

Roald Amundsen's

NAVIGATOR



Sons of Norway Lodge 6-48, Sacramento

September 2012

Fra Presidenten

Thank you for the month's vacation from this column. I had a wonderful time on my vacation described below.

Please look forward to the Lodge Meeting on September 11th where we will have the students from the language school at Camp Norge that we sponsored. This meeting will return to our regular meeting time of 7:00 pm at the San Juan Masonic Center.



This summer I again ventured forth on the (Des Moines) Register Annual Great Bike Ride Across Iowa (RAGBRAI) in Iowa, my home state. It was a 500 mile week-long trek and the first three days were triple digits in the air and more on the pavement. Wednesday brought us an evening thunderstorm with lots of lightning and 70 mph winds that lowered the temperature to the 90's. I was quite glad my tent was deeply staked. There were lots of humorous characters on the road and lots of wonderful refreshments. Among the groups I met was Team UFFDA ((www.teamuffda.blogspot.com), a group of Norwegian grandkids of Dave Nelson of Lake Mills and Spirit Lake IA, who had passed from Alzheimers last spring. He had been a devoted rider of RAGBRAI, and they were taking his bike for a last ride across the state and raising funds for Alzheimer research. They wore a bright red jersey stating

Continued on page 3

NORWAY WINS GOLD AT 2012 SUMMER OLYMPICS IN LONDON

By Ron Byrd

Norway competed at the 2012 Summer Olympics in London from July 27 to August 12 with 64 competitors in 14 sports.

In the medal count, Norway won two gold medals, one silver and one bronze for a total of four Olympic medals.

Norway's womens national handball team won the gold medal with 14 women on the team. Eirik Veras Larsen won the gold medal for canoeing in the men's K-1 1,000 metres race. Bartosz Piasecki won the silver medal for fencing in the men's individual epee competition. Alexander Kristoff won the bronze medal in cycling in the men's road race.

In the 2008 games in Beijing Norway had 85 competitors and won nine medals -- three gold, five silver, and one bronze.

Norwegian athletes have won a total of 148 medals at the Summer Olympic Games with sailing and shooting as the top medal-producing sports.

At the Winter Olympic Games Norway has won 303 medals (107 gold) -- more than any other nation -- with cross country skiing and speed skating as the top sports.

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and provide quality insurance and financial products to our members.

2.

your lodge officers:

President

David Bailey - 916-925-8123 • davidsbailey@yahoo.com

Vice President - open

Secretary

Carol Lee Solheim-530-677-2006• solheim2636@earthlink.net

Recording Secretary - **Lyla Hansen**

Treasurer - **Stephen Rosenthal**

Membership

Florence Smith - 916-783-8830 • darian98@surewest.net

Counselor - **Carol Francis**

Social Director - open

Marshall - **Patricia Harriman**

Youth Director - **Jessica Brown**

Greeters - **Ron and Cecelia Byrd**

Librarian - **Carol Lee Solheim**

Historian - **Gordon Hanson**

Musician - **Janet Moe**

Ass't. Musician - **Bob Dahl**

Sports Director - **Ann Sandner**

Cultural Director - **LaRena Hannon**

Newsletter Editor

Knute Blodger - 916-632-9118 • kblodger@aol.com

Publisher - **Bob Dahl**

Webmaster

Anne Bandy - 916-486-8397 • abandy100@gmail.com

Publicity Director

Dee Ann Smeltzer - 530-676-9416 • smeltzer4@sbcglobal.net

Foundation Director - **Jim Smith**

Trustees

3-years **Joe Hannon**, 2-years **Ron Byrd**, 1-year **Ann Sandner**

Auditors

Susan Lemmon & Ingrid Sceals

Lodge meetings

Join us at 7:00p.m. on the second Tuesday of most months to learn about your Norwegian heritage and how the Sons of Norway can benefit you and your family. It costs nothing to visit.

See the Sons of Norway Sacramento website for membership information.

www.sonsofnorwaysacramento.com

San Juan Masonic Center

5944 San Juan Ave.

Citrus Heights, CA

COMING EVENTS

Northern California

Kretsstevne

Camp Norge

Sept. 1-2-3

For a weekend of fellowship, friendship and fun.

Tues. 11th: 7:00 pm lodge meeting

October

Sat. 6th:

Scandi Fest

Complete info on page 7

Tues. 9th: 7pm lodge meeting

Sat. 20th:

Lutefisk Dinner,

5 pm Social;

6 pm Dinner

Complete information on page 7.

