helps with the barnetoget, or children's parade, with many Norwegian flags and songs, we marched around the Orangevale Grange Hall, and had almost as many adults as kids. Hip Hip Hurra!



Bob Dahl

Bob Dahl tells about being sent by himself on a steamer to Norway at age three due to illness, guests Marget & Erik Morkensen from Stockton listen with their son and his family, who live in Orangevale.



Gwen Lokke and Robert Bouressa on the left, Gordon Lokke on the right

**American Jazz...
From Norway!!!**

OPHELIA
ORCHESTRA

Morten Gunnar Larsen, Leader



Hang on jazz lovers! Norway's "Crown Jewel." the magnificent Ophelia Orchestra will be shaking the rafters of the Woodland Opera House in a very special evening concert on June 11. You don't want to miss this unique event. Considered among the best early jazz orchestras in the world, Ophelia captures the true essence of the dawn of the jazz age. Blending humor and musicianship, the orchestra celebrates the rich melodies of America's early popular music. The orchestra's programs draw heavily on the hits of the early 1900's with selections that range from the ragtime era to Brazilian choros to Broadway show tunes to music from the sinful pre-war German cabarets. Works from great composers such as Jelly Roll Morton, George Gershwin, Jerome Kern, Kurt Weill, Eubie Blake, and Ernesto Nazareth are combined in an eclectic mix with "something for everyone." Without compromising their music, the musicians add humor to each program with a few visual antics on stage. Young and old will enjoy the varied performance showcasing the full ensemble peppered with solos and vocals by individual artists set in the historic ambience of the Opera House.

June 11, 2010 at 7:30 PM

Woodland Opera House
Woodland, CA

General Admission - \$25.00 per person
Students (18 or Under) - \$12.00 per person

Call the theatre box office at (530) 666-9617 or visit
www.woodlandoperahouse.org to purchase tickets

Roald Amundsen Lodge Invites Everyone to the

Annual Summer Barbecue Dinner

Friday, August 13, 2010

6:30 p.m.



Orangevale Grange Hall

5807 Walnut Avenue in Orangevale

*(Go to Madison Avenue; turn on to Walnut and go one block north.
Walnut Avenue is one block east of Pershing Avenue.)*

*Enjoy Barbecued Ribs, Sliced Beef, Chicken, Corn on the Cob,
Baked Beans, Coleslaw, Cornbread, Banana Nut Bread,
and Cold Watermelon*

Adult Lodge Members – \$14.00 & Adult Non-Lodge Members – \$16.00
Children 12 years old and under – \$6.00

Paid reservations are required. Seating is limited.
Reservations are due by Monday, August 9th

Questions? Call or email Carol Lee Solheim at
(530) 677-2066 or email: solheim2636@earthlink.net

**Make out check to: Sons of Norway. To make reservations, send check to
Carol Lee Solheim, 3570 Vista Grande, Shingle Springs, CA 95682**

Cut here and send in form:

Name _____

Address _____ City _____ Phone number _____

How many Adults who are Lodge Members? _____ at \$14.00 = \$ _____

How many Adults who **not** Lodge Members? _____ at \$16.00 = \$ _____

How many children 12 yrs. and under? _____ at \$6.00 = \$ _____

\$ _____ Total



Marta Skeie passes.

Amy Betz wrote:

“My Grandma and Grandpa used to be members of the Del Paso Sons of Norway. They would do the waltz and win trophies.

My grandmother passed Saturday. We are doing our best to notify friends, and the rest of our family, of this great loss.”

Marta Skeie of Rio Linda, CA lay to rest on Saturday May 8th, 2010. She was born in Norway on June 7th 1929. In 1949 she married Arne Skeie. After living apart for one year while Arne worked and tested the waters in the United States, she packed up their 3 children to relocate and join him in 1960. Marta is preceded in death by husband Arne Skeie, son Andy Skeie and daughter-in-law Kathy Skeie. She is survived by daughters and son-in-laws Hilda and Rick Betz, Inga and David Sadek, Jenny and Mike Hall; 6 grandchildren Eric and Susan Skeie, Amy and Ricky Betz, Daniel and Bradley Sadek; 5 great grandchildren, Bryce and Rachell Betz, Odin Skeie, Marne and Karly Herda;. She was an excellent cook, seamstress and most of all a great mother. She will be missed by all, family as well as friends. A Memorial Service will be held on Thursday, May 13th at 1:00 pm at Sunset Lawn Chapel of the Chimes 4701 Marysville Blvd. Sacramento Ca, 95838. Reception immediately following.

<http://www.legacy.com/obituaries/sacbee/obituary.aspx?n=marta-skeie&pid=142694641>



To the ZONE-1 LODGES
SONS OF NORWAY

**ZONE - 1 ALL - LODGE
PICNIC**

SUN., AUGUST 22, 2010 -- 1:00 pm

at

CAMP NORGE



***Please bring your own beverage,
meat/fish/sausage to grill (condiments will be provided),
and a salad or dessert to share,
...and your place-setting.***

Hosted by Roald Amundsen Lodge #48 of Saramento.

