# THE NAVIGATOR

## **JUNE 2025**

A Publication of Roald Amundsen Lodge 6-48 Sons of Norway, Sacramento, California

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With Reporter: Dick Tracysen, a "Specialist in Creative Journalism"

"Most of what we print is true most of the time"

Website: sonsofnorwaysacramento.com

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#### FROM PRESIDENT TOVE-LISE:

Tove-Lise is currently in Norway visiting family and friends. She sends her greetings.



# ON MAY 17TH LODGE CELEBRATES SYTTENDE MAI AT THE LODGE OUTDOOR PICNIC AREA!

About 40 persons celebrated Norway's Constitution Day in grand style, including even a parade through the parking lot. The weather was great, the meal was delicious, and the camaraderie was contagious. We include photos provided by our Secretary, Arlene Kozub.



#### **SONS OF NORWAY MISSION STATEMENT**

The mission of Sons of Norway is to provide quality insurance and financial products to our members, to promote and preserve the heritage and culture of Norway, and to celebrate our relationship with other Nordic countries.



## **ROALD AMUNDSEN LODGE SUMMER PICNIC!**

MARK YOUR CALENDAR: <u>SATURDAY</u>, <u>AUGUST 9th</u>, <u>STARTING 3:30 PM±</u>

VENUE: Rosenthal hjemme, 2051 Gunn Road, Carmichael, 95608

No charge. There will be more information in the next Navigator.

Members of other lodges always welcome.

(Oh, and we will take the alligator out of the pool before the small children enter!)





Betty Williamson and Arlene Kozub in front of the lodge's new banner, secured by Arlene.

Carol Francis receiving her <u>45-year pin</u> and certificate from President Tove-Lise.





Smorgasbord line—good food including lumpa! Secretary Arlene Kozub receiving her 15-year pin and certificate from President Tove-Lise. Kids playing darts (not real darts, but they do "stick").



Carol Francis, JoAnn Ronning, and Tove-Lise Miller with new lodge banner.

### **FOLK ART AND MORE...**

Our District Six Cultural Director, **Bruce Fihe**, reminds that it is time to start working on projects for the **2026 Folk Art Exhibition at the biennial District Six Lodge Meeting & Convention in June**, **2026.** An 'Olaf' award will again be presented to a favorite digital/electronic program. So, start (or keep going) on



favorite digital/electronic program. So, start (or keep going) on your knitting, stitching, carving, weaving, painting, etc. or get creative with a digital program . Remember, this District Convention will be here in Sacramento! You can contact Bruce at <a href="mailto:culturaldirector@sofn6.org">culturaldirector@sofn6.org</a> or 831-316-4889.



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#### **MEMBER HAPPENINGS**

A number of lodge members enjoyed pleasant weather over the Memorial Day weekend at Camp Norge. A number of camp improvements were evident.

The lodge has eight youth enrolled in the Camp Norge summer camps!



## What's new at Camp Norge

We have a new day use policy for camp. Details can be found here: <a href="mailto:campnorge.org/site/reservations-rates/">campnorge.org/site/reservations-rates/</a>

Stay tuned for online booking, coming this spring!

Stay up to date and follow Camp Norge on social Media

- facebook.com/campnorgeofficial
- instagram: (a) campnorge)

Submitted by: Lynn Skrukrud, District Six Recreation Center Vice President

Note: URLs not active here. You will have to type them in.

# Roald Amundsen Lodge CALENDAR 2025

<u>DATE</u>	<u>START</u>	MEETING/ EVENT	COMMENT
January		None	Nein, Nada, Ingen
February Tue, 11th	7:00 pm	Business, Cultural	2024 Lodge Financial Report
March Sat, 22nd	5:00 pm	Fish, Meatball Dinner	Social Event
April Tue, 8th	6:00 pm	Business	Soup Dinner
April Sat, 12th	10:00 am	Scandinavian Festiv GAN	Multi-Lodge Event
May Sat, 17th	5:00 pm	"Syttende Mai"	Constitution Day Celebration. Lompe, etc.
June		None	•
July		None	
August Sat. 9th	3:30 pm	Summer Picnic	See Flyer this issue
September Sun, 7th	1:00 pm	BBQ	Camper Recognition (Note corrected date)
October	7:00 pm	Business,	Scintillating Cultural
Tue, 14th		Cultural	Presentation hoped for.
November Sat, 1st	10:00 am	Viking Festival	Food and Vender Festival
December Sat, 6th	5:00 pm	Julebord	Holiday Dinner; 2026 Officer Install

Like everything in this world, anything on this chart is subject to change, and especially the start times. Check website for updates, usually in the latest Navigator.

#### Syttende Mai poem submitted by Arlene Kozub...



#### **Two Flags**

By Rosanna Gutterud Johnsrud



Two flags will I vow to forever be true.

Two flags with their colors of red, white, and blue.

They glow with a glory of heavenly gloss,

In one shine the stars, in the other the cross.

The first is the flag of America's land.

The second the flag of my forefathers' strand.

And fairer than Juno and brighter than Mars

Shine the flag with the cross and the flag with the stars!

My flag waves aloft o'er America's hills
And steeples the mountains and touches the hills!
And by midnight sun lighted, o'er fir trees and moss
Waves the flag of my fathers, the flag with the cross.

I do believe providence felt it her due

To give them each colors of red, white, and blue.

I think heaven itself let down her bars,

And gave one flag the cross and the other the stars.

Sometimes it seems, as they furl and unfold,

The stars turn to silver, the cross turns to gold.

And I feel I am closer to heaven because,

There's a flag with the stars and a flag with the cross.