

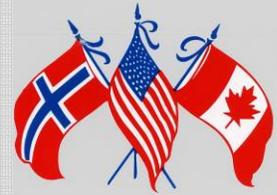
THE NAVIGATOR

A Publication of Roald Amundsen Lodge 6-48
Sons of Norway, Sacramento, California
April, 2013

Interim Editor: Dick Tracysen
rosen@winfirst.com

www.sonsofnorwaysacramento.com.

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FROM ROALD AMUNDSEN LODGE 6-48 PRESIDENT STEPHEN ROSENTHAL:



President Steve, after Kon-Tiki expedition.

The 2013 Roald Amundsen Torsk Dinner is in the books! Great food, great crowd, and great program. Thanks to Treasurer **David Bailey** for organizing the entire event including securing the fish, to Secretary **Carol Lee Solheim** for handling the reservations and pre-meal snacks, to **Kirsten Wyatt**, assisted by **Ka-**

trina Wyatt and **Erin Bradley**, for cooking the meal, to Youth Director **Carol Francis** for providing an interesting program about her

Antarctica cruise ship experiences, to all the cookie makers and contributors, to the raffle prize donors, to the set-up and tear down people and to the line servers. Who am I forgetting? – someone, I am sure. But, thankfully, **Carol Francis** has composed a more complete thank you list that can be found elsewhere in this newsletter. It takes a lot of coordinated effort by many folks to put on a successful dinner, and we should be proud that we have that type of camaraderie in **Roald Amundsen Lodge**. The Torsk Dinner is typically our best attended dinner of the year – over 80 this year. Thanks to all!

Now let me turn to something I am remiss for not mentioning last month. Our previous Navigator editor, **Knute Blodger**, has had to resign the editor position due to some personal matters; **we want to thank him publicly for his many months of excellent word-smithing as editor**. When publishing the newsletter, he always seemed to have several bosses, which makes the job very difficult.

We have turned to that old news hound of questionable stability and veracity, **Dick Tracysen**, to fill the role of temporary editor. While he may have been hit over the head with his own camera one too many times, he is the best we have for now. The job is available to anyone with a computer and just a smidgen of creativity – we won't have any trouble relieving Dick, believe me.

If you weren't at our March meeting, you missed a captivating little DVD put together by an American girl who spent a year at a folk school in Norway. Watch our calendar for future programs.

Our next monthly meeting (April 9th) should be an

THANKS, KNUTE, FOR SERVING AS OUR PREVIOUS EDITOR!

especially interesting one; we are scheduled to host **Len Carlson, Director of Agencies** for Sons of Norway, who will be out from Minneapolis. We expect that he will provide a Sons of Norway financial products review. **Adrienne Lincoln**, our lodge Financial Benefits Counselor, will accompany him. Additionally, we may have **Mr. Rolando Rosas**, principal of Kitty Hawk School, present to tell us about his school, which will be the recipient of our annual Adopt a School contribution. Both **Ann Sandner** and **Anne Bandy** contribute hours and teaching skills there. At this writing, we are not sure if Mr. Rosas will be at this meeting or a later one. Finally, we will be receiving the **Hall and Park Annual Report** presentation to the lodge at this meeting.

Our Norway Day bus trip excursion is filling up fast. Don't miss this opportunity for a carefree trip to the San Francisco venue. See the flyer elsewhere in this issue. And refer to the calendar for all our upcoming events. See you on the 9th. - Steve

SIDEBARS FROM THE EDITOR...

Torsk Dinner Thanks to many... We had a great turnout for our Torsk and Meatball Dinner on Saturday, March 23rd. Thanks to **David Bailey** for chairing the event, buying the food, handling setup and every aspect of the dinner itself. **Carol Lee Solheim** handled reservations and appetizers, while **Kirsten Wyatt** did a great job cooking, along with her helpers **Katrina Wyatt** and **Erin Bradley**. **Carol Francis** showed her pictures from working as a cruise ship historian in Antarctica, where she learned a lot about Norwegian whalers. Other helpers included: **Ron and Erna Alfstad, Joan Armstrong-Allen, Dawn Bayer, Sharon Brooks, LaRena Hannon, Lyla Hansen, Mike and Dorothy Jones, Gwen Lokke, Betty Malme, Erik Malme, Darla Moe, Carleton Peterson, Ann Sandner, Kristi and Jim Updegraff**. We also spotted our own Financial Benefits Counselor **Adrienne Lincoln** rolling lefse. President Steve Rosenthal did a cameo calling out table names, probably in Norwegian. And thanks to the members who brought the door prizes! – by **Carol Francis**.