***Please e-mail or call by Aug. 18 to put the Name of Each Person
attending on the reservation list, to Carol Francis
cfsnorge@jps.net (530)878-3124***

Camp Norge \$3 day use fee.

www.campnorge.com



St. Olaf College Brings Pride to Norwegian-Americans

By Ron Byrd

Sons of Norway members have long been proud of St. Olaf College and its history of educating students of Norwegian ancestry in the United States.

The college was founded in 1874 by a group of Norwegian-American immigrant pastors and farmers, led by Pastor Bernt Julius Muus. The college is named after Olaf II of Norway, former king and patron saint of Norway.

It is a coeducational, residential, four-year, private liberal arts college in Northfield, Minnesota, 45 minutes from Minneapolis. About 3,000 students attend school on the campus of 920 acres, which includes 600 acres of no-till farmland. The nickname for students is “Oles” and the mascot is the St. Olaf Lion. An average of six students are awarded Fulbright Scholarships each year and in 2007 two students received Rhodes Scholarships.

There are 17 academic and administrative buildings on campus, and 11 residence halls spread across “Manitou Heights” hilltop. Two buildings are listed on the National Register of Historic Places: Old Main and Steensland Library.

St. Olaf offers 39 major areas of study for the bachelor of arts degree, four for the bachelor of music degree and 19 areas of concentration. When established, the college offered all classes in both Norwegian and English.

St. Olaf has what is called a “Dry Campus” policy, meaning a campus free of alcohol and illicit drugs. Alcoholic beverages are prohibited at all college-sponsored functions

The music program, including the choir, band and orchestra, is world-renown. Students compete in 27 varsity sports (14 for men, 13 for women), with the swimming and diving team traditionally the strongest of its sports teams. One popular sport is Alpine and Nordic skiing.

St. Olaf is a traditional athletic rival of its crosstown neighbor, Carleton College. They annually compete in a football contest recently dubbed the “Cereal Bowl” in honor of the Malt-O-Meal production plant in Northfield. The rivalry started in 1919 and is the only rivalry to feature two colleges from the same ZIP code.

Based on a Norwegian folk tune, the college fight song, *Um Yah Yah*, is the only college fight song in the U.S. to be in 3/4 (waltz) meter.

From 1988 the college has been affiliated with the Evangelical Lutheran Church in America. Ole Rolvagg (1876-1931), author of *Giants in the Earth*, is one of several notable alumni, which include many politicians in state and national offices.

St. Olaf College is mentioned in the works of Minnesota author F. Scott Fitzgerald. His character Jay Gatsby of *The Great Gatsby* attended the college briefly and worked as a janitor. It is also mentioned in Garrison Keillor’s radio program *A Prairie Home Companion*.

Calling all Bakers

Homemade Norwegian Cookies are needed for the regional conference June 23 - 26th, in Modesto Ca.

This month's cookie recipe is for "Norwegian Pepper Cookies"

Please let us know if you will be making cookies for the Conference.

Email Florence Smith at: darian98@surewest.net

Norwegian Pepper Cookies

Original Recipe Yields 5 dozen

Ingredients

- 1 1 1/8 cups butter
- 2 1 cup white sugar
- 3 1/4 cup heavy whipping cream
- 4 1 teaspoon baking soda
- 5 3 1/4 cups all-purpose flour
- 6 1 teaspoon ground cinnamon
- 7 1 teaspoon ground black pepper
- 8 1 1/2 teaspoons ground cardamom
- 9 1 teaspoon baking powder



