

# THE NAVIGATOR

A Publication of Roald Amundsen Lodge 6-48  
Sons of Norway, Sacramento, California

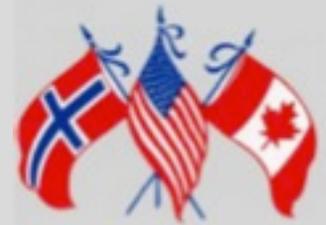
January, 2011

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[www.sonsofnorwaysacramento.com](http://www.sonsofnorwaysacramento.com)

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## FROM ROALD AMUNDSEN LODGE 6-48 PRESIDENT CAROL FRANCIS:

**Det regner, det spruter! It's raining, it's pouring!** It's a good day for a fire and a nap, but I still have many miles to go before I sleep. **Godt nytt år! Happy New Year!** I thought about heading up to the cabin in the mountains near Donner Summit next week, Norwegian style, but then I saw a high of 27 degrees and thought, I will wait this storm out before going in on snowshoes with my two Great Pyrenees dogs. They would of course go right now!

This is the end of my three terms as President of your lodge. I thought I would recap our progress. When I was installed as President in January, 2008, I was surprised at the all the proud and humble emotions I felt to finally become president of your lodge, and set three goals for us to reach.



1. More children and young people involved: We have done a great job in this area with our 17th of May celebration and kids' parade, language camp scholarship winners presenting their experiences to the lodge in September, the Julebord with St. Lucia pageant and our own St. Lucia, starboy and attendants, and bringing back the Family Christmas Party. Plus we will be going on our second **Snow Trip** to Camp Norge at Alta **February 4-6, 2011**, open to both the young and young at heart, as we need chaperones. I am really happy with our progress in getting more children and young people involved in our lodge.
2. Library: We had twenty-six boxes of very dusty books three years ago, and have now sorted through all of them, saving books about Norway in English and classics in Norwegian. Carol Lee Solheim volunteered to serve as our librarian, in addition to the many other roles she has in the lodge, and is now presenting a few books each meeting for checking out. This is an excellent resource for learning about your Norwegian heritage. Thanks Carol Lee!
3. Modernizing the lodge meetings. We have changed our meetings a lot, for the better. Our officers are now on the main floor with members, and we have rearranged the meeting room at the hall to a smaller, more informal circle. Most of the "business" of the lodge is completed by a very hard working board, so that we can focus on cultural programs and demonstrations, singing, books, and conversation with each other at the monthly lodge meetings. Nancy Ottum designed and maintains our web site, which brings in both new members and requests for information at [sonsofnorwaysacramento.com](http://sonsofnorwaysacramento.com). Thanks Nancy!

So we have made progress. We have two jobs still to fill, **Vice President and Historian**. You needn't be a long-term member (Reno's Hvitefjell Lodge has a new member as Vice President, doing a great job as membership chairperson)! We have a very thorough binder from our previous historian Cindy Hayashi, which would help someone new in that position.

I hope to see you on our **Gala Potluck Brunch Saturday, January 8th at 11 am** at the **Lutheran Church of the Master**, 1900 Potrero Way, Sacramento! See flier for details, bring a hot dish, side dish, salad, veggies or bread to share. We will also install next year's officers (NO lodge meeting on Tuesday, January 11th). Incoming President David Bailey is working on a concert by **Norwegian pianist Knut Erik Jensen for April 12th**, so save the date! Takk for nå, thanks for now, as I move on to the District Board. klem, hugs, Carol Francis

**KALENDAR:**

Saturday, January 8, 11 am, **GALA NEW YEARS POTLUCK BRUNCH** and Lodge meeting combined, Installation of Officers, Lutheran Church of the Master, 1900 Potrero Way, Sacramento. No regular lodge meeting in January, see flier in Navigator, bring a dish to share.

Friday night to Sunday morning, February 4-6. **JUNIOR LODGE SNOW TRIP** to Camp Norge at Alta, open to children, grandchildren, nieces and nephews of lodge members, ages 8 to 21. See flier elsewhere in Navigator. We also need chaperones who are young at heart. RSVP to Carol Francis, 916-390-0953, or [csfnorge@jps.net](mailto:csfnorge@jps.net).

Tuesday, February 8th, 7 pm - Lodge meeting, Cultural Program: **Exchange Student Erling Røhmer**, presentation on Norway, things that interest him!

Friday, February 25th, 6:00 pm, **PEA SOUP DINNER**, San Juan Masonic Hall, Norwegian Bingo to follow. See flier elsewhere in Navigator.

Tuesday, April 12th, save the date! Concert by **Knut Erik Jensen, Norwegian pianist**.



