

THE NAVIGATOR

LATE SUMMER EDITION AUG., 2026

A Publication of Roald Amundsen Lodge 6-48

Sons of Norway, Sacramento, California

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"Most of what we print is true most of the time"

Website: sonsofnorwaysacramento.com

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DISTRICT SIX FAMILY LODGE OF THE YEAR 2025!

FROM PRESIDENT TOVE-LISE:



Happy summer everyone! Everyone keeps telling me we are getting close to end of summer. Hard for me to understand when it is over 100 degrees out there. Some kids are already going back to school. Talking about kids and school, Camp Trollfjell and Trollfjell Folkehøgskule are over for this year. I was able to spend one week with the teenagers and I thoroughly enjoyed it. Special thanks to **Eric and Kylan Malme** for taking care of feeding everyone and **Bridget Malme** for being the (doctor) nurse at Camp Trollfjell Folkehøgskule.

Thank you to **Kathy and John Bennett and Peggy Hyde** for doing whatever was needed to help out at Camp Trollfjell. They are really an asset to our lodge. Without them we would not have earned District Six 2025 Family Lodge of Year recognition.

Very sad news: a former president of our lodge, **Ann Sandner**, has passed away. She was a personal close friend of mine and a roommate several times at district conventions. We shared many glasses of wine together.

We have a very busy fall coming up. Please make sure you read the whole Navigator.

Don't forget to attend the September 13th BBQ with the Campers Show and Tell program. Please check out the flier elsewhere in this newsletter.

Hilsen Tove-Lise



Special Fall Afternoon Lodge Meeting:

Enjoy a Summer's-End BBQ Afternoon!

Learn what some of our youth did at camp!

Sunday, September 13th, 3:00 pm till about 5:30 pm



Come and enjoy a meal and camaraderie with fellow lodge members and guests after a short lodge meeting and presentations by our lodge-sponsored youth on their summer activities at our District 6 Camp Norge youth camps. Enjoy a full BBQ dinner prepared in part by a catering service and provided by the lodge at a very modest charge! (Our summer youth campers are invited to demonstrate craft projects and tell about their camp experiences! This is always entertaining and it showcases our members of tomorrow.)

When: Sunday, September 13th, 3:00 pm till about 5:30 pm

Where: Masonic Center, 5944 San Juan Ave., Citrus Hts.

Meal plans: BBQ entrée, salads, desserts and all the related "fixin's" provided by the lodge. Reservations: Required, with payment \$5/person, by Tuesday, Sept. 9th, please, so that we know how much food is needed. See form below, and see you there! (CAMPER YOUTH AND 12 AND UNDER NO CHARGE)

BBQ Reservation principal name or names, phone #, and e-mail: (Only one name necessary)

Number of persons _____ @ \$5 = \$_____

No. of no-charge persons _____ (Age 12 and under and campers)

(CAMPER YOUTH NO CHARGE)

Mail to President Tove-Lise Miller, 2656 Barbera Way, Rancho Cordova, CA 95670-3742 (tovelise@aol.com or 916-364-8704)

IN MEMORIAM...

LODGE MEMBER ANN ULLEBERG SANDNER PASSES

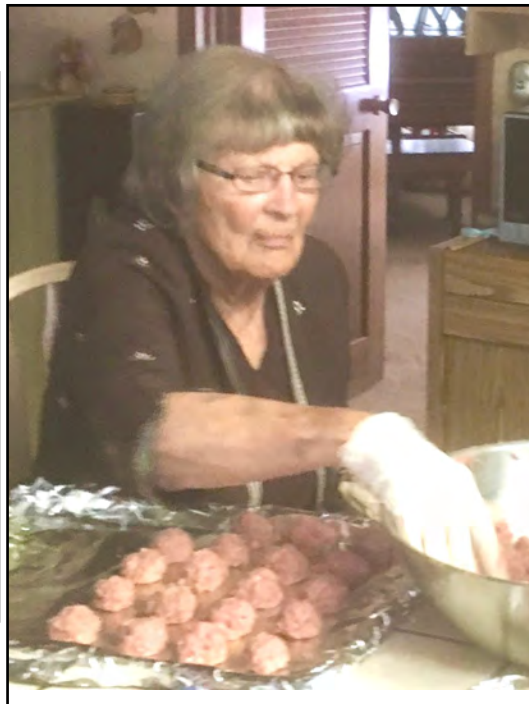
Ann Sandner was a 41-year member of Sons of Norway and a former President of our Roald Amundsen Lodge (1993-1994 and 2004-2005). Her grieving family (five children, eight grandchildren and six great-grandchildren, all of whom she was intensely proud) report that she recently passed away at home at the age of 89.

She cherished her Norwegian heritage, making many memorable visits to Norway to spend time with her relatives. Ann was a devoted member of Sons of Norway and also belonged to Daughters of Norway and Viking Sisters.

