

# Roald Amundsen's **NAVIGATOR**



**Sons of Norway Lodge 6-48, Sacramento**

**August 2012**

Fra Presidenten  
This column will return Sept.

**And personally speaking:  
by Carol Francis**

## **The 2012 District 6 Convention is history and was well represented by Roald Amundsen.**

by Carol Francis

Seven Roald Amundsen members attended the District 6 Convention in Mesa, Arizona: David Bailey, Joe and LaRena Hannon, Steven Rosenthal, Lyla Hanson, Carol Lee Solheim, and Jim Smith. Steve Rosenthal served for the second time on the Convention Super Committee that reviewed all resolutions and reports, and submitted recommendations to the convention. In addition, Carol Francis represented Zone 1 on the District Board, and served on the convention committee, handling the cookies at coffee breaks, the bunad show, and one of the delegate gifts.

The convention ran smoothly despite some confusion on how to handle a few resolutions. Poet Ray Fosse smoothed the bumps with his humor and delegates left laughing after each day. The hotel staff was quite

Continued on page 5



Carol Francis

The most fun part of convention for me was doing the bunad show on Thursday night, with the able assistance of Carol Lee Solheim. I used our map of Norway on a large board, with pictures of bunads done by Carol Lee so that people could learn more about Norwegian geography. Participants wrote a card about their bunads, which added to the enjoyment of the evening.

I did not really enjoy convention at the time, but am enjoying how well it went in retrospect. Every member of the past District Board came through well on work assignments, and that was the true joy of the convention: being part of a functional board that worked well together.

My other joy was that our #1 Zone swept three of the six lodge of the year awards. I am thankful that Solskinn Lodge has stepped forward to plan the next convention.

I think I probably danced a bit on Saturday night. I also swam a total of two miles over four days, and raised \$250 in pledges for the Foundation, earning a Kong Harald medal. I have never worked so hard in my life, and I am normally a hard worker.

**The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and provide quality insurance and financial products to our members.**

## your lodge officers:

President

**David Bailey** - 916-925-8123 • [davidsbailey@yahoo.com](mailto:davidsbailey@yahoo.com)

Vice President - open

Secretary

**Carol Lee Solheim**-530-677-2006• [solheim2636@earthlink.net](mailto:solheim2636@earthlink.net)

Recording Secretary - **Lyla Hansen**

Treasurer - **Stephen Rosenthal**

Membership

**Florence Smith** - 916-783-8830 • [darian98@surewest.net](mailto:darian98@surewest.net)

Counselor - **Carol Francis**

Social Director - open

Marshall - **Patricia Harriman**

Youth Director - **Jessica Brown**

Greeters - **Ron and Cecelia Byrd**

Librarian - **Carol Lee Solheim**

Historian - **Gordon Hanson**

Musician - **Janet Moe**

Ass't. Musician - **Bob Dahl**

Sports Director - **Ann Sandner**

Cultural Director - **LaRena Hannon**

Newsletter Editor

**Knute Blodger** - 916-632-9118 • [kblodger@aol.com](mailto:kblodger@aol.com)

Publisher - **Bob Dahl**

Webmaster

**Nancy Ottum** - 530-304-1300 • [navigatoreditor@me.com](mailto:navigatoreditor@me.com)

Publicity Director

**Dee Ann Smeltzer** - 530-676-9416 • [smeltzer4@sbcglobal.net](mailto:smeltzer4@sbcglobal.net)

Foundation Director - **Jim Smith**

**Trustees**

3-years **Joe Hannon**, 2-years **Ron Byrd**, 1-year **Ann Sandner**

**Auditors**

**Susan Lemmon & Ingrid Sceals**

### Lodge meetings

Join us at 7:00p.m. on the second Tuesday of most months to learn about your Norwegian heritage and how the Sons of Norway can benefit you and your family. It costs nothing to visit.

See the Sons of Norway Sacramento website for membership information.