**HURTIGRUTEN CRUISE**  
 SAILING DATE MAY 31 -JUNE 5, 2011  
 KIRKENES TO BERGEN  
 M.S. NORDNORGE

*Paid Advertisement*

Enjoy a relaxing cruise down the beautiful Norwegian coastline on the May 31st sailing of the MS Nordnorge! Fly to Kirkenes in the far north of Norway to cruise in the land of the Midnight Sun, with an optional side trip to North Cape. Enjoy Tromsø, called the "Paris of the North," the breathtaking Trollfjord, and the Lofoten Islands. Cross the Arctic Circle, stroll through coastal towns and Trondheim, with its great Gothic Nidaros cathedral, before ending your cruise in historic Bergen, with its Bryggen Wharf from the medieval Hanseatic League.

Prices for cabins range from \$1629 to \$1830 per person double occupancy (ppdo), and include port taxes and all meals on ship. Fuel charge is \$84. Airfare from the West Coast to Oslo runs in the \$1100-1200 range, and airfare to Kirkenes is about \$193 one way.

You need to be in Kirkenes on Monday, May 30, 2011. Hotels are available in Oslo, Kirkenes and Bergen, and cost less when booked early. Extend your trip with Norway in a Nutshell to the Sognefjord, overnight in Balestrand, and the famous Flåm railroad on your way back to Oslo.

A deposit of 20% per person will hold your cabin until final payment 60 days before sailing. We must have ten people to get the group rates (group size 16). If interested, contact Carol Francis of Action Travel on her cell phone 916-390-0953, or e-mail [csfnorge@jps.net](mailto:csfnorge@jps.net).

### Julebord

On Saturday, December 11, 2010, forty-four members, thirty-two guests, and eight children (total of eighty-four diners) gathered at the Orangevale Grange Hall for our annual Julebord. Despite pouring rain, everyone showed up and appeared to have a great time. The kids in the St. Lucia pageant did quite well, although we need a sound system for next year. Aislinn Phillips was again St. Lucia, with starboy Bo Tadlock (grandson of Pat Harriman) and maidens Astoria Brown and Cheznee Hill (both great-great-nieces of member Lois MacNeil), Hannah Bociek (friend of Aislinn Phillips), and Juliet Smeltzer (DeAnn and Matt Smeltzer's daughter). They charmed the crowd handing out cookies after the pageant.

LaRena Hannon chaired both the Julebord and the St. Lucia Pageant; as mentioned by Tove-Lise Miller, this is a huge responsibility, and really takes two people. Other helpers included: Joe Hannon: who got up early to cook the pork; Tove-Lise Miller for medisterkaker (pork meatballs), fish aspice, krumkaker and nordlandslefse; Cecelia Byrd for sweet and sour red cabbage, and help in kitchen; Florence Smith for beets and krumkaker; Donna Gordon for mormonsen bars; LaRena Hannon for the rice cream; Ron Byrd for doing setup and all the decorations; Pat Harriman for cooking and help in the kitchen; David Byrd for shopping and drinks, Mike and Dorothy Jones for extra cleanup help; and last but not least, Carol Lee Solheim for the hors d'oeuvres, cucumber and tomato salads, scrambled eggs and salmon, programs, registration, name tags and tags for door prizes. David and Darla Moe donated a huge box of door prizes, and thanks to other members who also contributed. Carol Francis led Christmas carols, while Janet Moe and Bob Dahl provided music for carols and the pageant. It was a very successful evening!

Lois MacNeil has a very interesting family tradition, in that she treats her sister Barbara Brown's grand kids and great-grand kids to both the Nutcracker and the Julebord on the same day. Her family took about a table and a half, and included great-nephew Stylz Stacy who turned four that day (he was shy as we sang Happy Birthday to him). Lois says that the little ones are the sixth generation from her Norwegian great grandparents who came to the United States. She made tiny gowns for her great-great nieces Astoria Brown and Cheznee Hill, so they could participate in the St. Lucia Pageant.

If you took any pictures of the Julebord or St. Lucia pageant, please email them to Carol Francis [csfnorge@jps.net](mailto:csfnorge@jps.net) for the next newsletter.

Roald Amundsen Lodge  
Friday night - Sunday morning, February 4-6  
Junior Lodge Snow Trip at Camp Norge,  
Open to children, grandchildren, nieces and nephews of lodge members, ages 8 to 21.  
RSVP to Carol Francis, 916-390-0953, or [csfnorge@jps.net](mailto:csfnorge@jps.net)

\$45 per person, chaperones welcome and appreciated.  
Includes lodging figured at four per room (may have two to six per room) and food for weekend.

