

# Roald Amundsen's NAVIGATOR



Sons of Norway Lodge 6-48, Sacramento

December 2012

## Fra Presidenten

A rainy and gloomy day greeted our Viking Fest, and a similar setting a few years ago had depressed our turnout, but the guests kept coming. Twice, when I ran out for quick errands, the parking lot was full.



Our members were busy greeting, entertaining, and feeding them all. Thanks to Nancy Ottum, who ran the kitchen, and Ron Byrd, who ran the front room. Thanks also to Lynn Lynch, Mike Jones, Eric Swanson, Tove-Lisa Miller, Donna Gordon, DeAnn Smeltzer, Juliette

Smeltzer, Pat Harriman, Jim and Florence Smith, Cecelia Byrd, Duane, Betty and Eric Malme, Joe and LaRena Hannon, Sharon Brooks, Lois MacNeil and Ann Sandner. If I missed someone, you have my apologies and thanks. You made it a magnificent event. We expanded the number of vendors present and may have to reconfigure in the future if the dancers are available.

At our November meeting we heard the story of some 17th century Scottish mercenaries who were hired by Swedish King Gustavus Adolphus to aid him against the Danes. Since the Danish fleet was blocking the sea lanes, they were crossing overland ravaging the Norwegian land. Since Sweden had recently massacred some Norwegians conscripted into the Danish forces. Norwegians were quite hostile and ambushed the Scots in a narrow mountain passage. Of the 400 plus Scots, 18 survived. It is known as the Battle of Kringen, and that is the name of the Fargo, North Dakota, Lodge.

Additionally, at the meeting the Lodge approved donations for the year recommended by the Board (see Board Summary) and elected the officers for next year (see separate list of Officers). I wish to extend my personal thanks to all who have served this year, it has been a very productive and congenial Board, and to all who have agreed to serve next year. Thanks to Tove-Lise Miller and Nancy Gordon who provided the refreshments.

December 8th we will be entertaining our Julebord at Lutheran Church of the Master and December 16th we will have our Family Christmas Party at the Carmichael Community Center. Hope to see you there.



“The guests kept coming to the Viking Fest.”

**The mission of Sons of Norway** is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and provide quality insurance and financial products to our members.

2.

## your lodge officers:

President

**David Bailey** - 916-925-8123 • [davidsbailey@yahoo.com](mailto:davidsbailey@yahoo.com)

Vice President - open

Secretary

**Carol Lee Solheim**-530-677-2006• [solheim2636@earthlink.net](mailto:solheim2636@earthlink.net)

Recording Secretary - **Lyla Hansen**

Treasurer - **Stephen Rosenthal**

Membership

**Florence Smith** - 916-783-8830 • [darian98@surewest.net](mailto:darian98@surewest.net)

Counselor - **Carol Francis**

Social Director - open

Marshall - **Patricia Harriman**

Youth Director - **Jessica Brown**

Greeters - **Ron and Cecelia Byrd**

Librarian - **Carol Lee Solheim**

Historian - **Gordon Hanson**

Musician - **Janet Moe**

Ass't. Musician - **Bob Dahl**

Sports Director - **Ann Sandner**

Cultural Director - **LaRena Hannon**

Newsletter Editor

**Knute Blodger** - 916-632-9118 • [kblodger@aol.com](mailto:kblodger@aol.com)

Publisher - **Bob Dahl**

Webmaster

**Anne Bandy** - 916-486-8397 • [abandy100@gmail.com](mailto:abandy100@gmail.com)

Publicity Director

**Dee Ann Smeltzer** - 530-676-9416 • [smeltzer4@sbcglobal.net](mailto:smeltzer4@sbcglobal.net)

Foundation Director - **Jim Smith**

**Trustees**

3-years **Joe Hannon**, 2-years **Ron Byrd**, 1-year **Ann Sandner**

**Auditors**

**Susan Lemmon & Ingrid Sceals**

### Lodge meetings

Join us at 7:00p.m. on the second Tuesday of most months to learn about your Norwegian heritage and how the Sons of Norway can benefit you and your family. It costs nothing to visit.

See the Sons of Norway Sacramento website for membership information.