Torsk Dinner Photographs... Chairman **David Bailey** checking the peas; David together with **Carol Francis** setting up the line; **Kristi and Jim Updegraff** sampling dessert cookies; **Chef Kirsten Wyatt** and family members at table; another table with **Joan Armstrong-Allen, Sharon Brooks, and Ann Sandner** facing the camera.

Norway Days... As described in a flyer elsewhere in this Navigator, **the lodge has a bus going to Norway Days in San Francisco**. This is a great way to go for a day. If you want more information on Norway Days, go to www.norwayday.org.

If you happen to be in San Diego through April 27th, the famous Old Globe Theater is presenting the **Henrik Ibsen** play, *A Doll's House*. This play is reputed to be the most performed play in the world, and was one of Ibsen's major works. For more information, go to www.oldglobe.org.

2013 Directories - Errata. You should be receiving the 2013 Directory before 2014. Ok, somewhat more seriously, I will volunteer again that you should be receiving them by mail about the same time you re-

ceive this copy (mailed) of the Navigator. We apologize (again) for the delay – Murphy's Law is still in force. One officer position error: Corrine Laing is listed as the Cultural Director, but that position is actually vacant. If any member has an interest in filling that position, please let the President know.

The annual **Rosemaling Seminar**, is April 26-28 at Camp Norge. See the website for application.

Memorial Fundraiser for Camp Norge. Each lodge in District 6 is sent tickets for the District-wide fundraiser for Camp Norge. Funds raised go towards keeping your camp maintained and functional. Tickets are \$1 each or 6 for \$5. Prizes are \$100, \$50, and \$25. **YOU DO NOT HAVE TO BE PRESENT TO WIN.** Look for **Carol Lee Solheim** at the next meeting to purchase your tickets...

Camp Trollfjell, for 8-13 year-olds. A copy of the **application** can be found in this Navigator; **it is due by May 7th to get the preferential rate of \$750.** In the March issue (see website) you can find the application for a **Roald Amundsen scholarship** for the camp, **which is due to Jim Smith, Foundation Director, by April 8th!**



Camp Trollfjell
Sons of Norway - District 6
Language & Heritage Camp
Camp Norge - Alta, California

For Camper & Counselor Applications, visit:
www.campnorge.com
Link to Camp Trollfjell

Registrar: Carol Lee Solheim
solheim2636@earthlink.net
Ph: 530-677-2006
3570 Vista Grande
Shingle Springs, CA 95682



A 14-day Camp from July 7 - 20, 2013

\$750.00 — postmarked by May 7th
\$800.00 — postmarked after May 7th
Ages 8-13 (at the time Camp begins)

SEE CHAPTER WEBSITE (www.sonsofnorwaysacramento.com)
or elsewhere in this Navigator for Camp application

Learning & Living Your Norwegian Heritage

Daily Activities Include:



- Rosemaling
- Viking History
- Crafts
- Folk Dancing
- Language Lessons
- Foods of Norway
- Building Lasting Friendships



*See "Sidebars
from the Editor"
for captions....*



FLASH! Kon-Tiki flick coming to the Tower!

Dates not available, but the theater is showing previews now...

Kon-Tiki is a 2012 Norwegian historical drama film directed by Joachim Rønning and Espen Sandberg about the 1947 Kon-Tiki expedition. The role of **Thor Heyerdahl** is played by Pål Sverre Valheim Hagen. It was the highest-grossing film of 2012 in Norway and the country's most expensive production to date.



been successful, in order to illustrate that there were no technological limitations that would have inhibited the ancient peoples from making the journey, Heyerdahl puts his theory to the test and builds a balsawood raft using the same techniques that would

The film was nominated for the Best Foreign Language Oscar at the 85th Academy Awards. It was Norway's fifth Academy Award nomination. The film also was nominated for a Golden Globe Award for Best Foreign Language Film at the 70th Golden Globe Awards. It is the first time a Norwegian film has been nominated for both an Oscar and a Golden Globe. The film is the dramatized story of Thor Heyerdahl and his Kon-Tiki expedition of 1947.

