THE NAVIGATOR

APRIL 2025

A Publication of Roald Amundsen Lodge 6-48 Sons of Norway, Sacramento, California

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With Reporter: Dick Tracysen, a "Specialist in Creative Journalism"

"Most of what we print is true most of the time"

Website: sonsofnorwaysacramento.com

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April 2025

Happy Easter Everyone.

FROM PRESIDENT TOVE-LISE:

We had very good attendance at our fish and meatball dinner. Thank you to everyone that attended. **Roald Waraas**, member for 78 years and his wife **Carole** were in attendance among several of our other longtime members. It makes all the work that goes into an event absolutely worth the time and effort when our longtime members are in attendance. Not to say I don't appreciate our newer members. With-



out them our lodge would cease to function. I would especially like to thank **Peggy Hyde** for making the krumkake and helping me make the meatballs and lefse. Thank you to **Arlene Kozub** for making almond cake and more lefse. Also very much appreciated are **Kirsten Wyatt** and Jack Wyatt for cooking the torsk and lutefisk and being in charge of the kitchen. Couldn't do it without you. Talking about lutefisk. I have a few pounds in my freezer if anyone might be interested. Please let me know, \$15 per pound. I will bring it to you if you live in the Sacramento area unless you prefer to pick it up at my house.

Reminder: don't forget to sign your kids up for Camp Trollfjell and Folkehøgskule.

Please join us at our April 8th meeting at 6:00 for very important business. We will be serving soup in celebration of TAX day.

Ønsker alle en riktig god påske,

Hilsen Tove-Lise

SONS OF NORWAY MISSION STATEMENT

The mission of Sons of Norway is to provide quality insurance and financial products to our members, to promote and preserve the heritage and culture of Norway, and to celebrate our relationship with other Nordic countries.

FISH / MEATBALL SOUP DINNER PHOTOS





PLEASE NOTE—MONTHLY MEETING, APRIL 8, 2025



A **SOUP** SUPPER WILL BE SERVED!

(TWO OR THREE SOUP TYPES)

LOCATION: MASONIC LODGE

TIME: 6:00 PM START

AGENDA: 2024 Hall and Park Financial Report and

2025 Annual H&P Meeting

Other business

Cultural Presentation

(Guests welcome to bring their own wine or malt beverage.)

ROALD AMUNDSEN LODGE

SYTTENDE MAI OBSERVANCE/CELEBRATION!

(SATURDAY, 17th OF MAY, 2025)

Festivities will begin at 5:00 pm at the usual Masonic Lodge venue.

COME CELEBRATE CONSTITUTION DAY IN A NORWEGIAN WAY WITH

PØLSE MED LOMPE AND A FEW EXTRAS!

AND ALSO

CAKE AND ICE CREAM!







*If you care to bring something special, please do, but certainly not required.

Roald Amundsen Lodge CALENDAR 2025

DATE	START TIME	<u>MEETING/</u> EVENT	COMMENT	
January		None	Nein, Nada, Ingen	
February	7:00 pm	Business,	2024 Lodge Financial Re-	
Tue, 11th		Cultural	port	
March	5:00 pm	Fish, Meatball	Social Event	
Sat, 22nd		Dinner		,
April	6:00 pm	Business	Soup Dinner	
Tue, 8th				
April	10:00 am	Scandinavian	Multi-Lodge Event	
Sat, 12th		Festiva CAN	CELLED	~
May	5:00 pm	"Syttende Mai"	Constitution Day	
Sat, 17th			Celebration	
June		None		
July		None		74
August		Summer Picnic	In planning	BAN
September	1:00 pm	BBQ	Camper Recognition	11.5
Sun, 7th			(Note corrected date)	STANCE OF
October	7:00 pm	Business,	Scintillating Cultural	
Tue, 14th		Cultural	Presentation hoped for.	^
November	10:00 am	Viking Festival	Food and Vender Festival	Ver
Sat, 1st				
December	5:00 pm	Julebord	Holiday Dinner;	
Sat, 6th			2026 Officer Install	
Like everything in this world, anything on this chart is subject to				

Like everything in this world, anything on this chart is subject to change, and especially the start times. Check website for updates, usually in the latest Navigator.