November

Tues. 13th: 7pm lodge meeting

Sat. 17th: Viking Fest 10-2

December

Sat. 8th: Julebord

Tues. 11th: 7pm lodge meeting

Sun. 16th: Family Christmas Party

LODGE MEMBER KAREN NELSON WINS ROSEMALING AWARDS

by Stephen Rosenthal



Karen Nelson

In July I took a short trip to Wisconsin with a side trip to the famous Vesterheim Museum in Decorah, Iowa. The museum is, of course, of great interest, but what really caught my eye was a display on the top floor, where the National Folk Art Exhibition (and contest) was housed. While perusing the exhibits, I came across a Hallingdal-style Pedestal Bowl, or compote, painted by our own Karen Nelson!



Karen Nelson and her winning pieces

I learned later that she was awarded a red ribbon for this piece, and a blue ribbon for a box that I actually missed seeing.

Fra Presidenten Continued from page 1

“Team UFFDA” with a Norwegian icon.

“I urge you to consider to coming up to Kretsstevne over the Labor Day weekend at Camp Norge. You don’t need to attend for the entire weekend. In addition to the items listed in the August newsletter, the weekend includes the following items on Saturday: Breakfast (served by Roald Amundsen members), folk dance class at 9:45-11:45 (and on Sunday), sale of Sharon Mahnken last wood carvings and rosemalings at the Meadow Faire at 1 pm, and Norwegian travel tips by Carol Francis at 4:30-5:30 pm. It’s cooler up at the camp, with good food and companionship.

At the September meeting we will be electing the Nominating Committee. If you have an interest in recruiting officers for next year or serving in one of the offices, please contact me at (916) 925-8123. We need Lodge members to step forward and provide ideas and service to the Lodge. Officers are greatly appreciated and treasured; they also wear out after extended use.”

We had a nice Lodge meeting on August 14 featuring a discussion of Bernard Cornwell’s Saxon Tales novels and an ice cream social.

Look forward to seeing you at the next meeting.
David S. Bailey

Ribbons carry points awards (3 for blue, 2 for red and 1 for white) and if you amass 8 or more points you become a Gold Medalist. Because of her current and previous awards, Karen is now a Gold Medalist in rosemalming! This means that in the future she is welcome to enter pieces to promote the art, but they are no longer judged.

They also had a “People’s Choice” contest underway, where museum patrons could vote for their favorite pieces. Needless to say, I voted for Karen’s compote, but we have not yet heard who won.

But wait! There’s more! After returning from the mid-west, I attended the California State Fair, and there, in the Creative Arts building were two more art pieces by Karen. In fact, as you entered the building, about the first item you saw was a painted stool (“none-traditional” rosemalming, although not identified as such), that had won a special first place award in the Large Decorative Art Piece class. She also had on display a beautiful Hallingdal Rosemalming Bowl in the Small Decorative Art Piece class.

Karen has prepared the tables for many of our special dinners in the past. We are fortunate to have such a talented person in our lodge.

Graduation Day At



Graduates from Camp Trollfjell,
Anders Thue & Karson Hutler



1st year camper Angelina Jensen. with aunt Laura's family, and dad (member) Arne Jensen.



Lars Strande Syrrist



Bo Tadlock enjoyed his first year at Camp with his Aunt Connie and Grandma, Pat Harriman (member).

A special visitor from Norway to Camp Troll Fjell

Lars Strande Syrrist from Hønefoss, Norway went to Camp Troll Fjell with his AFS Aunt Carol Francis, curious about what Norwegians learn about their heritage. Camp Director Russ Behel invited him to camp from Monday to Thursday nights as an honorary counselor. Lars commented: "It felt like taking a time machine back a century, since they were doing rosemaling, making lefse, and learning folk-dance and all the classic kids' folk songs. That their perception of Norway seemed so old to me now is probably because Norway, Scandinavia and Europe have gotten so modern and technological. Americans are very much concerned with their heritage, a bit more than Norwegians, but for that purpose the camp seemed perfect, and they had great teachers with lots of knowledge." He took pride in wearing his camp T-shirt on the plane back to Norway, and hopes to return to Camp Troll Fjell in the future.

Camp Troll Fjell

by Carol Francis



Judith Gabriel Vinje looking at Heritage exhibition at camp. She tied the Chinese Year of the Dragon into Norse mythology.



Rosemaling teachers Leslie Mackowiak from Viking Lodge in Chico, and Penny Joseph Knudsen from Andrew Furuseth Lodge in Richmond,

Barbeque Dinner Too

Forty six Norwegians and their guests enjoyed the barbeque dinner on August 17th arranged by Carol Lee Solheim. While hardly Norwegian, the food from Back 40 Texas Barbecue in Shingle Springs brought rave reviews from the group. Also popular was the DVD by Rick Steves, provided by Joan Armstrong Allen, showing Bergen and the western fjord country in Norway. It was a very pleasant evening!



Sharee Frost moved from registrar to a very successful first year craft teacher

Knute's Korner

Will return next month with a biography of a very special lady who has given much to our community.



