

THE NAVIGATOR

MARCH 2025

A Publication of Roald Amundsen Lodge 6-48

Sons of Norway, Sacramento, California

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"Most of what we print is true most of the time"

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FROM PRESIDENT TOVE-LISE:

March 2025

Greetings, members and friends,

Tired of dark evenings and nothing to do but watch TV. Reading is a great way to spend your time. Join our book club. We usually meet about once a month on ZOOM. Last month we met in person, discussed the book, Orion's Belt. Please contact me if you would like to join us.

Don't forget to sign up for our fish and meatball dinner, on March 22nd, as tickets are going fast. As I was growing up in Norway fish was served several times a week because it was an inexpensive meal and readily available. Some of my greatest memories include fishing with my dad.

Time seems to fly faster than ever, and so don't forget to sign up your kids or grandkids for Camp Trollfjell and Trollfjell Folkehøgskule. Roald Amundsen Lodge will pay half of the tuition.

Looking forward to see you all at the dinner on March 22nd.

Hilsen Tove-Lise



HAPPY ST. PATRICK'S DAY!

Torsk, Lutefisk & Meatball Dinner

Saturday, March 22, 2025

Social Hour 5:00 pm / Dinner at 5:30 pm

Roald Amundsen Lodge 6-48, Sons of Norway

San Juan Masonic Center

5944 San Juan Avenue

Citrus Heights

Prepaid reservations only: Adults and Teens \$25; Children 12 and under free.

RESERVATIONS LIMITED—NO AT-THE-DOOR SALES.

For reservations mail form and payment (check to Sons of Norway) to Tove-Lise Miller, 2656 Barbera Way, Rancho Cordova, CA 95670-3742. If you need further information call 916/364-8704 or email to tovelise@aol.com.

MAIL BY MARCH 8th, PLEASE!

T-L-M Dinner. Please reserve for the following.
(No tickets—Reservations will be checked at the door.)

Names: _____

Phone # and e-mail of submitter: _____

Adults , Teens _____ @ \$25 each Total Charge \$ _____

Children 12 and under _____ @ FREE

TOTAL ATTENDEES _____

FOR OUR PLANNING PURPOSES, PLEASE ESTIMATE HOW MANY IN YOUR GROUP MIGHT BE EATING LUTEFISK _____

DETACH AND MAIL WITH CHECK WITH YEAR DATE 2025!



SIDEBARS FROM YOUR EDITOR

PEOPLE OF THE NORTH ON PBS

Three Scandinavian folks explore wonderful and scenic places in the far north. Airing on KVIE PBS, 4:00 PM Fridays, during March. Also available on PBS Passport. One of the participants makes excellent martinis to keep their enthusiasm level high...



TAXES—AND TAX PREP—FOREVER!

The Wall Street Journal recently carried an article about tax preparers who are approaching or are 100 years old or more. One person featured was **Else M. Rike** of Grand Forks, North Dakota, who will be 101 on March 24th!



Else immigrated from Norway at age 11 and did not speak English. She has been preparing tax returns for 70 years and currently tries to complete three returns a day. She uses only a desk top calculator and an electric typewriter as her preparation tools!

A year ago as her 100th birthday was approaching she told her daughter she couldn't take time off, but her daughter insisted and she celebrated her birthday with a few hundred guests at the local Sons of Norway lodge in Grand Forks.

If any member would like to read the complete article, contact the editor via email. There are similar articles about her on the internet, as well.



Our Cultural Director finally presents....

NORWEGIAN CULTURE!

(Note: there has been some grumbling that the Cultural Director is a little short on "culture." He may be in danger of being fired, since being canned seems to be in vogue right now. Perhaps he will submit his resignation once someone steps forward and convinces the Board that they indeed possess at least a scintilla of "culture.")

Norwegian Lise Dividsen is reputed to be the greatest soprano of her generation. She soon will perform the at the Metropolitan Opera of New York, and previously gave concerts in San Francisco and the Los Angeles area. She has performed at the Royal Opera House in London and La Scala in Milan. Some of her concerts are available to watch (and hear) on **PBS Passport**.

Your editor has a Wall Street Journal Magazine article about her that delves into things like what she does to relax, etc. For instance, she loves watching "bad Netflix movies." For a copy of the article, contact the editor.

(Continued on page 4)

Announcing the 2025 Dates for District Six's Annual Language and Heritage Camps!

We are excited to share the dates for our 2025 youth camps, held at beautiful Camp Norge in the Sierra Mountains:

Trollfjell Folkehøgskule

Dates: June 29 – July 12

Ages: 14 to 17 years old

Camp Trollfjell

Dates: July 13 – July 26

Ages: 8 to 13 years old

Since 1967, our camps have provided youth with a unique opportunity to celebrate and embrace Norwegian heritage. Attendees immerse themselves in cultural experiences, learning the Norwegian language and practicing traditional crafts like rosemaling, tablet weaving, and wire weaving. Campers also enjoy Norwegian folk dancing and making classic treats such as lefse and traditional cookies, while exploring Norwegian history and Nordic mythology.

Join Our Team in 2025!

