

PRESIDENT'S MESSAGE

Hilsen til alle—Greetings to you all!

At the April lodge meeting, LaRena Hannon gave an informative presentation about the Sami people (also known as Laplanders) who reside in the northern reaches of Norway, Sweden, and Finland. It was a delightful lecture, and she will present additional information at future meetings.

Carol Lee Solheim also provided information on the novels of Sigrid Undset, who was awarded the Nobel Prize for her Kristen Lavransdatter novels. Copies of these novels are available in the Lodge Library for check-out. Thanks also to Pat Harriman, who provided the delicious refreshments for the meeting.

I invite you to attend the next lodge meeting on May 10th at the San Juan Masonic Hall for another interesting meeting.

We did not have an April social meeting, but we are looking forward to the May 15th piano recital "Nordic Elegance" by Knut Erik Jensen. This Sunday afternoon recital should be a real treat. Please see the flyer in the newsletter. A reception will follow the recital, which will be held at Lutheran Church of the Master.

I invite all of you to attend our lodge events, the meetings and the socials; guests are most certainly welcome. We're a very social and welcoming group. Hope to see you there.

Tusen takk,

David Bailey, President

your lodge officers

President	David Bailey
Vice President	OPEN
Secretary	Carol Lee Solheim
Recording Secretary	Lyla Hanson
Treasurer	Stephen Rosenthal
Membership	Florence Smith
Counselor	Joe Hannon
Social Director	Cecelia Byrd
Marshall	Patricia Harriman
Youth Director	Jessica Brown
Greeters	Ron and Cecelia Byrd
Librarian	Carol Lee Solheim
Historian	OPEN
Musician	Janet Moe
Ass't. Musicians	Bob Dahl
	Jeanette Braafladt
Sports Director	Ann Sandner
Cultural Director	LaRena Hannon
Newsletter Editor	Nancy Ottum
Publisher	Bob Dahl
Web Master	Nancy Ottum
Publicity Director	Carol Francis
Foundation Director	Jim Smith
Trustees	
3-years	Ann Sandner
2-years	Ron Byrd
1-year	Joe Hannon
Auditors	Susan Lemmon
	Ingrid Sceals

sons of norway

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.

lodge meetings

Join us at 7:00 on the **second Tuesday** of each **month** to learn about your Norwegian heritage and how the Sons of Norway can benefit you and your family. It costs nothing to visit. See the Sons of Norway Sacramento website for membership information.

www.sonsofnorwaysacramento.com

San Juan Masonic Center
5944 San Juan Ave.
Citrus Heights, CA



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Got something to say?



Let me know!

I would love to hear from all of you who read the newsletter. Got a new idea for improvement to events, dinners, outings? Need to air a complaint? Have a family heritage story to tell? News of an event we should know about?

Send an email to Nancy at: nancyottum@mac.com and I'll be your new best friend!

Next lodge meeting is
Tuesday, May 10th

Who is Magnus Carlsen?

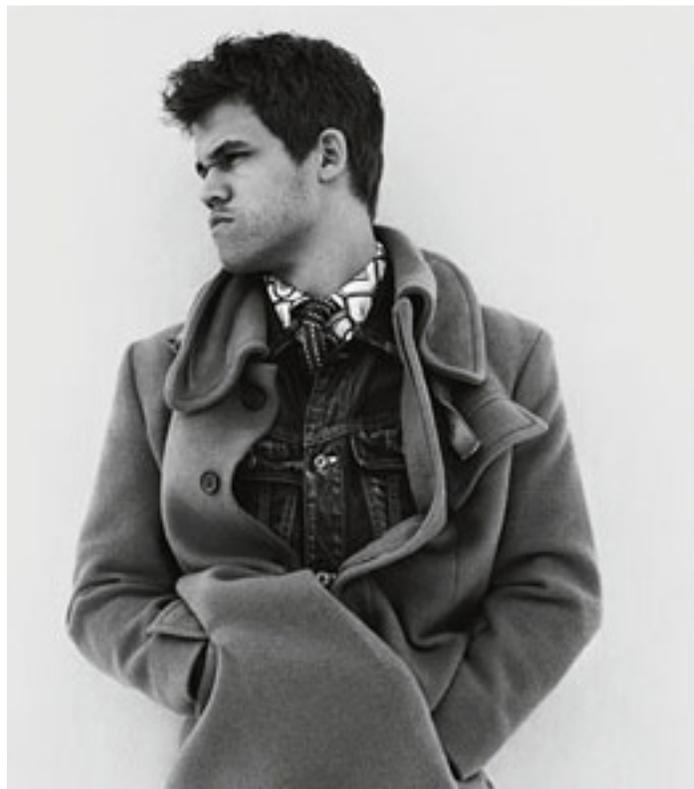
He is the youngest chess player to ever be ranked number 1 in the world! ...and he is Norwegian.