[www.sonsofnorwaysacramento.com](http://www.sonsofnorwaysacramento.com)

San Juan Masonic Center

5944 San Juan Ave.

Citrus Heights, CA

## COMING EVENTS

### December

Sat. Dec. 8th:

### Julebord

Social Hour at 5:00

Dinner at 6:00

*The evening will feature a program on St Lucia with a special tribute.*

Please bring a small item or two to donate to the drawing for door prizes

Deadline for reservations is

Dec. 1, 2012

See page 7 for details

Tues, Dec. 11: 7pm Lodge Meeting

### Sun. Dec. 16th:

ROALD AMUNDSEN LODGE

SONS OF NORWAY

### FAMILY

### CHRISTMAS PARTY

Activities: Christmas Story, Singing Around the Christmas Tree,

and maybe a surprise visit from a guy in red... plus refreshments.

Hope you ALL can come!

SUN., DECEMBER 16,

2:00pm til 4:00pm

To be held at the

COMMUNITY CLUBHOUSE in

CARMICHAEL PARK,

5750 Grant Ave (near corner of Fair Oaks

Blvd & Grant Ave).

See page 6 for all the details

# Summary of October Board Meeting

At its October 25th meeting, the Board established the tentative calendar for next year's Lodge events, including adding a celebration for members over 80 in April (details still pending). The Board also recommended donations in the amount of \$100 to the Children's Receiving Home, Mustard Seed School, WIND Youth Services, and Women's Empowerment, and donations in the amount of \$500 to Camp Norge and Sons of Norway Foundation. These donations would be paid from the Hall and Park account. The Board also reviewed the recommendations of the Nominating Committee.

## Nominating Committee Report Roald Amundsen Lodge November 13, 2012

- President – Steve Rosenthal
- Vice President
- Secretary – Carol Lee Solheim
- Recording Secretary Lyla Hanson
- Treasurer – David Bailey
- Membership – Florence Smith
- Counselor - Joe Hannon
- Social Committee: LaRena Hannon
- Marshall – Ann Sandner
- Asst. Marshall – Pat Harriman
- Youth Director – Carol Francis
- Greeters
- Librarian Carol Lee Solheim
- Historian
- Musician Janet Moe
- Ass't. Musicians – Bob Dahl
- Sports Director Norman Hales
- Cultural Committee: Corrine Laing,
- Newsletter Editor – Knute Blodger
- Publisher – Bob Dahl
- Web Master – Anne Bandy
- Publicity Director Dee Ann Smeltzer
- Foundation Director - Jim Smith
- Trustee
- 3-years Ron Byrd
- Auditors Susan Lemmon, Ingrid Sceals

# SCHOLARSHIPS - - - - College/University Scholarships - - - - -

The applications for the 5 scholarships offered by International are due mostly by March 1

## Applications for District 6 scholarships

must be to me no later than April 1, 2013. If you are between the age of 18 and 23 and an Unge Venner\* member of a District 6 lodge, you are eligible to apply for one of the three scholarships offered by District 6. Three \$1,000.00 scholarships are available for students entering their sophomore, junior, or senior year as a fulltime undergraduate student in a 4 year accredited college or university in the USA. A grade point average of 2.5 or better on a scale wherein A=4, B=3, C=2, D=1 is required. An updated application form can be found and printed at the district website, www.sofn6.com or you can call or e-mail me and I will be happy to send an application to you.

\* A youth between the ages of 16 and 23 inclusive, who is a lineal descendent of a current SON member; resides in the same household as a current SON member; or a youth member paying Unge Venner membership dues.

## - - - - - Camp Skogfjorden – Concordia Language Villages - - - - -

Are you between the ages of 13 and 18 and a Heritage or Unge Venner member in a District 6 lodge? Have you attended Camp Trollfjell at Camp Norge where you took part in learning to speak Norwegian? Camp Skogfjorden, in Bemidji, MN can take you to another level of Norwegian culture, and District 6 is here to help with this expense. Application is open to all in this age group. Applicants must register and meet all requirements for Camp Skogfjorden directly, prior to applying for this scholarship. Enrollment is on a first come first served basis - on line registration at www.concordialanguagevillages.org is recommended.

**Crystal Sundet –  
SON Dist. 6 Scholarship Chairperson  
Sons of Norway D6 Scholarships  
2884-G West Long Circle, Littleton, CO 80120  
720-283-8592    crystobel2@gmail**

## Knute's Korner

by Knute Blodger

### *Christmas in Old-time Norway*

Ceremonial drinking of the Christmas brew was common in pagan times. The beer was a symbol of grain and harvest. In Christian times the symbol of the cross was often used at some time during the process. Sometimes crossed straws were put in the container, sometimes crosses of tar were painted on or under it to insure that the brewing was protected by benevolent forces. A wooden cross in the container was in many places believed to improve the fermentation process. The brewing started two to three weeks before Christmas at a full moon. It had to be done by St. Thomas Day (December 21) or winter solstice, because it was tricky to brew on the turning of the sun. In most districts, the brewer—usually the master or matron of the household—had to be alone.