Bring bedding, toiletries, towels, warm clothes, and snow play equipment.  
We will find snow on Saturday, some place up the hill.

#### PRESS RELEASE FOR ALL LODGE NEWSLETTERS

The 6<sup>th</sup> District will award three \$1,000 scholarships to members in good standing, their children or grandchildren who are Unge Venner members in any lodge in the 6<sup>th</sup> District. They must attend a 4 year accredited college or university in the USA as a fulltime undergraduate in their sophomore, junior or senior year and have a grade point average of 2.5 or better on a scale wherein A=4, B=3, C=2, D=1. When an applicant is deemed worthy of a scholarship (recommended by the 6<sup>th</sup> District Scholarship Committee and approved by the 6<sup>th</sup> District board) the funds will be jointly paid to the applicant & to the institution he or she is attending. **Applications must be submitted to the scholarship committee by April 1 of the application year.**

Also, the 6<sup>th</sup> District scholarship to a 2 week Concordia Language Camp Summer Session at The Norwegian Village or "Skoggjorden" in the amount of about \$1700.00, for a camper over the age 13. The applicant must be a Heritage or Unge Venner member of a 6<sup>th</sup> District lodge. Applications must be submitted to the scholarship committee by May 1 of the application year. Visit website [www.ConcordiaLanguageVillages.org](http://www.ConcordiaLanguageVillages.org) for information & applications for the Norwegian Village or "Skojorden." The applicant must also apply directly to and meet all requirements of Concordia Language Camp. Those interested in applying for the scholarship for the Concordia Language Camp may get the district applications from members of the scholarship committee.

Carolyn Dahl, Chairman,  
13361 East 35<sup>th</sup> Place, Yuma, AZ 85367  
PH: 928-335-1801, e-mail, [KA6LSK@arrl.net](mailto:KA6LSK@arrl.net)

Family Christmas Party



Front row: Wyatt and Sean Mattes, Jacob Berg on Santa's lap, Santa, Taylor Berg halfway between Santa and her cousin Meghan Hauck, who is holding Daniel Berg. Back row: Carol Francis, Courtne Hauck.



Courtne Hauck has a significant chat with Santa, proving that she was not too old for Santa. She is the granddaughter of member Marion Quate.



Jacob Bird bravely approaches Santa with support from his cousin Meghan Hauck. He is the son (one of triplets) of members Jon and Kerri Berg, and both he and Meghan are grandkids of member Marion Quate.



Last year Taylor and Daniel Berg wanted nothing to do with Santa; this year Daniel went to see Santa with his mom Kerri Berg, and Taylor ran up at the last minute to join them. Santa had nice gift bags (courtesy of Carol Lee Solheim) containing a MacDonald's certificate and candy.

We nearly got washed out with heavy rain, but nothing keeps good Norwegians down. We did have three kids, and two teenagers for our Family Christmas Party on Sunday, December 19th at the Carmichael Park Clubhouse. President Carol Francis read two stories about Christmas in Norway, on birdfeeders and the julenissen, or Christmas elf, and then we sang Christmas carols until we had a visit from the big guy, who charmed everyone.



Two year old Wyatt Mattes enjoys a Christmas story about birdfeeders in Norway, read by President Carol Francis in her Romeriksbonad, or national costume from Romerike, the area northeast of Oslo. He is the son of Sean and Kristi Mattes, and the grandson of Donna and Mike Gordon, and is wearing a red shirt and cap made of Norwegian fabric by Tove-Lise Miller for her own boys when they were much smaller. He wanted no part of the party last year, but a cookie got him to happily wear the hat.

## Golden Members

Kristy Updegraff and Helen Zinn received their Golden Member certificates and pins from President Carol Francis at the December lodge meeting.



PAMELA STUTRUD GROTH, PRESIDENT OF FREYA LODGE PRESENTS

# Norwegian Genealogy

2011

Two dates; two locations.

*Saturday, January 15  
at 1:00 pm*

Sonoma County  
Genealogical Society  
Finley Community Center  
2060 West College Avenue  
Santa Rosa, CA 95401