[www.sonsofnorwaysacramento.com](http://www.sonsofnorwaysacramento.com)

San Juan Masonic Center

5944 San Juan Ave.

Citrus Heights, CA

## COMING EVENTS

### Multi-Lodge

### Picnic

at Camp Norge

“A Bit of Norway”

**Saturday. August 4**

at 12 Noon

Bring your own items to grill, a side dish or dessert to share, your own beverage and place setting.

See next page for more Information

**Tues. 14th: 6:30 pm lodge meeting**

### Fri. 17th: BBQ Dinner

6:30 pm Masonic Temple

5944 San Juan Ave., Citrus Heights

**Paid Reservations**

**Required**

**Limited Seating**

**Reservations Due Mon. 8/13**

**Complete Info. on pg. 5**

#### September

Tues. 11th: 7pm lodge meeting

#### October

Sat. 6th: Scandi Fest

Tues. 9th: 7pm lodge meeting

Sat. 20th: Lutefisk dinner, 5 pm Social;  
6 pm Dinner

#### November

Tues. 13th: 7pm lodge meeting

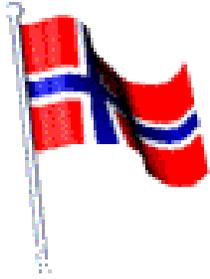
Sat. 17th: Viking Fest 10-2

#### December

Sat. 8th: Julebord

Tues. 11th: 7pm lodge meeting

Sun. 16th: Family Christmas Party



SONS OF NORWAY  
DISTRICT 6  
ZONE 1

As your 2012 host, Gulldalen Lodge 128 invites you to the annual

MULTI-LODGE PICNIC  
at Camp Norge - "A Bit of Norway"

SATURDAY, AUGUST 4, 2012, 12NOON

You are asked to bring:  
*your own items to grill*  
*a side dish or dessert to share*  
*your own beverages and place setting.*  
*The hosts will provide the condiments and have the barbecue pit ready.*

*Camp Norge's \$3 day-use fee applies to each attendee.*

Please let Siri Fenson (530-432-8311 or [sirimax@mindspring.com](mailto:sirimax@mindspring.com)) know by July 30 how many persons plan to attend from your lodge.

Directions: Rte. 80 East to Alta exit 146. At stop sign, turn right. Go to the end of road and turn left. After about a block, at the fork, turn right. Follow the Sons of Norway sign. Park by the main house on your left at the top of the hill.



Future  
Camp  
Norge  
events for  
your "far out"  
planning:

In addition to  
two regular  
Rosemaling  
classes per  
year, there are  
two bunad-  
making class-  
es scheduled  
for  
May, 2013.

Also, future  
weekend sem-  
inars for  
writers,  
knitting and  
Hardanger  
Embroidery  
are in the  
planning  
stages.

## Note:

Please let Siri Fenson (530-432-8311 or [sirimax@mindspring.com](mailto:sirimax@mindspring.com)) know by July 30 how many persons plan to attend from your lodge. or contact Carol Francis, email [csfnorge@jps.net](mailto:csfnorge@jps.net), cell 916-390-0953 and she will call in our count.

## Knute's Korner

### Velkommen New Member Norman Hales

Norman and his wife Judith have been longtime residents of Sacramento. She recently retired from a nursing career and Norman is looking forward to joining her in retirement after twenty-five years with the U.S. Postal Service. He also loves gardening and expects to be able to do even more.

Norman's grandparents emigrated from Norway to Canada at the turn of the century. After a short while they homesteaded near Malta, Montana where both Norman and his mother were born.

After school, Norman did a four year stint in the Army and then moved to California where he met and married Judith.

He was prompted to join Sons of Norway after being at Camp Norge. They had been attending an outing at Alta with their church, The Lutheran Church of the Master.

Welcome Norman and Judith.

## News of Norway

### Trade surplus hits new high

Norway's trade surplus was higher than ever before during the first half of this year, even though the price of oil and the amount of oil exported fell. One local economist noted that the growth shows what a "privileged" economic position Norway is in, at least for now.