The Christmas baking usually started during the period of mild weather—*kakelinna*—which often occurs in Norway in December. But even long before *kakelinna*, women who

baked for others went from farm to farm, baking flatbread. They started in fall and usually made a whole year's supply—huge piles of flatbread. When the tradition of having cookies for Christmas was well established, one needed seven—and sometimes even twelve—different cookie types in order to do things “right.” Rosettes, goro, fattigmann, berlinerkranser, sandbakkels, krumkaker and all the other Christmas goodies then became a common treat on the coffee tables.

The butter served for Christmas was pressed into wooden butter molds made of four or five carved pieces of wood fitted together to form a square or a square with a pyramid-shaped top. The ornaments carved in the mold were often elaborate, with swirls and flowers and the farmer's initials. Taken out of the mold, the butter became a most impressive “decoration” on the table. It was meant to last until after New Year's Eve. To knock the butter over was a bad omen.

Candle-making was done on most Norwegian farms up to the 1920s. The candles were usually made from cow tallow or sheep tallow, which gave the best candles. (S/N resource)

# God Jul • Merry Christmas

### *Christmas in Norway today*

Christmas preparations in general are much simpler than they used to be in the old days. The food is in the freezer long before the holidays: convenience is the key word for busy 20th-century people. But even in their demand for convenience, few Norwegians wish to let go of old family traditions. They are as much a part of the holidays as the Christmas Gospel. Especially in the countryside, many families do things the way their ancestors did. The thought of a countryside Christmas still makes Norwegian eyes sparkle. Even in the cities, people follow the rural custom of putting up a sheaf of grain for the birds, and the *nisse* is not just confined to farm life any more. Millions of *nisses* are well established in city homes, where they are guests of honor through the holidays.

Christmas cards are sent out during Advent. Written greetings are common, even between neighbors. Christmas seals

are often used, as on this side of the Atlantic. In cities and town centers, Christmas decorations are very much like the ones seen here, except that the Norwegians are perhaps a little more cautious in their use of colors and lights. Most cities have a city Christmas tree, and the lighting ceremony some time during Advent usually draws a large crowd.

The Norwegians have adopted the Swedish custom of celebrating St. Lucy, or Santa Lucia, who was a Christian martyr living in Sicily in the 200s. She is commemorated on December 13, which was the date of winter solstice until the 1700s. Santa Lucia has thus become the symbol of Light. The traditional Lucia celebrations take place early in the morning, when a young girl wearing a long white dress and a crown of light on her head brings food and drink to the rest of the household. The custom has been adapted for Lucia ceremonies in schools, institutions and at community events throughout Scandinavia. (S/N resource)

**SONS OF NORWAY**

District Six

**RECREATION CENTER**

P.O. Box 622, Alta, CA 95701

530-389-2508 campnorge@  
yahoo.com

# 2013 - Let's Make a Bunad!

Once again  
**Sue Sutherland**  
of  
**Bunad Butikken**  
in

Ely, Minnesota  
will have a bunad  
making class at  
Camp Norge in  
Alta, CA. This  
year's bunad class  
sold out so next  
year we are offer-  
ing two!

Do you want to  
learn embroidery?  
Do you want to  
learn construc-  
tion? Do you have  
a bunad that needs  
fitting, or adjust-  
ment, or repair?



*This letter has been edited  
down to bullet points:*

- A limited schedule will be in effect from Nov. 2012 'til April 1, 2013
- The main house will continue to be available, there will not be housekeeping services.
- The position of General Manager has been eliminated as not cost effective. This was effective October 10, 2012 The caretaker position was retained and Aren Sutton is the contact person for members wanting to use the main house. It will be important to call for reservations in advance.
- The Board will be busy reorganizing all operations; looking at pattern of use by members and non-members. This will be geared to benefit members including working on a new reservation system.
- Within the next few weeks, the water line replacement project will be underway as our existing line is in grave need of repair. The members and staff depend on our spring. We are planning a work party by the end of the month. If you are interested in this project please contact Penny Knudsen at pennyknudsen@sbcglobal.net. This is a vital and urgent need and time is of the essence.
- The Recreation Board would like to thank our members for your support and especially for the volunteers that make Camp Norge such a gem.

