

THE NAVIGATOR

**A Publication of Roald Amundsen Lodge 6-48
Sons of Norway, Sacramento, California
December, 2008**

*Editor: Stephen Rosenthal
rosen@winfirst.com*



Published Monday, November 24, 2008

GREETINGS AND PEACE AT CHRISTMAS, 2008



NIDAROS CATHEDRAL, TRONDHEIM

Seasons Greetings from Roald Amundsen officers and Navigator staff.

VIKINGFEST PHOTOGRAPHS



The Bake Table is always a hit! Here we have the able crew, Pearl Lemkuil, Maggie Karlstad, and Gudrun Thurston.



Our lodge vendor line. Denio's has got nothing on us!



Karen Nelson providing a demonstration at the Rosemaling table.



Some of the Viking Dancers of Modesto in action.

FROM ROALD AMUNDSEN LODGE 6-48 PRESIDENT CAROL FRANCIS:



God jul og godt nytt år! Or Merry Christmas and a Happy New Year in Norwegian! The celebration of the Christmas season is quite different in Norway, as they bring in their Christmas tree right before Christmas Eve, and open their

ting the vendors and the dancers, and to **Florence Smith and LaRena Hannon** for splitting the kitchen organization with me. Please see the thank you article on the Vikingfest for a complete list of helpers. There is a special place in my heart for the three members who stayed to help me clean up until the end: **Kristy Updegraf, Eric Swanson and David Bailey**. Tusen takk til alle sammen! Thanks to all of you!

presents on December 24th, not the 25th. Children earn money by making bird feeders from sheaths of wheat, and the *julenisse*

(Christmas elf) gets rice porridge left out in the barn, to keep him from playing tricks. They sing around the tree on Christmas Eve, and leave it up during the twelve days of Christmas to Epiphany on January 6th. Families and friends visit on 2nd Christmas Day (also a holiday), 3rd Christmas Day, 4th Christmas Day, etc. during *romjula*, the week between Christmas and New Year's, when they have fireworks and sparklers.

We are having two celebrations to make this a Norwegian-style Christmas! We are having our annual *Julebord*, or Christmas dinner, on Saturday, December 13th, at 5:30 pm. Seating is limited, so send in your reservations (see flier). This year we will also have our first Santa Lucia pageant. Please bring your children, grandchildren, nieces and nephews to our Children's Christmas Party on Sunday, December 28th, from 2 pm to 4 pm at St. Mark's United Methodist Church, 2391 St. Mark's Way, Sacramento (see flier). Carol Lee Solheim needs a count of the children coming by December 19th to prepare bags for them; 530-677-2006, or solheim2636@earthlink.net.

Our Vikingfest on Saturday, November 15th was a huge success! **DeAnn Smeltzer** and **Nancy Ottum** got us great publicity, and the weather gods smiled on us! The folk dancers from Modesto were a big hit, our vendors did well in the large room, and we had a very congenial kitchen crew selling yummy Norwegian foods. We had samples out to show the different items, and explaining the choices was a cultural lesson in itself. Thanks to DeAnn for chairing the hall, get-



We have five prospective members to vote in at the December 9th meeting: **Michael Jones, Kaye Cover, Leonard Jacobsen,**

Loren Weatherly, and Hazel Lindelof. This is your LAST CHANCE for prospective members to join before the price goes up \$5 on January 1, 2009, for District 6 dues. If you want the application to be approved at the lower price, print a membership form from our web site sonsofnorwaysacramento.com, and bring it completed with check for \$44 to Roald Amundsen Lodge to our next meeting on December 9th; or get the signed form and check to one of the officers who will be at the meeting.

We will be holding an initiation ceremony for new members at our lodge meeting on January 13th; anyone who has not yet been initiated may come. Board members fondly remembered their own initiations, especially the friendship circle, at a recent Board meeting. Installation of new officers will include a potluck dinner on Sunday, January 18th at Mills Station (see flier) Also, save March 29, 2009 for our 80th anniversary at the Carmichael Elks Club. **Vi sees snart! Hope to see you soon! Carol**



MORE VIKINGFEST PHOTOGRAPHS



Sharon Mahnken displays her woodcarving art.



Our musicians always show up! Norwegian food is in demand, here being served by Cecelia Byrd. Julie Anne displays her Rosemaling art.