Newspaper Dagens Næringsliv (DN) reported that the trade surplus (the difference between the value of Norwegian exports and the import of goods and services) climbed by nearly 25 percent from the first half of 2011 to the first half of 2012, to almost NOK 242 billion. Exports rose by 8.9 percent, while imports rose by 4.9 percent.

Much of the increase was tied to the volume and price of natural gas exports. Their value jumped from NOK 12.2 billion to NOK 18.7 billion, while export volume rose from 47.2 to 56.2 billion standard cubic meters, according to DN, state statistics bureau SSB.

Karen Helene Ulltveit-Moe, a professor in social economy at the University of Oslo, said the trade surplus puts Norway in "a special class," but she nonetheless warns that economic problems in Europe will affect Norwegian industry and exports over time.

"I'm pessimistic about Norwegian industry, because our biggest trading partner is the rest of Europe, and things aren't going well there," Ulltveit-Moe said.

### Lyla Hanson

Lyla was one of our members attending the convention. Read her interesting trip observations and memory of the convention.

I had never been outside of the airline terminal in Phoenix before our recent trip to the Convention. As the shuttle carried us to our hotel destination I was startled that the cactus plants were even bigger than I thought they would be.

Gordon said that we were still in the same country, even though the surroundings looked very different from California.

The highway landscaping mainly consisted of gravel and native shrubs, obviously drought and heat tolerant. It was hot all the time we were there.

Although most of the business of the convention was the kind one would expect at any convention, it was interesting to us as first time convention attendees.

My most enduring memory is the mountains of Norwegian cookies that were always available whenever we had a break. Carol Francis worked hard to gather the abundance of cookies that overwhelmed the convention's ability to eat them all!

Gordon's best memory was to reconnect with old friends from forty years ago, and to catch up on the story of their lives in those years.

Lyla

Convention cont. from page 1

helpful, working long hours to make sure we had a great convention. Room rates were great, and the pool very refreshing. Six swimmers in the swim-a-thon and twenty-five walkers in the walk-a-thon raised over \$5,000 for the Sons of Norway Foundation.

Resolutions were dispensed as follows: 1, 2, 3, withdrawn, not needed per policy changes R-4, exclusive use of Camp Norge, referred to the Recreation Center Board

R-5, Camperships to Camp Trollfjell, left scholarship to Camp Skogfjorden intact, established two 50% camperships to Camp Trollfjell at District 6 level, District 6 board to appoint committee for guidelines R-6, dues decrease, defeated, stay at present rate R-7, nominating committee procedures, defeated R-8, abolishing term limits for zone directors, passed R-9, development of virtual lodges, passed, sent to international convention for approval.

Newsletter Contest had the following winners(only one category this convention):

1st place – Steinfjell 6-114 (Loveland, CO)  
2nd place – Norseman 6-91 (Thousand Oaks, CA)  
3rd place –Fjellheim 6-107 (Colorado Springs, CO)  
Reports printed in the convention booklet were all approved. Both Southern California Kretsstevne (Nancy Madson) and Northern California Kretsstevne (Carol Francis) questioned reporting of the proceeds by the Rec Center Treasurer (not as separate line items).

Saturday election results were as follows:

President: Lyle Berge, Fjellheim 6-107, Colorado Springs, CO  
Vice President: Mary Beth Ingvoldstad, Vikings of Lake 6-166, Lake County, CA  
Secretary: Wendy Winkelman, Overtro Fjell 6-153, Mesa, AZ  
Treasurer: Bob Sather, Victory 6-43, Vallejo, CA  
Public Relations: Irene Jordahl, Snorre 6-61, Hayward, CA  
Zone 1 Director: Carol Francis, Roald Amundsen 6-48, Sacramento, CA  
Zone 2 Director: Marne Olson, Freya 6-62, Santa Rosa, CA  
Zone 3 Director: Carol Campbell, Vigeland 6-155, Redwood City, CA  
Zone 5 Director: Jo Ness, Edvard Grieg 6-74,