To make this incredible experience possible, we are seeking enthusiastic volunteers. Family who volunteer are eligible for discounts—up to \$500 off camp fees. Contact the Camp Director for more information.

To apply for any of the following positions, please email us at camp.director@sofn6.org.

- | | | |
|---|--|--|
| <ul style="list-style-type: none"> • Norwegian Language Instructor • Dance Instructor (for July 8-12) • Rosemaling Instructors • Crafts Instructors • Counselor in Training (16+)* • Counselor (18+)* | <p>Professional Roles:</p> <ul style="list-style-type: none"> • Lifeguard (afternoon shifts) • Open Water Lifeguard (1 day for each camp) • Nurse (to support our current medical staff) | <p>Requirements for Positions:</p> <ul style="list-style-type: none"> • Successful completion of a background check • Mandated reporter training • California DMV driving report • First Aid and CPR certification* |
|---|--|--|

Help us continue the tradition of celebrating Norwegian culture at Camp Norge!

(SIDEBARS, FROM PAGE 3)

NEW US AMBASSADOR TO NORWAY

The new US Ambassador to Norway is Armenian-American **Michael Kavoukjian**. He is a lawyer, a former CIA Operations officer, and is a graduate of Stanford University and Harvard Law School.

NORWAY MAY INCREASE UKRAINE SUPPORT USING ITS SOVEREIGN WEALTH FUND

To see a March 1st news article on this, go to:

<https://www.euractiv.com/section/politics/news/norway-rethinks-e1-7-trillion-sovereign-fund-to-boost-support-for-ukraine/>

VALENTINES DAY REPORT

The lodge had a lively Valentines Day meeting. Over 30 persons attended, most of whom loaded up on the various sweets that were available in abundance. We are expecting a much larger crowd for the upcoming fish supper.

Sven was interviewing for a job at Sons of Norway. The Personnel Director asked him to describe himself using only one word. Sven's reply: "Not very good at following directions." It was not disclosed to us whether or not he was hired.

Roald Amundsen Lodge

CALENDAR 2025

<u>DATE</u>	<u>START TIME</u>	<u>MEETING/ EVENT</u>	<u>COMMENT</u>
January		None	Nein, Nada, Ingen
February Tue, 11th	7:00 pm	Business, Cultural	2024 Lodge Financial Report
March Sat, 22nd	5:00 pm	Fish, Meatball Dinner	Social Event 
April Tue, 8th	6:00 pm	Business	Soup Dinner 
April Sat, 12th	10:00 am	Scandinavian Festival CANCELLED	Multi-Lodge Event 
May Sat, 17th	5:00 pm	“Syttende Mai”	Constitution Day Celebration 
June		None	
July		None	
August		Summer Picnic	In planning 
September Sun, 7th	1:00 pm	BBQ	Camper Recognition (Note corrected date) 
October Tue, 14th	7:00 pm	Business, Cultural	Scintillating Cultural Presentation hoped for.
November Sat, 1st	10:00 am	Viking Festival	Food and Vender Festival 
December Sat, 6th	5:00 pm	Julebord	Holiday Dinner; 2026 Officer Install 

Like everything in this world, anything on this chart is subject to change, and especially the start times. Check website for updates, usually in the latest Navigator.

2025

ROALD AMUNDSEN LODGE 50% OF TUITION

SCHOLARSHIP APPLICATION

LANGUAGE/HERITAGE (Camp Troll Fjell or Trollfjell Folkehøgskule)

Name: _____

Which camp are you applying for: _____

Address:

Telephone number: _____

Email: _____

Who belongs to Roald Amundsen Lodge Sons of Norway in your family? (Parents, Grandparents, Aunts, Uncles or Guardians) (Name or Names)

Please write a letter as to why you want to attend, and what you hope to learn at camp. Letter can be written on the back of this application, if you wish. Note: Part of your commitment in accepting this scholarship is to report back to the lodge about your experience at the September BBQ meeting Sunday, the 7th of September. Also, you must apply to the Camp, be accepted, and pay your 1/2 of the fee before the lodge will release the scholarship funds which will be paid directly to the camp. CAMP APPLICATIONS ARE ON THE DISTRICT SIX WEBSITE.

Agreed:

Camper _____ Parent/Guardian _____

Date _____

Date _____

Please promptly submit this scholarship application and your letter about attending to Tove-Lise Miller. Send to her email tovelise@aol.com, or mail to her at 2656 Barbera Way, Rancho Cordova, CA 95670-3742. Questions: call (916) 364-8704.

In a somewhat rare instance of club member opinion...

ORION'S BELT—ALL LIKED THE SAME BOOK!

The Roald Amundsen Lodge book club recently met “in the flesh” rather than via Zoom. After some snacks and libation the members discussed their book of the month, Orion's Belt.

This novel, written in 1977 by Norwegian author *Jon Michelet* (1944-2018), chronicles the Arctic adventures of three resourceful Norwegian lads who take on most any employment, legal or otherwise, while sailing among the many Arctic islands. Life on their old ship, the *Sandy Hook*, is rather fun— until they cross paths with some Russians.