God jul



ROALD AMUNDSEN LODGE
SONS OF NORWAY

"JULEBORD"

with a program on st. lucia



MENU:

- Norwegian Appetizers
- Wine or Cider Christmas Toast
- Pork Roast
- Medisterkaker (Pork Meatballs)
- Herring
- Surkål (Sweet and Sour Cabbage)
- Seasonal Vegetables
- Red Potatoes
- Beet Salad
- Cucumber Salad
- Fish Aspic
- Desserts
- Lefse
- Coffee

PREPARED BY THE LADIES OF THE LODGE

SAT., DECEMBER 13, 2008 - Social 5:30pm, Dinner 6:30pm
SAN JUAN MASONIC HALL
5944 SAN JUAN AVE., CITRUS HEIGHTS, CA

Make check payable to "SONS OF NORWAY"

MAIL TO: CINDY HAYASHI, P.O. BOX 814, CARMICHAEL, CA 95609
(Questions? 916.488.9901 email: cindycyc@surewest.net)



Please reserve the following tickets: (no ticket sales at door) Tickets will be held at the door for you.

Member name(s) _____

Non-member/Guest names(s) _____

Phone number & e-mail _____

# Members _____ @ \$17.00 each	Total \$ _____
# Non-members _____ @ \$20.00 each	Total _____
# Child tickets _____ @ \$ 8.00 each	Total _____
	Grand Total: \$ _____

(DETACH AND MAIL TO ABOVE ADDRESS BY DEC. 6, 2008)

FINN FROELICH AND JACK LONDON

In an article with a Long Beach setting in the November issue of The Navigator, Norwegian - American sculptor **Finn Froelich** was mentioned. However, it also is fact that Froelich was a noted artist in the San Francisco bay area and had a studio in Burlingame called *The Western Sculpture*. Further, while in Northern California he met the great American author, **Jack London**, and developed a life-long friendship with the man.

The Londons (Jack and wife Charmian) spent December, 1913 on their boat, the *Roamer*, sailing in the San Francisco Bay and docking at different places to attend special holiday gatherings. On the day before Christmas they found themselves stuck in the mud near Mill Valley, and spent the night with Finn Froelich and his family. The next morning they joined the family in celebrating the holiday. Charmian wrote in her diary – The house is full of kids, Jack says, "These are real folks."



Froelich became a part of the group of friends who would gather at Jack's home in the city at the beginning of his writing career. Later, he would make many trips to London's Beauty Ranch to visit Jack and Charmian. Finn often brought the children to the ranch for a visit while he kept a watchful eye on the building of Wolf House. The author and artist shared their love for boating,

fun and practical jokes. They often challenged one another to a game of poker; if Jack lost, he sometimes paid off his debts with ranch livestock. During one of those games Froelich supposedly won a cow and three goats. He sold the goats but kept the cow for several years.

While Finn was at the ranch he engaged both Jack and Charmian to pose for busts. Jack had no problem with this but Charmian didn't particularly like sitting still that long. Froelich delivered a marble medallion of Jack on August 4, 1914. On that same day Charmian recorded in her diary that she had asked Eliza, Jack's

stepsister who also was the ranch manager, to put electricity in the cottage.

In the fall of 1915, while Froelich worked on the bust of Jack he decided to have some fun with the guests who were staying



Finn Froelich and his sculpture.

in the top story of the carriage house. He drilled holes in the floor and tied ropes to the legs of the bed. That night after they had gone to bed, Finn pulled on the ropes from the ground floor simulating an earthquake. The next morning the guests left the ranch.

Unfortunately, Jack London died suddenly in 1916, ending the beautiful friendship. The bust that Jack modeled for in 1915 has been displayed in a variety of special places throughout these many years. It was unveiled at the University Club in Honolulu where Jack spoke on Balboa Day in 1916. Later the next year, the *Sonoma Index – Tribune*, July 28, 1917 reported: "The Hawaiian islanders, among whom Jack London lived and wrote about for many years, will unveil a bronze bust of the writer on

Pan-Pacific Day in September. The bust will be erected on the site of the grass hut on the beach at Waikiki which London occupied during his visit there and where he sat almost daily during his last visit while writing his famous dog stories." Finn Froelich lived until 1947. *(Editor's note: Compiled from internet material, including especially an article by Connie Johnson.)*



Jack and Charmian.



ROALD AMUNDSEN LODGE
SONS OF NORWAY



CHILDREN'S
CHRISTMAS
PARTY

Activities: Christmas Story, Singing Around the Christmas Tree, and maybe a surprise visit from a guy in red... plus refreshments. Hope you all can come!