LOYALTY PINS TO BE AWARDED THIS YEAR

The lodge computer has advised us as to whom loyalty pins will be awarded this year. Those receiving these pins are listed below. Pins are awarded for five-year increments: i.e., 25 years, then 30 years, then 35 years, etc. This year, our beginning pin is for 10 years of service. **The most senior pin that is awarded is for 75 year of service.**

However, we have four members who have "fallen off the top ledge of the awardee spectrum."

Rolf Owre has been a member for 80 years!

Roald Waraas has been a member for 78 years!

Helen Rezba has been a member for 77 years!

Knute Blodger has been a member for 76 years!

Also, we should mention that **Bettybe Wright** has been a member for 74 years and will receive her 75-year pin next year.

This year's awardees include **Jim Smith**, at 50 years. Jim has held many leadership positions over the years, culminating with being the District Six Director on the International Board of the Sons of Norway.

Carol Francis, 45 years, was a past Zone One Director in District Six.

We plan to award these pins at our various events throughout the year. For instance, **De Ann Smeltzer** (see photo right) received her pin at our recent Fish/Meatball Dinner. The pin recipients are listed below:

SEVENTY YEARS Eugene W Malone

FIFTY-FIVE YEARS

Patricia Schilder

FIFTY YEARS

James D Smith Jr

FORTY-FIVE YEARS

Carol S Francis Kristin T Updegraff Helen L Zinn

FORTY YEARS

Bruce A Coulter
Darla J Moe
David C Moe
Ann J Sandner
De Ann K Smeltzer

THIRTY-FIVE YEARS
Erna Ingrid Alfstad
Jill C Larsen
Norman G Larsen

THIRTY YEARS
Lyla K Hanson

TWENTY YEARS

Diane Y Engelbrite

Betty C French Kevin M Kiger

FIFTEEN YEARS

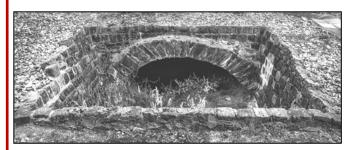
Arlene Mae Kozub

TEN YEARS Lisa M Malme



SIDEBARS FROM YOUR EDITOR

NORWAY'S MILITARY BUNKERS...



Typical underground bunker.

Norway's proximity to the USSR during the Cold War led to the country building many military bunkers – some of them vast secret bases for planes and ships. Tensions with Russia have brought the bunkers back into focus.

At the peak of the Cold War, the then sparsely populated, mountainous country had around 3,000 underground facilities where its armed forces and allies could hide and make life difficult for any invader. Now, as a European war engulfs eastern Ukraine, Norway is as a precaution reactivating two of their most iconic underground structures of the Cold War. For more information, check it out on the BBC news website.

TO PROFESSIONAL GOLF BUNKERS



On March 23rd Norway's

Victor Hovland won the

Valspar golf tournament at
Innesbrook Resort in Palm
Harbor, Florida. His winner's
purse was reported to be
about US\$1.7 million.

Originally from Oslo, Hovland learned to play golf at a young age when his father took a job in St. Louis. He played college golf at Oklahoma State university, turned pro in 2019 and has won at least 11 professional golf events.



One of those d—- bunkers.

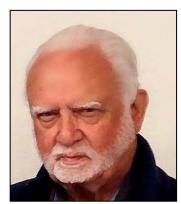
ADDRESS REMINDER



Just a reminder to keep your phone number and especially your address information up to date with the Sons of Norway headquarters office in

Minneapolis. Currently we have one or two persons we cannot contact or provide with Navigators because we do not have current address information. Corrections are easily made on the Sons of Norway website, but they must be made by the member.

So you want to take something up with the editor?