Carlsen was born in Tønsberg, Norway, the 30 November 1990. He learned to play chess from his father at the age of 5. The game soon became his big passion. Carlsen's first goal was to beat his sister, then his father and he obviously didn't stop there. Magnus became an International Grandmaster at the age of 13, the youngest at the time.

In October 2009, during the Nanjing Pearl Spring tournament, he became the fifth chess player in the history to achieve an Elo-rating over 2800 – by far the youngest. That year he also became The World Blitz Chess Champion.

Now at the ripe old age of 20, Carlsen also enjoys a budding modeling career with G-Star Raw, a clothing store for the young, hip set.

If you are a chess nut, you can follow Carlsen's tournaments blow-by-blow on his blog located at http://www.arcticsec.no/index.php?button=blog&main_image=35



Legendary Norwegian Athlete Dies at Age 57

Grete Waitz, the Norwegian schoolteacher who won more New York City Marathons — nine — than anyone else, and whose humility and athleticism made her a singularly graceful champion and a role model for young runners, especially women, died Tuesday in Oslo.

In 1991, *Runner's World* magazine named Waitz the female runner of the quarter-century, and she was perhaps the pre-eminent female distance runner in history. She twice set the world record at 3,000 meters, and she set world records at distances of 8 kilometers, 10 kilometers, 15 kilometers and 10 miles.

But it was in the marathon, the 26.2-mile symbol of human endurance, that Waitz most distinguished herself, setting a world record of 2 hours 32 minutes 30 seconds the first time she ran one, in New York in 1978, and subsequently lowering the world standard three more times. In addition to her New York City victories, Waitz won the London Marathon twice, the Stockholm Marathon once and the world championship marathon in 1983.

Remarkably, Waitz, ran her first marathon as a lark, with the encouragement of her husband, who was also her coach, and who told her that a trip to New York would be like a second honeymoon for them. Even in training she had never run more than 13 miles. As she recalled in later interviews, the last 10 miles of the race were agony, and she was so angry at her husband that when she crossed the finish line, she tore off her shoes and flung them at him.

"I'll never do this stupid thing again!" she yelled. We're glad she did.



UPCOMING EVENTS

Celebrate at Camp Norge MEMORIAL DAY May 28, 29, 30, 2011 Schedule

SATURDAY:

8:30 AM	Breakfast
10:00 AM	Swimming Pool Opens
12:00 PM	Lunch
2:00 PM	Craft Faire in the Meadow
6:00 PM	Social Hour
6:30 PM	Dinner
8:00 PM	Bingo

SUNDAY

8:30 AM	Breakfast
10:00 AM	Swimming Pool Opens
12:00 PM	Lunch
2:00 PM	Games in the Meadow
6:00 PM	Social Hour
6:30 PM	Dinner
8:00 PM	Raffle Drawing & Bingo

MONDAY

8:30 AM	Breakfast
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To find out more about this event and how to sign up,
visit our website at www.sonsofnorwaysacramento.com

UPCOMING EVENTS

DON'T MISS THIS CONCERT!

Piano Recital "Nordic Elegance" Featuring Knut Erik Jensen

We are so fortunate to have this talented 31-yr.-old play for us in Sacramento in May! He is here in the United States on a 3-year artist visa and currently resides in Alberta, Canada. Get your seat reserved by **May 9** — just follow the directions below.

Please visit his website where you can learn about his life, training and music. He has CDs available for purchase (He will have them at the concert also) and samples of his performances.

www.knuterikjensen.com/

particulars

Sunday, May 15th at 2 pm
Lutheran Church of the Master
1900 Potrero Avenue
Sacramento

Reception following.

Sponsored by the Sons of Norway, Roald Amundsen Lodge.