SUN., DECEMBER 28, 2008 2:00pm-4:00pm

at ST. MARK'S CHURCH, 2391 St. Mark's Way, Sacramento
(in the Fellowship Hall) behind Country Club Center.

From Hwy 80, take Watt South, turn left on El Camino, right on Butano, left on Lusk,
church is at corner of Lusk and St. Mark's Way.

From Hwy 50, take Watt North, turn right on El Camino, right on Butano, left on Lusk.

Please bring a plate of goodies to share. Lodge will provide coffee and punch,
paper products, and gift bags for the children.

We need a count of the children coming by December 19th.
Please contact Carol Lee Solheim at 530-677-2006, or solheim2636@earthlink.net

Note: Please tell us the sex and age
of each of your children. Thanks.

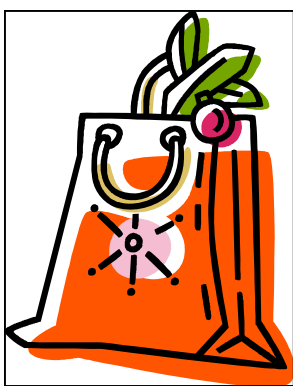
NEW LODGE DIRECTORY DUE OUT EARLY NEXT YEAR—ANY CHANGES?



Have you changed your name? Your address? Your phone number? Your spouse? Have you added an e-mail address to your personal data? If you have changed **ANY-THING**, please

send the new information to **Carol Lee Solheim**, 3570 Vista Grande, Shingle Springs 95682. Or, call her at 530.677.2006. And finally, her e-mail address is solheim2636@earthlink.net. Our accuracy is partially up to you.

CONSIDER SONS OF NORWAY HOLIDAY GIFT MEMBERSHIPS!



Are you looking for a special gift for Christmas or some other occasion? Consider giving the gift of heritage, culture and tradition by giving a gift membership. There is no better way to help a loved one reconnect with their heritage and introduce them to Sons of Norway than by

giving them a gift membership.

Gift memberships can be purchased by credit card over the phone by calling (800) 945-8851 or by visiting Sons of Norway on the web at www.sonsofnorway.com. Within two weeks, the new member will receive a personalized "Gift Membership" certificate and their new membership card.

This holiday season, give your loved ones a gift that lasts all year long; give a Sons of Norway membership. And this year, there is an added incentive – the membership cost increases \$5.00/year as of January 1st!

COLLEGE AND LANGUAGE SCHOLARSHIPS AVAILABLE!



The 6th District will award three (3) \$1,000 scholarships to members in good standing their children or grandchildren who are Unge Venner members in any lodge in the 6th District. **They must attend a four year accredited college or university** in the USA as a fulltime undergraduate in their sophomore, junior or senior year and have a grade point average of 2.5 or better on a scale wherein A=4,

B=3, C=2, D=1 and F=0. These scholarships can also be awarded to those students in their sophomore, junior or senior year of any four year accredited program at a community college in the USA. When an applicant is deemed worthy of a scholarship (recommended by the 6th District Scholarship Committee and approved by the 6th District board) the funds will be jointly paid to the applicant & to the institution he or she is attending. **Applications must be submitted to the scholarship committee by April 1 of the application year.**

Also the 6th District will offer one (1) scholarship to a two-week **Concordia Language Camp Summer Session** at The Norwegian Village or "Skoggjorden" in the amount of \$1,635, for a camper over the age 13 who has attended Camp Norge Language Heritage Camp. The applicant must be a Heritage or Unge Venner member of a 6th District lodge. Applications must be submitted to the scholarship committee by May 1 of the application year. Visit website www.ConcordiaLanguageVillages.org for information & applications for the Norwegian Village or "Skojorden." The applicant must also apply directly to and meet all requirements of Concordia Language Camp. Those interested in applying for the scholarship for the Concordia Language Camp may get the district applications from members of the scholarship committee.

The members of the committee are: Vern P. Martin, Chairman, 16985 Kawai Court, Fountain Valley, CA 92708, PH: (714) 839-2502, e-mail, vpmartin@dslextreme.com; Carolyn Dahl, Member, 13361 East 35th Place, Yuma, AZ 85367, PH: (928-335-1801, e-mail, KA6LSK@arrl.net; and Patricia E. Jokela, member, 10101 Dewey Drive, Garden Grove, CA 92840, PH: (714) 539-2312, e-mail, patricejoke@aol.com.