While the prevailing theories of the time held that Polynesia had been settled by peoples migrating from the west, Heyerdahl, an experimental ethnographer and adventurer, sets out to prove his theory that people from South America could have settled the islands in pre-Columbian times.

Noting similarities between statues found in South America and the Polynesian Moai, Heyerdahl's theory about the origin of the Polynesian people is bolstered by Polynesian folklore that tells of an ancient tribe called the Hanau epe that are said to have once inhabited Easter Island. While most experts hold that such a voyage across the vast ocean is unlikely to have ever

have been utilized 1500 years ago by the indigenous peoples of the region. Though he himself cannot swim or sail, he sets out on the treacherous 4,300 nautical mile-journey across the Pacific from Peru to Polynesia aboard the small raft, along with his crew of five men (and a macaw named *Lorita*).

During the three months aboard the primitive vessel named after Inca god of Sun and Storm, Kon-Tiki, the crew's scientific reenactment of the legendary voyage from the coast of Peru to the Polynesian islands is met with setbacks in the form of storms, sharks, and other perils of the open sea.

Shooting for *Kon-Tiki* took place in Norway, Malta, Bulgaria, Thailand, United States (New York), Sweden, and the Maldives over a period of three and a half months. Against the advice of many, the filmmakers decided to shoot the ocean scenes on the open ocean rather than on a set, insisting that the "unique challenges" they faced from shooting on the ocean actually strengthen the film.

Should be an excellent vicarious adventure for Sons of Norway members!

KALENDAR: April 5-7, **Jr. Lodge Snow Trip.** See announcement.

Tuesday, April 9th, **Lodge meeting.**

Saturday, April 20, **Writers' Workshop.** See announcement.

Sat.-Sun., April 27-28, **Rosemaling Seminar.**

Sat., May 4th, **Norway Days Bus Trip.** See flyer.

Tuesday, May 14th, **Lodge meeting.**

Sunday, May 19th, **17th of May Social Event** (see flyer)

ROALD AMUNDSEN LODGE, SONS OF NORWAY



“17TH OF MAY”
(BUT ON THE 19TH) CELEBRATION

BARNETOG (Children’s Parade)
and POTLUCK PICNIC

When: SUNDAY, MAY 19, 2013, beginning at 12:30 in afternoon, till 5:00.

Where: HOME OF LODGE PRES. STEVE AND CELIA ROSENTHAL AND ADJACENT GLANCY OAKS PARK, 2051 Gunn Road, Carmichael. Ample parking in the drive and on the street. If you get lost, call 916.539.5614.

Wear: Red-white-blue! Also bring Norwegian flags if you have them. (National costumes too warm to wear.) Swimming available if weather permits — wear or bring swim suit.

Featuring: Barnetog (children’s parade—all can participate!) at about 2:00 pm. Potluck picnic, games, swimming if weather permits. Pool will be heated. Children’s playground equipment in park adjacent to back yard. Teenagers—there are basketball hoops!

Lodge Will Provide: BBQ grill(s) with briquettes, plates, cups, napkins, plastic cutlery, ice, soft drinks, condiments, ice cream dessert and maybe a cake.

Bring: Potluck dish to share along with serving utensils (salads, beans, chips, side dishes), meat to grill with appropriate buns, adult libations, folding chairs, cameras, Norwegian relatives and friends, and a few Swedes or Danes.

Cost: FREE. But please email rosen@winfirst.com to indicate you are likely coming (and how many!) so we have an approximate count!



Roald Amundsen Lodge
Junior Lodge Snow Trip at Camp Norge!

Friday night - Sunday morning, April 5-7

Open to children, grandchildren, nieces and nephews of lodge members, ages 8 to 21.

RSVP to Carol Francis, 916-390-0953

or csfnorge@jps.com.

\$45 per person, chaperones welcome and appreciated.