Daniel, Erin and Elizabeth Hill enjoy the barbecue dinner, while little sister watches. Cecelia and Ron Byrd, grandma Janet Moe in background.



Multi-Lodge Picnic, Saturday, August 4th, Camp Norge

by Carol Francis

left clockwise, Kent Oren, Carol Francis, Joe and LaRena Hannon, Carol Lee and Oystein Solheim, Delores Shoemaker (called Dodie).

Dodie was caretaker with her husband at Camp Norge from 1969 to 1972, supervising the building of Dorm 1, the swimming pool, and the deck around the Recreation Hall. She told about the early days of Language and Heritage Camp, when the kids had to walk to the pool in Dutch Flat, and when they had two sessions of 60 kids each. It was a treat to have her at the pic-

nic, and she enjoyed seeing old friends. She is a life member of our lodge, and now lives in Cool.

Gulldalen Lodge did a great job putting the picnic together. Forty-two members of five lodges attended, including Gulldalen in Grass Valley, Roald Amundsen in Sacramento, Snowshoe Thompson in Yuba City, Hvite Fjell in Reno, and Vikings of Lake in Clear Lake. Activities included Norwegian songs, games, lots of good food, and visiting. The weather was lovely, and much cooler than in the valley.

We also had a tour of the new Heritage Hall.

No. Cal. Kretsstevne Camp Norge

Labor Day Weekend Sept. 1-2-3

for registration form and program please see our website, sonsofnorwaysacramento.com.



29th Annual

Sacramento Scandinavian Festival

October 6, 2012

10:00 am - 4:00 pm

Scandinavian food, baked goods, and
merchandise for sale

Information about the Nordic Countries

Music, Entertainment and Door Prizes

DIVINE SAVIOR CATHOLIC CHURCH

9079 Greenback Lane

Orangevale, CA 95662

(Two blocks east of Hazel Avenue)

Adults \$4 • Children under 12 free

For more information, please

call:

• Denmark (916) 682-488 • Finland (916) 987-8193

• Iceland (408) 509-3209 • Norway (916) 451-3853

• Sweden (916) 791-1908

Day of Festival you can call

(916) 206-8962

ROALD AMUNDSEN LODGE
SONS OF NORWAY

LUTEFISK & MEATBALL DINNER

Lutheran Church of the Master
1900 Potrero Way

SAT., OCTOBER 20, 2011
Social Hour 5:00pm • Dinner 6:00pm

NOTE: DEADLINE TO MAIL IS OCT. 12th
PRE-PAID RESERVATIONS ONLY
NO TICKET SALES AT DOOR.
ADULT S/N MEMBERS \$17.00
NON-MEMBERS \$20.00
CHILDREN 10 & UNDER \$5.00

~ ~ ~

Make check payable to "SONS OF NORWAY"
MAIL TO: Carol Lee Solheim, 3570 Vista Grande,
Shingle Spgs, CA 95682
(Questions? 530.677-2006 email:solheim2636@
earthlink.net www.sonsofnorwaysacramento.com

Please reserve the following tickets:
"Lutefisk & Meatball Dinner" Tickets
will be held at the door for you.

Member name(s) _____

Non-member/Guest names(s) _____

Phone number & e-mail _____

of Members _____ @ \$17.00 each
Total \$ _____

of Non-members _____ @ \$20.00 each
Total _____

Child tickets _____ @ \$5.00 each
Total _____

Grand Total: \$ _____

Write small or use a separate sheet
MAIL INFORMATIONS TO ABOVE ADDRESS
BY OCT. 12, 2011)

Roald Amundsen 6-48
Sons of Norway
P.O. Box 3734
Citrus Heights, CA 95611-3734

Non-Profit Organization
U.S. Postage Paid
Sacramento, CA
Permit #124

RETURN SERVICE REQUESTED

In Memoriam

Ryon Beyer

7/20/20 - 8/2/12

Sons of Norway Life Member,
Ryon and his late wife Eileen were vital
members of Roald Amundsen and Eileen
was our musician for many years.

Roald Amundsen Needs You!

David Bailey is completing his second and last term as president. We need someone to start training as Vice President to take on the Presidency in January 2013. This position also involves working with new members. In our lodge we have a very strong board that meets regularly and actively assists the president in planning lodge activities. We also have a tradition of past presidents helping with dinners, hosting board meetings, and training new officers.

A President's job is to greet members, make them feel welcome, and get as many other lodge members to do the work of the lodge as possible. This builds a strong lodge. We also have a lodge which will be without a president in January 2013. Someone needs to step up and will have plenty of help in doing so. There will be at least four past presidents who still help out in any way they can, Carol Lee Solheim, Joe Hannon, myself, and David Bailey after he ends his term. We need you! Carol Francis