**ROALD AMUNDSEN LODGE 6-48
SONS OF NORWAY
INSTALLATION OF OFFICERS**



DATE: Sunday, January 18, 2009

TIME: 1:30 PM

PLACE: Mills Station Community Hall

2900 Mather Field Road, Rancho Cordova, Second Floor
(There is an elevator). The building is located at the Light Rail
Station on the corner of Mather Field Road and Folsom Boulevard

Pot Luck Luncheon free to all members and guests

A through G Bring Main Dishes

H through R Bring Salads

S through Z Bring Desserts

Coffee, Punch, Plates and Utensils will be furnished

**ALL INCOMING OFFICERS AND OUTGOING OFFICERS
ARE ENCOURAGED TO ATTEND**

For questions and reservations contact LaRena Hannon at 916-451-3853

2009 OFFICERS TO BE ELECTED AT DECEMBER MEETING

Lodge officers for 2009 will be elected at the December meeting of the lodge. However, it is not too late to volunteer for officer selection, as currently there are no candidates for several positions. Contact a member of the nominating committee, **Nancy Ottum or Steve Rosenthal**, or the lodge president, **Carol Francis**.

Position	2008 Officer	2009 Nominee
Pres	Carol Francis	Carol Francis
VP	Raye Brown	No nominee as yet
Secretary	LaRena Hannon	Florence Smith
Recording Sec.	Tove-Lise Miller	Tove-Lise Miller
Treasurer	Ingrid Sceals	Ingrid Sceals
Membership Sec.	Carol Lee Solheim	Carol Lee Solheim
Social Comm. 1 Social Comm. 2	M. Santa Ana	LaRena Hannon
Counselor	Joe Hannon	Joe Hannon
Marshal 1 Marshal 2	B. Baker	Blossom Baker Ann Sandner
Greeter 1 Greeter 2	N. Evanson H. Evanson	N. Evanson H. Evanson
Librarian	P. Lemkuil	No nominee
Historian	D. Sliper	Karen Nelson
Musician Ass't Musician Ass't Musician	Arlene Berg Bob Dahl J. Braafladt	Arlene Berg Bob Dahl Jeanette Braafladt (availability not yet confirmed)
Youth Director	S. Mahnken	S. Mahnken
Publicity Dir.	Nancy Ottum	Nancy Ottum
Sports Dir.	Tiger Woods	David Bailey
Cultural Dir.	Jim Smith	No nominee
Editor Ass't Editor	Steve Rosenthal	Steve Rosenthal No nominee
Publisher Ass't Publisher	Bob Dahl	Bob Dahl No nominee
Foundation Dir.	Joe Green	Joe Green
Trustee 3yr. Trustee 2 yr. Trustee 1 yr.	Ann Sandner Ø. Solheim Erwin Bjerke	Joe Hannon Ann Sandner stays Ø. Solheim stays
Auditor 1 Auditor 2	R. Jespersen Ray Hinkley	Ron Jespersen (availability not yet confirmed) Ray Hinkley

THANKS AND KUDOS TO VIKINGFEST VOLUNTEERS!

Comments from LaRena Hannon:

Roald Amundsen Lodge gave a very special Vikingfest to the community November 15th. I would like to express a big thank you to all who helped in the kitchen to give everyone a "Taste of Norway". Those who made open-face sandwiches were: **Chris Coulter, Joan Armstrong-Allen, Judy Felker and friend, Caranne Lankinn, Ann Sandner and Sharon Brooks** rolled lefse. **Florence Smith** is the "unsung heroine" as she purchased and prepared everything for the sandwiches!!

Kristi Updegraff was a "real trooper" as she read the recipe and went right to work to produce the delicious Fish Soup! **Carol Lee Solheim** chopped up many bags of vegetables for the soup – a great twosome. **Nancy Ottum** was a quick-study on frying the 200+ "Viking on a Stick;" **LaRena** made the "Viking Critters." **Tove-Lise Miller** again served up wonderful Rommegrot, fruit soup and waffles. Donna Gordon assisted her. **Cecelia and Ron Byrd** were great kitchen help and servers,. **Ron Byrd** was a wonder helper and all-round go-to man. **Joe Hannon** was the cashier.