Known affectionately as the "**Rosette Lady**," Ann lovingly made and shared thousands of traditional rosettes each year, bringing smiles to countless people and sharing a treasured part of her Norwegian heritage with so many of us.

Up until a few years ago when she became less mobile she was an enthusiastic participant in all lodge dinners and events. She will be missed greatly by many members of the lodge who have participated with her over the years. **A memorial service is planned for Friday, October 9th, including a Mass at 1:00 pm and a Celebration of Life at 2:00 pm, at St. John Vianney Catholic Church, 10497 Coloma Road, Rancho Cordova 95670.**

Rest in Peace, Ann.



SAVE THE DATE:**SEPTEMBER 13th LODGE BBQ:****CAMPERS' SHOW AND TELL
DAY.****3:00 PM START:****CATERED BBQ LUNCHEON****UPCOMING LODGE EVENTS 2026****SEPTEMBER**

Sept 5-7, Kretsstevne, at Camp Norge

Sunday, Sept. 13, Camper Recognition
BBQ

Sept. 19-22, Camp Oldfjell at Camp Norge

OCTOBER

Tuesday, Oct. 13, Business meeting

NOVEMBER

Tuesday, Nov. 10, Business meeting

Saturday, Nov 7, Viking Festival

DECEMBER

Saturday, Dec 5, Julebord with 2027 of-
ficer installation.

**All meetings and events at the San Juan
Masonic Center, Citrus Heights, unless
otherwise indicated. Call 916.364.8704
for more information. Also website [son-
sofnorwaysacramento.com](http://son-
sofnorwaysacramento.com).**

SONS OF NORWAY**CORPORATE NEWS**

New partnership. The new partnership be-
tween Sons of Norway and Better Life, an in-
surance company based in Madison, Wiscon-
sin, has been consummated as of August 1st,
2026. A very comprehensive website is availa-
ble where you can see the answers to many of
the questions you might have about the part-
nership: sofn.com/newpartnership/. Also, you
can access BetterLife's website: betterlife.com.

Sons of Norway new Acting CEO. The previ-

ous CEO, **Daniel
Seyfried**, has de-
parted Sons of Nor-
way. The new
acting President is
Tu Hornstra, who
was previously
serving as Chief Un-
derwriter and Com-
pliance Officer.



Tu Hornstra

SONS OF NORWAY MISSION STATEMENT

The mission of Sons of Norway is to provide quality
insurance and financial products to our members,
to promote and preserve the heritage and culture
of Norway, and to celebrate our relationship with
other Nordic countries.

**IBSEN LODGE'S ANNUAL
MULTI-LODGE PICNIC**

August 15 Saturday 11:00 am-5:00 pm

Beautiful park setting

Picnic lunches, bar open

Children's races/games, bounce house

Henrik Ibsen Park 13800 Skyline Blvd. Woodside, CA

Adult Admission: \$10.00; No charge for youth 12
and under

NORTHERN CALIFORNIA KRETSSTEVNE!

Northern California Kretsstevene 2026, will be at Camp Norge on September 5th through 7th. Meal registration and room reservations can be made now on the District Six website. (sofn6.org)



Camp Oldfjell

2026 Course Catalog

September 19 – 22

Saturday-Tuesday \$250
Saturday-Sunday \$150

All of our indoor accommodations have been booked. You may still register for Camp Oldfjell, but you must be willing to do tent or RV camping or make arrangements to stay off-site.

GO TO sofn6.org FOR ALL
NECESSARY COURSE AND
LODGING INFORMATION
AND REGISTRATION!

Registration opens on July 1, 2026

Click [HERE](#) to register or visit <https://sofn6.org/camp-oldfjell/> for the latest details!



**Lodge Camp Folkehøgskule
scholarship recipients.**



**Lodge Camp Trollfjell Scholarship re-
cipients: Aiden, Matthew and Owen. Or
maybe Owen, Matthew and Aiden!**



**Tove-Lise's Norwegian class at
Folkehøgskule.**

VIKING FESTIVAL

Saturday, November 7th, 2026, 10:00 am to 3:00 pm

Admission is Free!

Masonic Center

*5944 San Juan Avenue, Citrus Heights
(Between Madison and Greenback)*



*Craft items, demonstrations, clothing, bakery goods,
Scandinavian merchandise, Norwegian calendars, gift items...*

Just in time for holiday shopping!

Lunch will be available:

*Open-face sandwiches, Fish soup, Waffles,
VIKINGS-ON-A-STICK, Bakery goods... and more.*

*Additional information: Call **916-364-8704***

And also the lodge website: sonsofnorwaysacramento.com.

And also Facebook: facebook.com/sonsofnorwaysacramento

All are welcome—vendors and exhibitors call the above number for tabl