Includes lodging figured at four per room (may have two to six per room) and food for weekend.

Bring bedding, toiletries, towels, warm clothes, and snow play equipment.

We will find snow on Saturday, and there may be cross-country skiing opportunities. Also, there may be a possibility to go to a ski resort for snowboarding or skiing as long as an adult takes a carload.



ANNUAL NORWAY DAY FESTIVAL,
FORT MASON, SAN FRANCISCO!

MARK THE DAY—MAY 4, 2013!

\$36 PER PERSON

RESERVE YOUR PLACE ON THE ROALD AMUNDSEN LODGE FIRST CLASS MOTOR COACH FROM GREAT AMERICAN STAGE LINES, ARRANGED BY PASTOR GORDON HANSON! THE BUS WILL DEPART FROM COUNTRY CLUB LANES AT EL CAMINO AND WATT ABOUT 8:30 AM AND WILL RETURN ABOUT 5:30 PM. ONLY 56 SEATS AVAILABLE! (Please park on south side of C.C. Lanes)

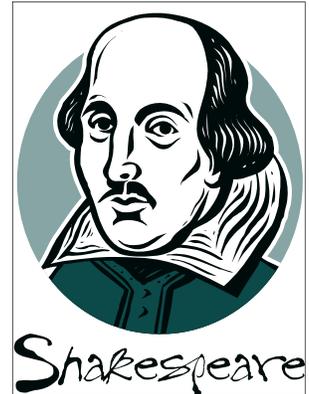
Make your reservations with Lyla Hanson at 916.852.1035 or lylahanson@aol.com, and then immediately follow up to confirm your reservation by sending your \$36 (per person) check, made payable to the Sons of Norway, to 11871 Silver Cliff Way, Gold River, CA 95670. Fee includes bus fare and admission to the event!

**DON'T MISS THIS ONCE A YEAR EVENT SPONSORED BY YOUR LODGE!
MEMBERS AND NON-MEMBERS WELCOME!**

Sons of Norway Writer's Workshop REPACKAGED

Learn how to:

develop your style of communicating in text.
 create your memoirs or write a novel.
 organize your thoughts into chapters.
 prepare your work for printing.
 get a good deal on self-publishing.
 print paperback books for mere pocket change.
 learn how to digitize your work for electronic publishing.
 sell online, or in stores, or set up your author autograph table.
 help fund the Stabbur pump house at Camp Norge.



Reduced time: one day, April 20, 2013, rather than the whole weekend.

Relocated: Bjornson Hall, 2258 MacArthur Blvd. Oakland, not Camp Norge.

Repriced: just bring a \$25 donation for the Stabbur and bring food to share.

Advanced unpaid registration is required. Contact Dr. Dave at calviking@comcast.net.

ST. PATRICK'S DAY, REDUX

A version of the St. Patrick's Day legend most people haven't ever heard.

The reason the Irish celebrate St. Patrick's Day is because this is when St. Patrick drove the Norwegians out of Ireland. It seems that some centuries ago, many Norwegians came to Ireland to escape the bitterness of the Norwegian winter. Ireland was having a famine at the time, and food was scarce. The Norwegians were eating almost all the fish caught in the area, leaving the Irish with nothing to eat but potatoes.



St. Patrick of Ireland

St. Patrick, taking matters into his own hands, as most Irishmen do, decided that the Norwegians had to go. Secretly, he organized the Irish IRATRION (Irish Republican Army to Rid Ireland of Norwegians). Irish members of IRATRION passed a law in Ireland that prohibited merchants from selling ice boxes or ice to the Norwegians, in hopes that their fish would spoil. This would force the Norwegians to flee to a colder climate where their fish would keep.

Well, the fish spoiled, all right, but the Norwegians, as everyone knows today, thrive on spoiled fish. So, faced with failure, the desperate Irishmen sneaked into the Norwegian fish storage caves in the dead of night and sprinkled the rotten fish with lye, hoping to poison the Norwegian invaders.

But, as everyone knows, the Norwegians thought this only added to the flavor of the fish, and they liked it so much they decided to call it "lutefisk", which is Norwegian for "luscious fish". Matters became even worse for the Irishmen when the Norwegians started taking over the Irish potato crop and making something called "lefse."