Carol Francis was the "Mother Hen" watching over all of us and helping to do anything and everything. We all had a good time working together to produce delicious food and great memories of traditional Norwegian foods.

From Pearl Lemkuil:

Our bake table was a great success thanks to the following persons who either provided baked goods, or tended the table, or both: **Cindy Hayaishi, Gudrun Thurston, Maggie Karlstad, and LaVonne Bouressa**. We were a busy group!

From Carol Francis:

Our thanks to chairpersons **DeAnn Smeltzer, Pearl Lemkuil, and LaRena Hannon!** Also to our helpers with the hall: **Sharon Mahnken, Jim Smith, Carol Lee Solheim, Karen Nelson, Bill Nilsen, Ken Habbestad, Sharon Brooks, and**

Paid Advertisement

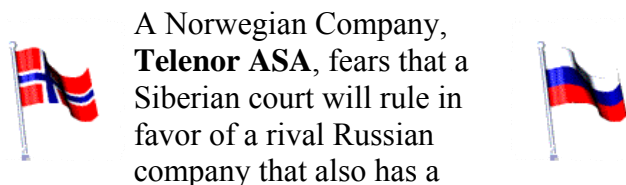
**HURTIGRUTEN CRUISE
SAILING DATE MAY 30, 2009
BERGEN TO KIRKENES
M.S. RICHARD WITH**



Have you ever dreamed of taking the Hurtigruten cruise ship up the coast of Norway from Bergen to Kirkenes? **Carol Francis** is also a travel agent for Action Travel in Citrus Heights, and has negotiated prices on the May 30, 2009 sailing of the *MS Richard With* that are 5% less than the early booking rates. She has reserved sixteen cabins, and would like to fill them with Sons of Norway members interested in an enriched cruise, as she is planning daily cultural lectures in addition to offerings on the ship. The Hurtigruten website is www.hurtigruten.us if you would like to check the ship and amenities.

Participants may travel with Carol from Oslo to Myrdal for the Flåm railroad, cruise the Sognefjord, overnight in Balestrand, and cruise on to Bergen, or plan their own travel and join the group in Bergen. She is also planning a three day add-on from Kirkenes to experience Sami culture on a trip called *A Taste of Lapland*. If you are interested, contact her at csfnorge@jps.net or on her cell phone 916-390-0953.

**PENDING RUSSIAN COURT DECISION
MAY COST NORWEGIAN COMPANY \$4.5
BILLION STAKE IN A RUSSIAN CELL-
PHONE COMPANY**



A Norwegian Company, **Telenor ASA**, fears that a Siberian court will rule in favor of a rival Russian company that also has a stake in the cellphone company. Telenor's 30% interest in the Russian company, **Vimpel Communications**, worth \$4.5 billion (yes, that's US dollars), likely would be lost in its entirety if seized to satisfy a possible \$2.8 billion judgment that may come down from an appellate court located in Siberia.

The Navigator's trepid reporter on the Norwegian desk, Dick Tracysen, has been dispatched to Moscow to cover this matter. So far, he reports that the investment climate in Russia has taken a turn for the worse, and western investors are looking to unwind Russian investments. We guess the Georgians could have told the Norwegians something about the Russians.

Grass Valley on February 9, 2009. He will play works of Edvard Grieg, and others.

The Norwegian coastal cruise liners **Hurtigruten** have been voted BEST NICHE CRUISE LINE by the British Travel Awards 2008. This is the cruise line



that **President Carol** will be using for her cruise, advertised elsewhere in this newsletter. The Hurtigruten's cruise along the Norwegian coast between Bergen and Kirkenes has been called the most beautiful trip by sea in the world.

If you happen to be going to Washington D.C. for the holidays, be sure and view the **Norwegian Christmas tree** set up in Union Station. Norway presented this 32-foot tall Christmas tree (as it does each year) as a gift to the people of Washing-

SIDEBARS FROM THE EDITOR...



Opposition to any thought of joining the **European Union** is increasing in Norway, with a recent poll suggesting that about 53% of the population is against, and only about 35% favors such membership...

"Nordic Elegance" concert: Knute Erik Jensen, renowned classical pianist, will be on tour again in our area. He will perform at Peace Lutheran Church in

PHOTOGRAPHS FROM RECENT ROSMALING CLASS AT CAMP NORGE



SIDEBARS (Continued from page 11)

ton, D.C. The tree is a symbol of friendship between the United States and Norway. It also expresses Norway's gratitude for assistance received from the United States during and after World War II.