The historical period is that of the Cold War. Nevertheless, the action seems to be eerily plausible in today's geopolitical climate.

After discussing the book the group watched the movie (1985) that was made based on the book. It differed some from the book but nonetheless was an exciting tale with much beautiful scenery. The film was considered to be Norway's first modern action film.

The book club could comfortably take on a few new members if anyone is interested.



ON NETFLIX: “NUMBER 24”

Number 24 is a Norwegian war drama on Netflix about a young man who resists Nazi Germany during World War II. The film is based on the true story of **Gunnar Sønsteby** (1918 –2012), a Norwegian war hero who led the Oslo Gang in sabotaging Nazi operations. We recommend reading about him on Wikipedia



and elsewhere. Also, at least two books have been written about him, available on Amazon and elsewhere. The editor has not reviewed **Number 24** yet, but he will.

Good Scandinavian TV series on Netflix include **Borgen** and **The Åre Murders**.

SONS OF NORWAY MISSION STATEMENT

The mission of Sons of Norway is to provide quality insurance and financial products to our members, to promote and preserve the heritage and culture of Norway, and to celebrate our relationship with other Nordic countries.



Sons of Norway District Six 2025 Zoom Member Seminars

All Members Welcome!

Each Zone Director will provide updates for the indicated Zones, but any member can attend any of them.

Monday, March 10 at 6:00 PM PDT Zones 1, 2, 3

Thursday, March 13 at 6:00 PM PDT Zones 5, 6

Saturday, March 15 at 4:00 PM PDT Zones 7, 8

Topics include:

- Sons of Norway Overview and Resources
- News from the International Board of Directors
- Governance and Benefits of Sons of Norway
- Cultural update: Crossings 2025
- 2026 Convention
- Zone Updates

Please RSVP for Zoom link and additional information:

<https://sofn6.org/2025-member-seminars/>

Penny's Rosemaling Retreat

April 26-27, 2025

Classes are open to adults 18 years and older. Painters of all skill levels are welcome. Classes are limited to 21 students per class. Once class limits are met, a short waitlist will be established. Registration closes on April 12th.

SEMINAR COST: The cost of the seminar is \$150, which includes instruction, wood piece, paints and mediums for use during class, design packet, and 5 meals. If you have received confirmation, but find that you are unable to attend, please let me know as soon as possible so I can notify someone on the wait list. Full refunds will be made for cancellations received before April 5th -- no refunds will be made after that date.

TEACHERS: Our teachers are Onya Tolmasoff and Sue Regadanz.

PROJECT: We will be painting a 1-drawer jewelry box.

Onya's design:

Valdres Garden Jewelry Box



Sue's Design:

Rogaland Jewelry Box (far right)

MEALS: Saturday breakfast, lunch, and dinner; Sunday breakfast and lunch; coffee/tea during breaks. Melanie and Patrick Souza will again do our cooking. Family members who are not painting can pay \$70 for meals.

COOKIES: During the coffee/tea breaks, cookies and other refreshments are provided by the participants in the specified class (to be noted on your confirmation). Each participant is asked to bring one dozen cookies or the equivalent of other refreshments to share.

ROOMS: Lodging is not included in the registration fee. Please make your bed reservation at the time you register (see Registration Form). You will pay for your lodging when you arrive at Camp. Current Sons of Norway members pay \$27.00 per night; non-members pay \$37.80 per night (both include an 8% Placer County Occupancy Tax). We are obligated for both Friday and Saturday nights, so each person will pay a total of \$54.00 (SoN member) or \$75.60 (non-member). Since there are a limited number of beds available, RVs and tents are encouraged. For RVs, members pay \$30 per night, non-members pay \$40 per night. RV spots have electrical and water, but no sewer hookups. For tents, members pay \$20 per night, nonmembers pay \$25 per night (limit or 4 per tent/RV). Again, the obligation is for two nights (\$60 or \$80/RV; \$40 or \$50/tent). There is no occupancy tax on RVs or tents. Pets are \$2 per night. Learn more about Camp Norge lodging on the camp web site.

To Register, go to the camp Norge website, drop down menu to Events, and then to Rosemaling. Or, you can try to go there directly by copying and pasting:

<https://www.campnorge.org/site/wp-content/uploads/Rosemaling-Seminar-Registration-Form-April-2025-fillable.pdf>



MEMORIAL DAY

At Camp Norge

Join us for a fun & relaxing weekend!

MAY 24-26

Swimming | Hiking | Campfire | Axe Throwing | Pickle Ball

STAY

Choose from: Main House, Dorms, or Cabins - or bring your RV or Tent

DETAILS

Come for the day or the whole weekend!
Tons of fun activities to choose from for all skills and abilities.
Meals provided or on your own.

SAVE THE DATE

Registration opens soon!





WORK DAY!

Help prepare camp for summer!

Saturday, May 3rd

9am - 5pm

Projects for all ages & abilities.

*Helpers can stay the night at camp for free!
Breakfast, lunch & dinner provided.*

Bring gloves, tools, paint supplies, and cleaning supplies.

Please RSVP — Email Fred at fred.hyman@campnorge.org