

THE NAVIGATOR

OCTOBER 2026

A Publication of Roald Amundsen Lodge 6-48

Sons of Norway, Sacramento, California

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"Most of what we print is true most of the time"

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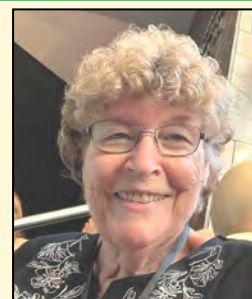
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FROM PRESIDENT TOVE-LISE:

Happy Fall to everyone!

A great turn out at our fall BBQ for the **Camp Trollfjell** and **Camp Folkehøgskule** participants! So very nice to see how all the young people interact, no matter what age they are. Two of the Folkehøgskule campers, **Anika** and **Henrey**, graduated to become "CITs", counselors in training. They stayed on at Camp Trollfjell. Thank you to both of you.



Last weekend several of our members attended **Camp Oldfjell**. We had a really nice time with about 70 members and guests in attendance. I learned how to dye yarn and taught a knitting class.

The next meeting on October 13th sounds like it could be very interesting to learn something about our members' history. Hope a lot of you will attend.

I have a difficult time knowing that we need to do the scheduling for our activities for 2027 this week. Time passes so fast, I have a difficult time keeping up.

The **Viking Festival** is just around the corner. Please call or email me if you're willing to help in any capacity.

See you on September 13th.

Hilsen Tove-Lise

Oldfjell chefs: Kirby Aasen, John Vallarreal and John Bennett



ANTIQUUE ROAD SHOW a la NORWAY!

**What family heirlooms or mementos do you have from the Old Country?
What family lore can you share with us?**

Are you related to old royalty or to Scandinavian scoundrels? We'd like to hear!

October 13th is the evening...

FROM OUR CULTURAL DIRECTOR CHRISTINA...

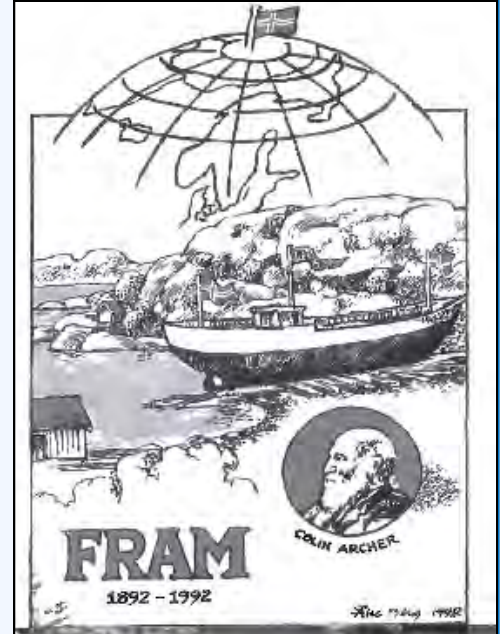
Hello Fellow Lodge Members!

For our next lodge meeting on October 13th we will have a cultural program that will be: "A time of sharing." If you have a family heirloom you would like to bring to show us and talk about your family and its meaning, or if you have a family story or family tradition you would like to share, we welcome you to come and participate. Or if you are interested in listening that's fine too. Please come! This will be a great time to celebrate our heritage.

We will also have a short business meeting and light snacks afterwards.

Below is a favorite quote of mine:

If you don't recount your family history it will be lost. Honor your own stories and tell them too. The tales may not seem very important, but they are what binds families and makes each of us who we are. - Madeleine L'Engle



Christina Newport, our Cultural Director, on the right, with JoAnn Ronning, center, grandmother of campers Anika and Torbyn, and DeAnn Ronning, mother of the same campers.

VIKING FESTIVAL

Saturday, November 7th, 2026, 10:00 am to 3:00 pm

Admission is Free!



*Masonic Center
5944 San Juan Avenue, Citrus Heights
(Between Madison and Greenback)*



*Craft items, demonstrations, clothing, bakery goods,
Scandinavian merchandise, Norwegian calendars, gift items...*

Just in time for holiday shopping!

*Lunch will be available:
Open-face sandwiches, Fish soup, Waffles,
VIKINGS-ON-A-STICK, Bakery goods... and more.*

*Additional information: Call **916-364-8704***

And also the lodge website: sonsofnorwaysacramento.com.

And also Facebook: facebook.com/sonsofnorwaysacramento

All are welcome—vendors and exhibitors call the above number for table.



REMAINING LODGE EVENTS 2026**OCTOBER**

Tuesday, Oct. 13, Business meeting

NOVEMBER

Tuesday, Nov. 10, Business meeting

Saturday, Nov 7, Viking Festival

DECEMBER

Saturday, Dec 5, Julebord with 2027 officer installation.

JANUARY 2027

No events or meetings

All meetings and events at the San Juan Masonic Center, Citrus Heights, unless otherwise indicated. Call 916.364.8704 for more information. Also website son-sofnorwaysacramento.com.

**REMINDER—****MARK YOUR DECEMBER CALENDAR!**
JULEBORD—DECEMBER
HOLIDAY DINNER!

SATURDAY, DECEMBER 5, 2026

(LATE AFTERNOON OR

EARLY EVENING START –TBD)

Reservation information will be in

November Navigator

Norway News...**SCREAM! THERE ARE PROBLEMS AT THE MUNCH!**

The city of Oslo's popular but problematic museum devoted to Norwegian artist **Edvard Munch** has undergone budget cuts, layoffs and the loss of its director in the past few months. Now it faces expensive renovations just five years after opening to replace faulty pipes in its ventilation system and to repair a leaky roof.