1854-1936

"MAGNUS THE MAGNIFICENT"



I dare say that I am not the only person with Norwegian ancestors who has for whatever reason migrated from the upper Midwestern portion of the United States to our fair, if imperfect, community

(Sacramento). And so I suppose there are others like me who always take note when some historical information comes to light about our Norwegian ancestors located in Wisconsin or Illinois or Minnesota or Iowa or surrounding areas.

And that is why I focused on a *magnificent* article, written by **Niki Denison** of the magazine staff and appearing in the latest **On Wisconsin** alumni magazine entitled "The *Magnificent* Magnus Swenson." (Article available online at https://

onwisconsin.uwalumni.com/the-magnificent-magnus-swenson/) As a 14-year-old boy in Norway in 1876 Magnus heard that "commencement" was being held shortly at the UW in Madison, Wisconsin (area photo to right), and so he managed to immigrate to the USA to "sign-up" for classes. Once he got there he learned that "enrollment" was not until the following fall, and so in the interim he went to work, started to learn English, and "the rest is history." You will have to read the article to get a full appreciation of his accomplishments, but

here is a partial list:

He graduated from the UW with highest honors in metallurgy.*

He showed that typhoid in the city of Madison was occurring because of water pollution, and he promoted the design and installation of an artesian water system and a sewer system in the city.

He became a surveyor and utilized the length of his pack mule steps to survey large areas (great story).

Magnus, with some partners invented a process to extract sugar from sorghum.

He worked with future president **Herbert Hoover**, then the US National Food Administrator, to promote food conservation and WW1 food relief distribution in the Baltic Countries and Finland.

He earned scholarly and honorary degrees from the UW and to this day a residence hall is named after him.

We recommend the article as an interesting read in Norwegian immigrant history in the United States.

*On a personal note your editor wishes he could have discussed this fellow with his dad, who somewhat later was a Professor of Metallurgy at the UW.



FLASH! You can make your room or site reservations on line! Go to

https://www.campnorge.org/site/reservations/ or go to the Camp Norge website and click on reservations.

MEMORIAL DAY

At Camp Norge

Join us for a fun & relaxing weekend!

MAY 24-26

Swimming | Hiking | Campfire | Axe Throwing | Pickle Ball

STAY

Choose from: Main House, Dorms, or Cabins - or bring your RV or Tent
Call 530-389-2508 to reserve your spot

DETAILS

Come for the day or the whole weekend!

Tons of fun activities to choose from for all skills and abilities.

Meals provided or an your own.



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CAMP TROLLFJELL & FOLKEHØGSKULE



Sons of Norway
District Six's

Language and Heritage Camp

Hosted at: Camp Norge Alta, CA Folkehøgskule: June 29-July 12 For students 14-17

Camp Trollfjell: July 13-July 26 For campers 8-13

To register or for more information on registration and camperships (1/2 scholarships) visit: sofnó.org/arv/

<u>2025</u>

ROALD AMUNDSEN LODGE 50% OF TUITION SCHOLARSHIP APPLICATION

LANGUAGE/HERITAGE (Camp Troll Fjell or Trollfjell Folkehøgskule)

Name:	
Which camp are you applying	g for:
Address:	
Telephone number:	Email:
_	dsen Lodge Sons of Norway in your family? (Parents, or Guardians) (Name or Names)
Letter can be written on the k commitment in accepting this perience at the September BE apply to the Camp, be accept	by you want to attend, and what you hope to learn at camp. back of this application, if you wish. Note: Part of your sections sections sections is to report back to the lodge about your exBQ meeting Sunday, the 7th of September. Also, you must sed, and pay your 1/2 of the fee before the lodge will rewhich will be paid directly to the camp. CAMP APPLICASIX WEBSITE.
Agreed:	
Camper	Parent/Guardian
Date	Date
Tove-Lise Miller. Send to her	scholarship application and your letter about attending to email tovelise@aol.com, or mail to her at 2656 Barbera 6670-3742. Questions: call (916) 364-8704.