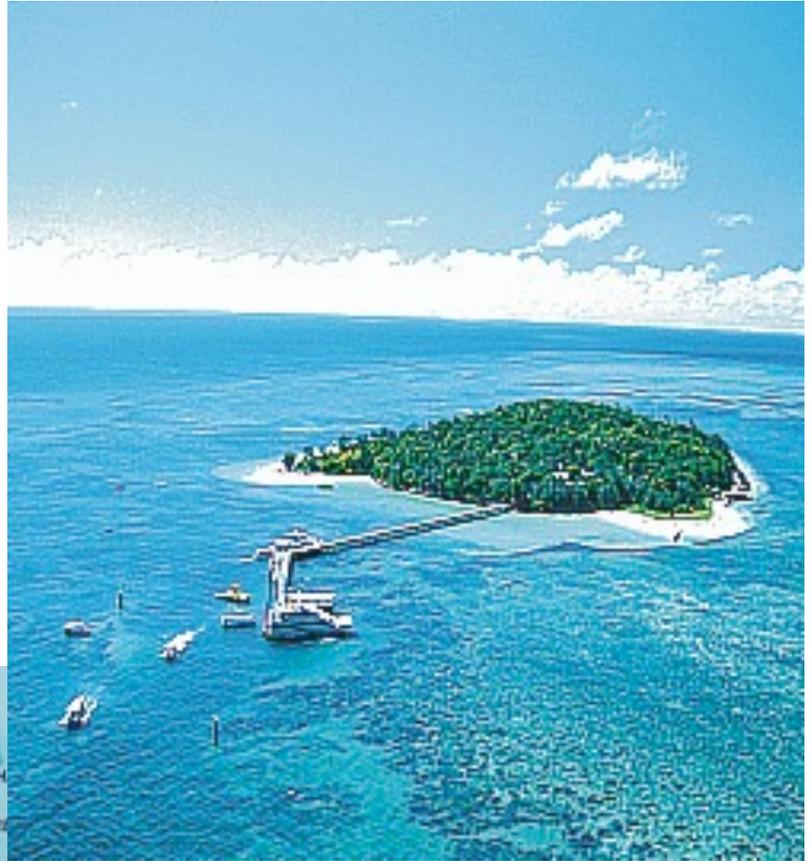
Directions

1. Cream together the butter and the sugar until light and fluffy. Stir in the cream. Add the baking soda and little water (no more than 2 tablespoons) to the butter mixture.
2. Sift the spices, baking powder and flour into the butter mixture. Blend until a nice dough is formed. Roll dough into sausages about 2-1/2 inches in diameter wrap tightly and let dough chill thoroughly.
3. Preheat oven to 375 degrees F (190 degrees C). Remove chilled dough and cut into thin slices. Bake on a lightly greased cookie sheet for 6 to 8 minutes. Let cookies cool on wire rack.

Lodge Members' Travels

This month's featured travel destination is Green Island, on the Great Barrier Reef, Queensland, Australia.

To see your travel destination featured here, please submit one or two photos with captions to steve.loberg@mac.com for consideration.

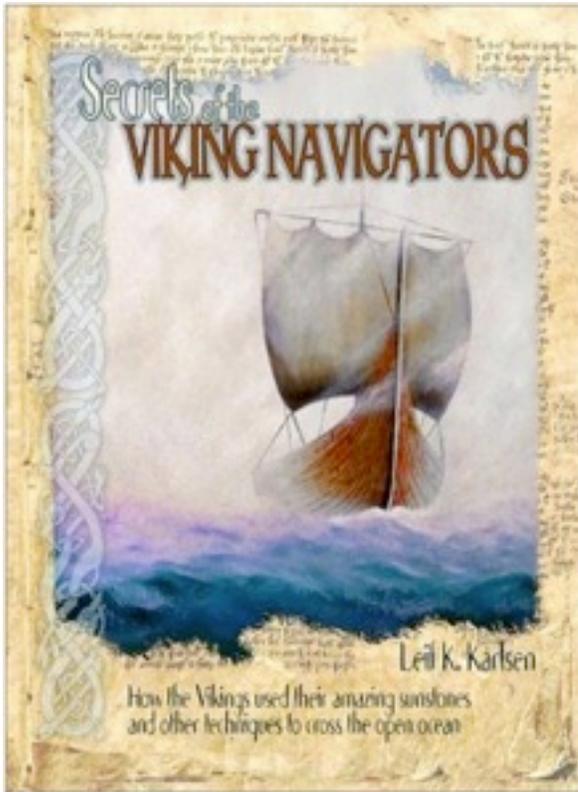


Yvette & Steve at Green Island, Great Barrier Reef, Queensland, Australia, on March 9th, 2009

Tidbits:

History, Culture, Trivia, Humor, etc..

Suggested Reading:



Secrets of the Viking Navigators:

How the Vikings Used their Amazing Sunstones and other Techniques to Cross the Open Ocean

By Soren Thirlund

Don't forget:

"Glad Fars Dag"
(Happy Father's Day)
June 20th, 2010

Scandinavian Festivals 2010
(websites)

Astoria Scanfest 2010

June 18 - 20, 2010

Astoria, Oregon

<http://www.astoriascanfest.com/>

Junction City's
Scandinavian Festival

August 12 - 15, 2010

Junction City, Oregon

<http://www.scandinavianfestival.com/>

Hostfest -

North America's Largest Scandinavian Festival

Sept. 28 - Oct. 2, 2010

Minot, North Dakota

<http://www.hostfest.com/>

Salesman

"Ole and Lena were visited by a door to door salesman. He tried to convince them if they bought the big freezer he was selling, they would save enough on food bills to pay for the freezer. Ole responded that they were paying for the house on what they were saving on rent. And they were saving on movie tickets with the price of cable TV." Finally, Ole said, "And we're saving on laundry with the new washer and dryer. So, I guess we have to say, we can't afford to save any more right now."

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Rosette Making Class

Learn to make rosettes:

This will be a hands-on class for anyone who is seriously interested in learning the techniques of rosette-making; and they must commit to making rosettes for the Scandinavian and Viking Festivals next fall.

Students are asked to bring a \$10 supplies fee to class to cover costs and will be taking cookies home; the balance will be donated to Youth Programs. **Contact Cindy Hayashi at 488-9901** to coordinate class date.



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