The tree display is augmented by the **Norwegian model train** setup, also at Union Station. It will be opened for display in a day or two, and this also marks the regional kick-off for the **2008 U.S. Marine Corps Reserve Toys for Tots** campaign. The giant Norwegian



This year's model train.

MORE VIKINGFEST PHOTOGRAPHS

Some of the members of the kitchen crew: Cecelia Byrd with Kristin Updegraf, and Nancy Ottum.



THANKS (Continued from page 10)

Lois MacNeal. And to our musicians **Bob Dahl, Arlene Berg, David Bergrem, and Duane and Eric Malme.** As Lorena mentioned we thank **Florence Smith** for doing a lot of the shopping. Finally, our great thanks to **Kristy Updegraf, Eric Swanson and David Bailey** for extra cleanup at the end of the event. This had to be one of our more successful Vikingfests!

model train has enchanted visitors every December for eleven years, as it winds through the mountains and fjords of "Norway." Each car is hand-crafted by an expert model builder and is a replica of a current or historic Norwegian train.

CALENDAR OF EVENTS – 2009
 (Current as of 11/24/08 but still tentative
 and subject to change)
Roald Amundsen Lodge 6-48
San Juan Masonic Center
5944 San Juan Ave., Citrus Heights, CA

JANUARY	FEBRUARY	MARCH
13 th – Lodge Meeting, Initiation of New Members 7:00 p.m. 18 th – Installation of Officers – Mills Station – 1:30 p.m., Sunday	10 th – Lodge Meeting, 7:00 p.m. 20 th —Lodge Social (Friday) Tentative 28 th —Member Challenge Workshop, Mills Station-10 am—3 pm (Sunday)	10 th – Lodge Meeting 7:00 p.m. 29 th - 80 th Anniversary Dinner – Sunday – Carmichael Elks Lodge
APRIL	MAY	JUNE
14 th – Lodge Meeting, 7:00 p.m. 18 th - Lodge Social Friday	12 th – Lodge Meeting, 7:00 p.m. 17 th – 17 th of May Social, 12 noon – Park in Loomis (Sunday) (time tentative)	8 th – Lodge Meeting, 7:00 p.m.
JULY	AUGUST	SEPTEMBER
NO LODGE MEETING 13 th – Lodge Board Meeting – Carols Francis' house	11 th – Lodge Meeting, 7:00 p.m. ? - Multi Lodge Picnic 21 st – BBQ Dinner, Friday -6:30 p.m.	9 th – Lodge Meeting, 7:00 p.m.
OCTOBER	NOVEMBER	DECEMBER
3 rd – Scandi Festival, Saturday 13 th – Lodge Meeting, 7:00 p.m. 10 th - Lutefisk Dinner, 5:00 p.m. Saturday	10 th – Lodge Meeting, 7:00 p.m. 21 st – Vikingfest, 10:00 a.m. – 3:00 p.m., Saturday	8 th – Lodge Meeting, 7:00 p.m. 12 th – Lodge Social, 5:30 p.m. Saturday 27 th – Children's Party – Mills Station, Sunday

Roald Amundsen 6-48
 Sons of Norway
 P.O. Box 3734
 Citrus Heights CA 95611-3734

Non-Profit Organization
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 Sacramento CA
 Permit #124

Monthly lodge meetings are usually held 2nd Tuesday at the Masonic Center, 5944 San Juan Avenue, Citrus Heights (just south of Greenback Lane). Start time is 7:00 pm. A cultural program is usually presented.

PLEASE SUPPORT OUR
 ADVERTISERS

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**SONS OF
 NORWAY**

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KALENDEREN

Viking Sisters
President
Ann Sandner
 916.366.8071

Dec 6	Viking Sisters meeting
Dec 9	Lodge Meeting—Officer voting
Dec 13	Lodge Social (Christmas Dinner)
Dec 28	Children's Christmas Party
Jan 1	Happy New Year 2009!
Jan 13	Lodge Meeting—New member initiation
Jan 18	Office Installation—Mills Station
Mar 29	80th Anniversary Dinner!

Viking Sisters:

Call Viking Sisters President for Viking Sisters meeting information. Meetings now held at Denny's, at the southeast corner of Watt Avenue and Auburn Boulevard, just south of Business Route 80 freeway. Generally, they meet the second Saturday of every month at 9:00am, but this month they are meeting on December 6th.