Penny's Rosemaling Retreat

April 26-27, 2025

Classes are open to adults 18 years and older. Painters of all skill levels are welcome. Classes are limited to 21 students per class. Once class limits are met, a short waitlist will be established. Registration closes on April 12th.

SEMINAR COST: The cost of the seminar is \$150, which includes instruction, wood piece, paints and mediums for use during class, design packet, and 5 meals. If you have received confirmation, but find that you are unable to attend, please let me know as soon as possible so I can notify someone on the wait list. Full refunds will be made for cancellations received before April 5th -- no refunds will be made after that date.

TEACHERS: Our teachers are Onya Tolmasoff and Sue Regadanz.

PROJECT: We will be painting a 1-drawer jewelry box.

Onya's design:

Valdres Garden Jewelry Box

Sue's Design:

Rogaland Jewelry Box (far right)





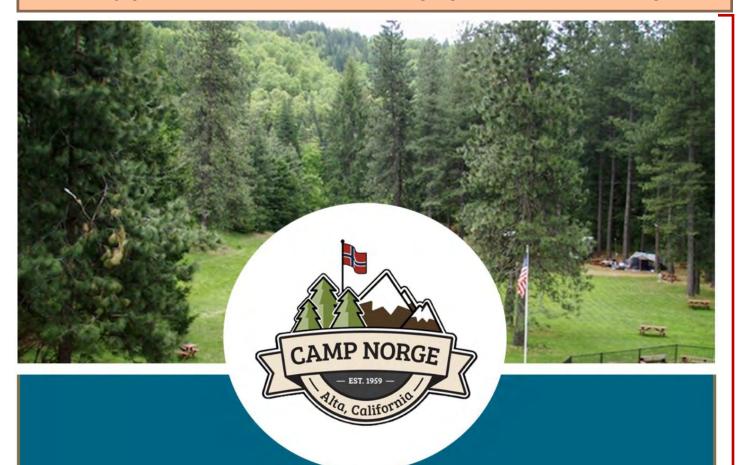
MEALS: Saturday breakfast, lunch, and dinner; Sunday breakfast and lunch; coffee/tea during breaks. Melanie and Patrick Souza will again do our cooking. Family members who are not painting can pay \$70 for meals.

COOKIES: During the coffee/tea breaks, cookies and other refreshments are provided by the participants in the specified class (to be noted on your confirmation). Each participant is asked to bring one dozen cookies or the equivalent of other refreshments to share.

ROOMS: Lodging is not included in the registration fee. Please make your bed reservation at the time you register (see Registration Form). You will pay for your lodging when you arrive at Camp. Current Sons of Norway members pay \$27.00 per night; non-members pay \$37.80 per night (both include an 8% Placer County Occupancy Tax). We are obligated for both Friday and Saturday nights, so each person will pay a total of \$54.00 (SoN member) or \$75.60 (non-member). Since there are a limited number of beds available, RVs and tents are encouraged. For RVs, members pay \$30 per night, non-members pay \$40 per night. RV spots have electrical and water, but no sewer hookups. For tents, members pay \$20 per night, nonmembers pay \$25 per night (limit or 4 per tent/RV). Again, the obligation is for two nights (\$60 or \$80/RV; \$40 or \$50/tent). There is no occupancy tax on RVs or tents. Pets are \$2 per night. Learn more about Camp Norge lodging on the camp web site.

To Register, go to the camp Norge website, drop down menu to Events, and then to Rosemaling. Or, you can try to go there directly by copying and pasting:

https://www.campnorge.org/site/wp-content/uploads/Rosemaling-Seminar-Registration-Form-April-2025-fillable.pdf



WORK DAY!

Help prepare camp for summer!

Saturday, May 3rd 9am– 5pm

Projects for all ages & abilities.

Helpers can stay the night at camp for free! Breakfast, lunch & dinner provided.

Bring gloves, tools, paint supplies, and cleaning supplies.

Please RSVP — Email Fred at fred.hymans@campnorge.org