Respectfully,  
Linda Carruthers, President

Each class is limited to 12. The cost for five days is \$287. The dates for the first class are April 29-May 3, immediately following the spring Rosemaling seminar. The dates for the second class are May 6-10 immediately following Norway Day. Cost of bunad kit, rooms at Camp Norge and food are additional and it's still really good deal!

Bunad kits must be ordered by January 2013 in order to have them in time for the class.

**We expect this class to fill up quickly.**

**Contact**

**Pamela at [clothcrafter@sbcglobal.net](mailto:clothcrafter@sbcglobal.net)  
or 707-778-8120**

6.

ROALD AMUNDSEN LODGE SONS OF NORWAY



# FAMILY CHRISTMAS PARTY



Activities: Christmas Story, Singing Around the Christmas Tree, and maybe a surprise visit from a guy in red... plus refreshments.

Hope you ALL can come!

## SUNDAY, DECEMBER 16



### 2:00pm til 4:00pm



To be held at the

COMMUNITY CLUBHOUSE in CARMICHAEL PARK,  
5750 Grant Ave (near corner of Fair Oaks Blvd & Grant Ave).

From Fair Oaks Blvd, go west on Grant Ave, the Community Clubhouse is on the left. There is a sign on the Clubhouse and tennis courts are next to the building.

Parking is limited in front of the clubhouse, but there is ample parking in the back. Google maps or "carmichael park". ~ ~ ~

***PLEASE BRING A PLATE OF GOODIES TO SHARE.  
LODGE WILL PROVIDE COFFEE AND CIDER AND GIFT  
BAGS FOR THE CHILDREN.***

If you want a bunad or vest for a child to wear for photos, let Carol Lee know as early as possible, as the costumes are stored.

Boys should wear a white shirt and girls a white blouse in order to wear the Vest and Bunad correctly.



We need a count of the children coming by December 12th, with names and ages:

Please contact Carol Lee Solheim at 530-677-2006, [solheim2636@earthlink.net](mailto:solheim2636@earthlink.net)



Roald Amundsen Lodge & Sons of Norway

Invite you to attend its Annual

# JULEBORD Traditional Norwegian Christmas

## Saturday, December 8

Social Hour at 5:00

Dinner at 6:00

*The evening will feature a program on St Lucia with a special tribute.*

Please bring a small item or two to donate to the drawing for door prizes

Deadline for reservations is Dec. 1, 2012

**1900 Potrero Way,  
Sacramento**



## Lutheran Church of The Master

**Menu:** Norwegian Appetizers - Cider Christmas Toast - Pork Roast - Medisterkaker (pork meatballs) - Herring --Surkal (sweet & sour cabbage) - Seasonal Vegetables - Red Potatoes - Beet Salad - Cucumber Salad - Fish Aspic - Desserts - Lefse - Coffee

-----Clip and save-----

Please hold the following tickets at the door for the Julebord Dec. 8. **Res. Deadline, Dec.1.**

Lodge Member Name(s) \_\_\_\_\_

Non Lodge Member name(s) \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

# of members at \$17 ea. \_\_\_\_\_, total \$ \_\_\_\_\_

# of non members at \$20 ea. \_\_\_\_\_, total \$ \_\_\_\_\_

# of child tickets at \$8 \_\_\_\_\_, total \$ \_\_\_\_\_

GRAND TOTAL \$ \_\_\_\_\_

Mail Reservations to Florence Smith by Dec. 1, 606 Joann Lane, Roseville, CA 95678,  
916-783,8830, email darian98@surewest.net

Roald Amundsen 6-48  
Sons of Norway  
P.O. Box 3734  
Citrus Heights, CA 95611-3734

Non-Profit Organization  
U.S. Postage Paid  
Sacramento, CA  
Permit #124

RETURN SERVICE REQUESTED

## Sons Of Norway 2012 Christmas Ornament Announced

Show some Norwegian pride this holiday season by adding the 2012 Sons of Norway ornament to your Christmas decorations! From its rosemaling inspired outer frame to the beautiful American- Rogaland design, this elegantly styled ornament is sure to be a welcome addition to your holiday traditions.

Packaged in a silverstamped gift box, containing a Christmas greeting from Sons of Norway and an informative description of Rogaland rosemaling, this ornament can also be a unique gift for someone who enjoys the holiday season as much as you do.

This year's ornament is a limited edition and will only be available for a short time, so order yours now! This special keepsake is only \$14.99 plus tax and shipping & handling.

**To order yours today, call (800) 945-8851.**