Glendale, Ca  
Zone 6 Director: Rick Hausvik, Valhall 6-25, San Diego, CA  
Zone 7 Director: Mark Alexander, Nordic Pines 6-167, Flagstaff, AZ  
Zone 8 Director: Linda Ault, Trollheim 6-110, Denver, CO

Awards at the Banquet on Saturday night were:  
2010 Small Lodge of the Year, Hvite Fjell 6-151, Reno, zone 1  
2010 Large Lodge of the Year, Gulldalen 6-128, Grass Valley, zone 1  
2010 Family Lodge of the Year, Garborg 6-56, Modesto  
2011 Small Lodge of the Year, Vikings of Lake 6-166, Lake County, zone 1  
2011 Large Lodge of the Year, Solskinn 6-150, Palm Desert  
2011 Family Lodge of the year, Norseman 6-91, Thousand Oaks

Delegates enjoyed entertainment about the Vikings by Eldon Halingstad on Wednesday night, and music by Debra and Garth Philipsen on Thursday. The bunad show by Carol Francis (with help from Carol Lee Solheim) went very well, and people asked lots of questions.

After convention, the District Board finalized the bid from Solskinn Lodge 6-150 in Palm Desert to hold convention in 2014.

“KIND-HEARTED NORWEGIAN”

My wife and I walked past a swanky new restaurant last night.

“Did you smell that food?” she asked. “Incredible!”

Being the kind-hearted Norwegian I am,

I thought, “What the heck, I’ll treat her!”

So we walked past it again.

6.



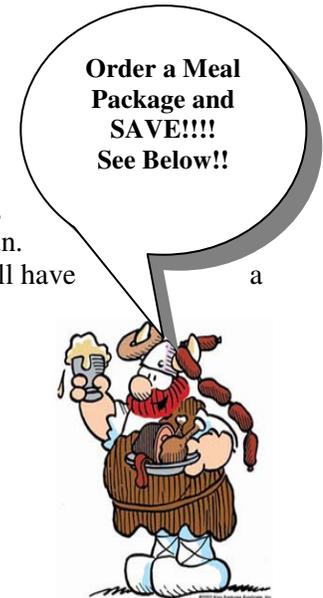
## Northern California Kretsstevne (NCK) Labor Day Weekend at Camp Norge September 1, 2, 3 – 2012

The Northern California Kretsstevne Committee invites the members of all Sons of Norway Lodges in Northern California, and surrounding areas, to join them in a weekend of fellowship, friendship and fun. Whether you come in your RV, stay in the dorms or bring tents, we know you will have great time



**Planned Activities:**  
 Good Food—Horseshoe Tournament  
 Meadow Faire  
 Games for all ages—Swimming  
 Dancing—Raffle—Karaoke  
 Barbecue

Check out [www.campnorge.com](http://www.campnorge.com) for more information



Camp Norge Room Accommodations? The rooms fill up quickly so please call Jim ASAP at: 530-389-2508. (No site reservations required for RV's and Tents.)

Meal Packages **will not** be available at the event. Meal Registration Deadline is **August 24, 2012**. Questions? Call: Lillie and Marvin Hanson at 707-279-0974 or email at [mlhanson@att.net](mailto:mlhanson@att.net)

**Cut here and return, along with payment (*check made payable to NCK*) to:  
 The Hansons, 5701 Live Oak Drive, Space 26 Kelseyville, CA 95451**

Northern California Kretsstevne (NCK) 2012  
 Meal Preregistration Form

Lodge Name & # \_\_\_\_\_ Name \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

**Meals Purchased Individually in Advance:**

**Prices at the Door**

Saturday Breakfast	# of Adults _____	X \$6.00 = _____	\$ 7.00
Saturday Lunch	# of Adults _____	X \$6.00 = _____	\$ 7.00
Saturday Dinner	# of Adults _____	X \$12.00 = _____	\$14.00
Sunday <i>Frokost</i>	# of Adults _____	X \$7.00 = _____	\$ 8.00
Sunday Lunch	#of Adults _____	X \$6.00 = _____	\$ 7.00
Sunday Potluck	<i>Donation Requested</i>		