\$5 donation requested

Reservations are strongly encouraged. There are 3 ways to make reservations through our member, Carol Lee Solheim:

Phone: 530-677-2006

Email: solheim2636@earthlink.net

Snail mail to: 3570 Vista Grande, Shingle Springs, CA 95682-7602 (use the form below)

Tickets will be held at the door.



Photo courtesy Knut Erik Jensen.



Name _____

Member? circle one Y or N

Number of tickets _____



Living Your Norwegian Heritage

Camp Trollfjell

*Language & Heritage Youth Camp
@ Camp Norge in Alta, California*

www.CampNorge.com
**(link to Camp Trollfjell for
Camper & Counselor
Applications)**

Registrar: Sharee Frost
sharee@theunion.net
530-478-0980



Camp is July 10-24, 2011

\$750/child

Ages 8-13 (at the time camp begins)

Scholarships are available—check with your local lodge
or get more information on pg.7 of this newsletter.

Daily Activities Include:



Rosemaling
Viking History
Crafts
Folk Dancing
Language Lessons
Foods of Norway
Building Lasting Friendships

UPCOMING EVENTS

HELPERS NEEDED!

Camp Troll Fjell Language & Heritage Camp July 10-23, 2011

Be a part of the "Camp Troll Fjell Team" that teaches our young people about their heritage and culture plus ensures their health and safety at Camp Norge.

We are in need of the following staff members:

- Assistant Director for Food Services
 - Food buyer
 - Cook
 - Assistant cook
- Assistant Director for Personnel
- Nurse—must be licensed to practice in California

Please visit www.campnorge.com and link to Camp Trollfjell to access the complete Manual in pdf under Counselor Application or CIT Application.

For more information and details regarding salary scale, contact

Mary Beth Ingvoldstad

mblingvoldst@aol.com

707-987-2404

or toll free at 866-834-1932

LANGUAGE CAMP SCHOLARSHIP APPLICATION

Camp date: July 10 – 23

Eligible ages: 8 to 13 yrs. old

Roald Amundsen Lodge offers scholarships paying ½ the cost to applicants. To receive a scholarship, each applicant must also agree to give a report on their experiences after camp at the lodge meeting, on September 13th.

Applications for a lodge scholarship can be downloaded from the web site—Click on

Events: www.sonsofnorwaysacramento.com

Mail applications to the lodge foundation director by the **May 10th** lodge meeting:

Jim Smith

606 Jo Anne Lane

Roseville, CA 95678

DON'T FORGET TO REGISTER FOR THE LANGUAGE CAMP too!

Roald Amundsen 6-48
 Sons of Norway
 P.O. Box 3734
 Citrus Heights, CA 95611-3734

Non-Profit Organization
 U.S. Postage Paid
 Sacramento, CA
 Permit #124

KALENDAR

SAVE THE DATES

**June 25th, 1 pm
 Squaw Valley**

Dedication of new Snowshoe Thompson monument, social to follow at Camp Norge. Please come up for the day.

**August 7th, 1-4 pm
 Zone 1 All-Lodge Picnic at
 Camp Norge**

Great time to beat the heat and come visit Camp Norge. More info next month.

APRIL	MAY	JUNE
12 th – Lodge Meeting, 7:00 p.m.	10 th – Lodge Meeting, Initiation of New Members 7:00 p.m. 15 th – 17 th of May Concert time TBD	14 th – Lodge Meeting, 7:00 p.m.
JULY	AUGUST	SEPTEMBER
NO LODGE MEETING	9 th – Lodge Meeting, 7:00 p.m. 19 th – BBQ Dinner - Friday 5 p.m. Social 6:00 p.m. - Dinner	13 th – Lodge Meeting, 7:00 p.m. 24 nd - Lutefisk Dinner, Lutheran Church
OCTOBER	NOVEMBER	DECEMBER
11 th – Lodge Meeting, 7:00 p.m. 15 th – Scandi. Festival 5:00 p.m. – Social 6:00 p.m. - Dinner	8 th – Lodge Meeting, Initiation of New Members 7:00 p.m. 19 th – Vikingfest, 10:00 a.m. – 2:00 p.m.	13 th – Lodge Meeting, 7:00 p.m. 10 th – Julebord , Lutheran Church 5:00 p.m. Social 6:00 p.m. - Dinner 18 th Child. Xmas Party