Poor St. Patrick was at his wit's end, and finally on March 17th, he blew his top and told all the Norwegians to "GO TO HELL." So they all got in their boats and emigrated to Minnesota...The only other paradise on earth where smelly fish, old potatoes and plenty of cold weather can be found in abundance.

And now you know the rest of the story. *(Submitted by Kristi Updegraff, but no doubt composed by someone from Minnesota with too much time on his hands....)*

CELEBRATE MEMORIAL DAY

**May 25, 26, 27, 2013
at CAMP NORGE**



The Recreation Center Board welcomes you to Camp Norge for a three-day camping experience at your own recreation center. If you do not have a tent or RV, call camp at (530) 389-2508 for a room.

We will have food service for you for the weekend served from Heritage Hall. The swimming pool will be open. The horseshoe pit is available. There will be a Craft Fair on Saturday afternoon and meadow games on Sunday afternoon. There will also be field trips led by Recreation center Board members. Explore the area on your own, join a field trip, or just relax and enjoy the beauty of nature. This is a great opportunity to really get to know your fellow District 6 lodge members.

For Menus and Events for the weekend, go to this website—www.campnorge.com

PRE-REGISTRATION OF YOUR MEALS IS NECESSARY TO ALLOW US TO PURCHASE THE CORRECT AMOUNT OF FOOD.

Registration Deadline: May 17 2013. (Make check payable to **Camp Norge**)
Mail this form & check to: Vale Hanzel, 18505 Sentinel Ct., Hidden Valley Lake, CA 95467

MEMORIAL DAY WEEKEND 2013

Name: _____ Lodge: _____
Address _____ City _____ State _____ Zip _____
Telephone _____ Email _____

Meals you wish to purchase:

Saturday Brunch Adult(s) _____ x \$5.00 \$ _____ Children _____ x \$2.50 \$ _____
Saturday Dinner Adult(s) _____ x \$10.00 \$ _____ Children _____ x \$5.00 \$ _____
Sunday Brunch Adult(s) _____ x \$5.00 \$ _____ Children _____ x \$2.50 \$ _____
Sunday Dinner Adult(s) _____ x \$10.00 \$ _____ Children _____ x \$5.00 \$ _____
Monday Breakfast Adult(s) _____ x \$5.00 \$ _____ Children _____ x \$2.50 \$ _____

Package for meals for adults \$32.00

Package for meals for children \$15.00

**Roald Amundsen 6-48
Sons of Norway
P.O. Box 3734
Citrus Heights CA 95611-3734**

**Non-Profit Organization
U.S. Postage Paid
Sacramento CA
Permit #124**



Roald Amundsen Lodge Website: www.sonsofnorwaysacramento.com. Check it out!

OFFICERS—PARTIAL LIST

President

**Stephen Rosenthal
rosen@winfirst.com**

Treasurer

**David Bailey
davidsbailey@yahoo.com**

Secretary

**Carol Lee Solheim
solheim2636@earthlink.net**

Recording Secretary

**Lyla Hanson
lylahanson@aol.com**

Editor (Interim)

**Dick Tracysen, c/o
rosen@winfirst.com**

Webmaster

**Anne Bandy
abandy100@gmail.com**

Viking Sisters

President

**Ann Sandner
asandner@aol.com**

**SIGN-UP LIST FOR REFRESHMENTS
AT 2013 MONTHLY LODGE MEETINGS**

January -	No meeting
February -	Norman Hales
March -	Janet Moe
April -	Ron and Cecelia Byrd
May -	Tove-Lise Miller, Donna Gordon
June --	Florence Smith, Ingrid Seals
July -	No meeting
August -	Steve Rosenthal
September -	Joe and LaRena Hannon
October -	Sharon Brooks, Ann Sandner, Pat Harris
November -	Gordon and Lyla Hanson, Carleton and Richard Petersen
December -	Need someone to sign up

We need a few more volunteers to sign-up and help bring refreshments for the social time at the Tuesday night monthly meetings. It is a little hard for one person to bring everything. Please help out. Call or notify Ron Byrd at 916-293-8142 if you can bring something one month.