Saturday Breakfast	# of Children _____	X \$4.00 = _____	\$ 4.50
Saturday Lunch	# of Children _____	X \$4.00 = _____	\$ 4.50
Saturday Dinner	# of Children _____	X \$7.00 = _____	\$ 7.50
Sunday <i>Frokost</i>	# of Children _____	X \$4.00 = _____	\$ 4.50
Sunday Lunch	# of Children _____	X \$4.00 = _____	\$ 4.50
Sunday Potluck	<i>Donation Requested</i>		

*Monday Breakfast is a free smorgasbord of leftovers!*

Meal Package	# of Adults _____	X \$30.00 = _____
Meal Package	# of Children _____	X \$18.00 = _____

TOTAL \$ \_\_\_\_\_

Meal Package includes \$2.00 Kretsstevne Pin

**Save \$9.00 with an Adult Meal Package including the Kretsstevne Pin!**



Roald Amundsen Lodge Invites Everyone to the

# Annual Summer Bar-B-Q Dinner

## Friday, August 17, 2012



6:30 p.m.



**Masonic Center**  
**5944 San Juan Avenue, Citrus Heights**

*Enjoy Barbecued Ribs, Sliced Beef, Chicken, Corn on the Cob,  
Baked Beans, Coleslaw, Cornbread, Banana Nut Bread,  
and Cold Watermelon*

**Adult Lodge Members – \$12.00 & Adult Non-Lodge Members – \$15.00**  
**Children 10 years old and under – \$6.00**



**Paid reservations are required. Seating is limited.**  
**Reservations are due by Monday, August 13th**

Questions? Call or email Carol Lee Solheim at  
(530) 677-2006 or email: [solheim2636@earthlink.net](mailto:solheim2636@earthlink.net)

**Make out check to: Sons of Norway. To make reservations, send check to  
Carol Lee Solheim, 3570 Vista Grande, Shingle Springs, CA 95682**



*Cut here and send in form:*

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Phone number \_\_\_\_\_

How many Adults who are Lodge Members? \_\_\_\_\_ at \$12.00 = \$ \_\_\_\_\_

How many Adults who **not** Lodge Members? \_\_\_\_\_ at \$15.00 = \$ \_\_\_\_\_

How many children 10 yrs. and under? \_\_\_\_\_ at \$6.00 = \$ \_\_\_\_\_

\$ \_\_\_\_\_ Total



Roald Amundsen 6-48  
Sons of Norway  
P.O. Box 3734  
Citrus Heights, CA 95611-3734

Non-Profit Organization  
U.S. Postage Paid  
Sacramento, CA  
Permit #124

RETURN SERVICE REQUESTED

## Norwegian Table Prayer

I Jesu navn går vi til bords  
(ee yea-suh nah-vn gohr vee tihl bohrrs)  
(In Jesus' name go we to the table)

Å spise, drikke på dit ord.  
(oh speeseh, drihk-eh poh diht ohr.)  
(To eat, drink according to your word.)

Deg Gud til aere, oss til gavn  
(day goo-d tihl air-eh, ohs tihl gah-vn)  
(To you God the praise, to us the gift)

Sa får vi mat I Jesu navn.  
(soh fah-r vee maht ee yea-suh nah-vn.)  
(so receive we food in Jesus' name.)  
Amen (ah-main)

## Roald Amundsen Needs You!

**David Bailey** is completing his second and last term as president. We need someone to start training as Vice President to take on the Presidency in January 2013. This position also involves working with new members. In our lodge we have a very strong board that meets regularly and actively assists the president in planning lodge activities. We also have a tradition of past presidents helping with dinners, hosting board meetings, and training new officers.

**A President's job** is to greet members, make them feel welcome, and get as many other lodge members to do the work of the lodge as possible. This builds a strong lodge. We also have a lodge which will be without a president in January 2013. Someone needs to step up and will have plenty of help in doing so. There will be at least four past presidents who still help out in any way they can, Carol Lee Solheim, Joe Hannon, myself, and David Bailey after he ends his term. We need you! Carol Francis