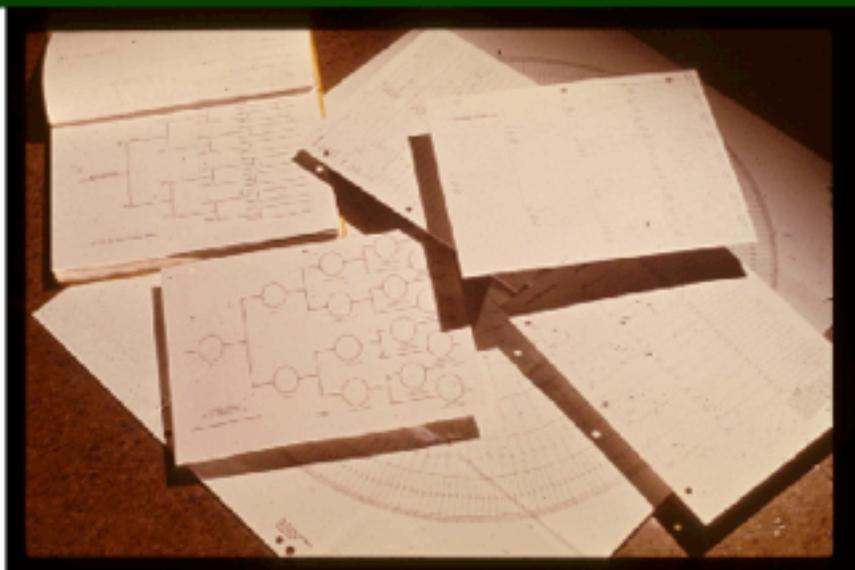
*Friday, February 18  
at 7 pm*

Freya Lodge  
Sons of Norway  
Norway Hall  
617 West Ninth Street  
Santa Rosa, CA 95401

More information : 707-778-8120

[www.freyalodge.org](http://www.freyalodge.org)

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ROALD AMUNDSEN LODGE  
SONS OF NORWAY



## Norwegian Pea Soup Dinner

FRIDAY FEBRUARY 25, 2011

Dinner served at 6:00 PM  
Followed by Norwegian Bingo and Prizes

**LOCATION: SAN JUAN MASONIC HALL,  
5944 San Juan Avenue, Citrus Heights**

Price for members \$6.00 non members \$8.00  
child 10 years and under \$ 3.00

Reservations: please call Florence Smith at 916-783-8830 or  
e-mail: [darian98@surewest.net](mailto:darian98@surewest.net)

Please make your reservation by  
February 20,2011



**CALENDAR OF EVENTS – 2011**  
**Roald Amundsen Lodge 6-48**  
**San Juan Masonic Center**  
**5944 San Juan Ave., Citrus Heights, CA**

JANUARY	FEBRUARY	MARCH
8 <sup>th</sup> – Installation of Officers — 1:30 p.m. – Potluck Brunch – Lutheran Church	8 <sup>th</sup> – Lodge Meeting, 7:00 p.m.  25 <sup>th</sup> – Pea Soup Dinner Saturday – 6 p.m.  4-6th Junior Lodge weekend – Camp Norge	8 <sup>th</sup> – Lodge Meeting 7:00 p.m.  26 <sup>th</sup> - Torsk Dinner – Saturday – Lutheran Church 5 p.m. Social 6 p.m. dinner
APRIL	MAY	JUNE
12 <sup>th</sup> – Lodge Meeting, 7:00 p.m.	10 <sup>th</sup> – Lodge Meeting, Initiation of New Members 7:00 p.m.  15 <sup>th</sup> – 17 <sup>th</sup> of May Social, 1:30 p.m. – Potluck –	14 <sup>th</sup> – Lodge Meeting, 7:00 p.m.
JULY	AUGUST	SEPTEMBER
NO LODGE MEETING	9 <sup>th</sup> – Lodge Meeting, 7:00 p.m.  19 <sup>th</sup> – BBQ Dinner - Friday 5 p.m. Social 6:00 p.m. - Dinner	13 <sup>th</sup> – Lodge Meeting, 7:00 p.m.
OCTOBER	NOVEMBER	DECEMBER
11 <sup>th</sup> – Lodge Meeting, 7:00 p.m. 9 <sup>th</sup> – Scandi. Festival 22 <sup>nd</sup> - Lutefisk Dinner, Lutheran Church  5:00 p.m. – Social 6:00 p.m. - Dinner	8 <sup>th</sup> – Lodge Meeting, Initiation of New Members 7:00 p.m.  19 <sup>th</sup> – Vikingfest, 10:00 a.m. – 2:00 p.m.	13 <sup>th</sup> – Lodge Meeting, 7:00 p.m.  10 <sup>th</sup> – Julebord , Lutheran Church 5:00 p.m. Social 6:00 p.m. - Dinner 18 <sup>th</sup> Child. Xmas Party

LUTHERAN CHURCH OF THE MASTER – 1900 Potrero Ave., Sacramento, CA

CALENDAR IS SUBJECT TO CHANGE, REFER TO THE LODGE NEWSLETTER

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Det fins ikke dårlig vær, bare dårlige klær.

"There is no such thing as bad weather,  
only bad clothing."

### **Personalized Travel Planning**

**Carol S. Francis**  
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