The museum was designed to accommodate around 500,000 visitors per year but the annual rate has at times approached 2 million, stressing multiple building systems such as the ventilation, and some need repair. The roof leaking may be a design problem. Take a look at this photo taken by one of our members. In fact, a rumor **prevails that the building was constructed with a 3D printer!** We find that somewhat hard to believe, but just take a look at the building's striations. We have turned our investigative reporter **Dick Tracysen** loose to see if he can verify or dismiss that rumor. He did find a 3D printer in the Spanish architect's (**Estudio Herreros**) basement, but more checking needs to be done...



INFORMATION ABOUT AND FOR LODGE MEMBERS...**SONS OF NORWAY
FOUNDATION
SCHOLARSHIPS**

The Sons of Norway Foundation awards scholarships to promising students each year. These scholarship funds support education to help students prepare for their career

and journey in life. They also help bring our Foundation mission to fruition by promoting cultural exchanges and the importance of lifelong learning.

Want to live in Norway and attend a Norwegian university or folk high school? Could you appreciate help with paying for tuition at your US academic institution? The Sons of Norway Foundation offers different scholarships to both members and non-members of Sons of Norway. It is another benefit of Sons of Norway membership!

The scholarship application season is October 1–January 15. Scholarships are awarded in late Spring for the next academic year.

What scholarships are available? Go to this URL for a great summary thereof:

<https://www.sofn.com/foundation/scholarships/>.

We counted at least 18 separate scholarships, some of which offer multiple awards.

ANN SANDNER

A memorial service for **Ann Sandner** is scheduled for **Friday, October 9th**, including a Mass at 1:00 pm and a Celebration of Life at 2:00 pm, at St. John Vianney Catholic Church, 10497 Coloma Road, Rancho Cordova 95670.

SONS OF NORWAY MISSION STATEMENT

The mission of Sons of Norway is to provide quality insurance and financial products to our members, to promote and preserve the heritage and culture of Norway, and to celebrate our relationship with other Nordic countries.



Camp helpers Eric Malme, Peggy Hyde, Kathy Bennett, John Bennett, Tove-Lise Miller, and Bridget Malme.

Camper younger kids, L to R: Aiden, Owen, Matthew. Teenagers: Anika, Henrey, Ben, Torbyn.

Peggy Hyde chatting with District Six Public Relations Officer Teri Morken.

CAMP OLDFJELL



The 70± campers (above). The knitting class participants (below).

SKI FOR LIGHT ANNUAL EVENT ONLY 3 MONTHS AWAY!

Ski for Light, Inc., is based in Minneapolis and is a 501c3 organization. Its mission is to enhance the quality of life and independence of visually or mobility impaired adults through a program of cross country skiing. The organization receives some funding from the **Sons of Norway Founda-**



tion and our **Roald Amundsen Lodge** often makes a modest annual contribution to the organization.

Each winter they sponsor an international skiing event for about 250 participants; in 2027 the event dates are January 17th – 24th and the venue is the Rendezvous Trail System in the West Yellowstone area of Montana. Applications and complete information is available at www.sfl.org/events/next. Their periodic bulletin is available at www.sfl.org/bulletin. The lodge has one copy available.

Ski for Light, Inc., is loosely affiliated with eight independent regional organizations around the United States that share the Ski for Light name. One is Sierra Regional Ski for Light,

Sierra Regional Ski for Light

Here in northern California there exists the **Sierra Regional Ski for Light** 501c3 organization. Their purpose is to introduce and promote participation in vigorous outdoor activities by blind and visually impaired persons in partnership with sighted persons. They conduct a regional cross-country ski program which is designed to promote physical fitness. Their ski area venues are usually in the Tahoe Truckee area — usually at *Tahoe Donner Cross Country* and *Tahoe Cross Country*. Each blind/visually impaired person is paired with a volunteer instructor/guide who donates his/her skill and expertise in cross-country skiing. Guides have received training specifically for skiing with blind/visually impaired persons. The group typically hosts a signature 3-day winter event in early March, alongside single-day trips scheduled during January, February, and April, plus an annual summer or fall hiking weekend. The website for this organization is www.srsfl.org.



Fall Work Party

Join us for our Fall Dugnad as we prepare Camp Norge for the winter season. Together we'll close camp, complete important projects, and continue the Norwegian tradition of volunteering, fellowship, and community.

Saturday, October 17, 2026 | 9am – 5pm

Stay the night at camp for free!

Breakfast, lunch, and dinner provided.

Bring gloves, tools, paint supplies, and cleaning supplies.

Projects available for all ages and abilities.

Please RSVP — Email Fred at fred.hymans@campnorge.org

ADDITIONAL WORK PARTY INFORMATION (Also see previous page)

From the Camp staff:

Thank you if you volunteer to help us maintain Camp Norge! We appreciate your support and want to make it fun and worthwhile for you and your co-workers for volunteering your time. For helping out, you and any co-workers get a free night's stay at Camp. A few things you need to know first: **1.** You must work 5 hours or more to qualify. **2.** You cannot book over a 3-day weekend. **3.** You must make arrangements with our camp manager beforehand.

The following is a partial listing of the type of work we ask from our volunteers: **cleaning decks; raking leaves; clearing brush; hauling yard waste, burning/chipping wood; and cleaning picnic tables.** If you don't feel physically up to a certain task, we will do our best to find other, less-physically demanding chores for you.

Contact our camp manager for specifics at **(530) 389-2508 / info@campnorge.org**.

If you are proficient in a trade-skill and would like to lend your services, we'll have skilled work parties as needed. If you have a trade-skill such as plumbing, electrical, construction, etc., talk to our camp manager and let them know you would be willing to offer your services.

